TPAL terminology = A system used to describe obstetrical history.
T = term births
P = preterm births (prior to 37 weeks gestation)
A = abortions
L = living children
Example: a woman who has 2 living children born as preterm twins in her first pregnancy would be designated as: TPAL 0-1-0-2 - 0 term births, 1 delivery prior to 37 weeks gestation (preterm), 0 pregnancies ending in spontaneous or induced abortions, and 2 living children
Separate TPAL numbers by hyphens. Obstetric history: 4-2-2-4
Alternatively, spell out the terms as follows:
Obstetric history: 4 term infants, 2 premature infants, 2 abortions, 4 living children
Sometimes, GPA terminology is combined with TPAL terminology.
The patient is gravida 3, 3-0-0-3.
GPA terminology with GPA as the abbreviation for gravida, para, abortus. Accompanied by arabic numbers, G, P, and A (or Ab) describe the patient's obstetric history. Roman numerals are not used.
- G gravida (number of pregnancies)
- P para (number of births of viable offspring)
- A or Ab abortus (abortions)
- nulligravida gravida 0 no pregnancies
- primigravida gravida 1, G1 1 pregnancy
- secundigravida gravida 2, G2 2 pregnancies
- nullipara para 0 offspring
Separate GPA sections by commas. Alternatively, spell out the terms, using lower case.
Obstetric history: G4, P3, A1
or Obstetric history: gravida 4, para 3, abortus 1.
When one or more of the numbers is 0, the preferred form is to write out the terms.
gravida 2, para 0, abortus 2