

The primary organs of reproduction

Ovaries

- All potential gametes are present at birth
- Remain in the body cavity

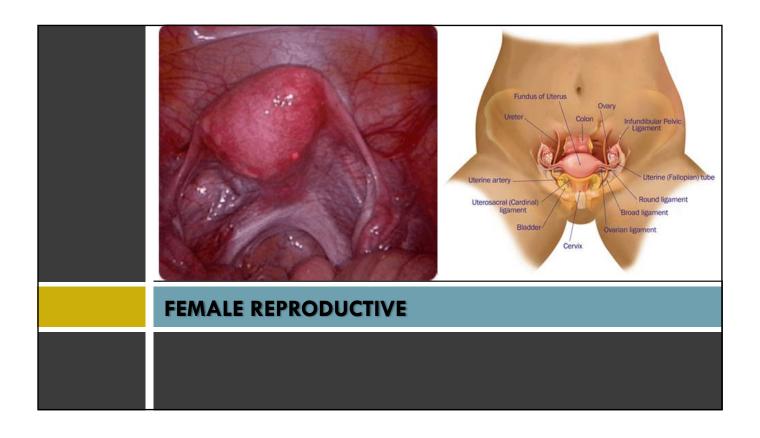
□ Testes

- Not all potential gametes are present at birth
- Do not remain in the body cavity

Features of reproductive system

Gonads

- produce gametes and hormones
- ducts to transport the gametes
- accessory glands and organs
- (secrete fluids)
- external genitalia



EXTERNAL GENTILIA

- The vulva refers to those parts that are outwardly visible
- The vulva includes:
- Mons pubis
- Labia majora
- Labia minora
- Clitoris
- Urethral opening
- Vaginal opening
- Perineum

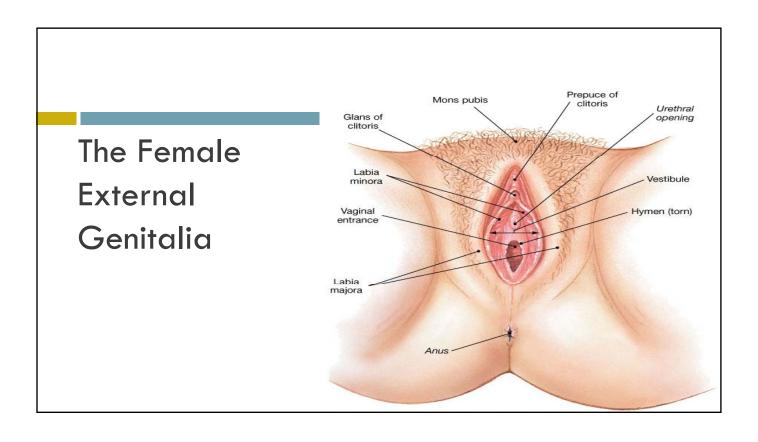
Individual differences

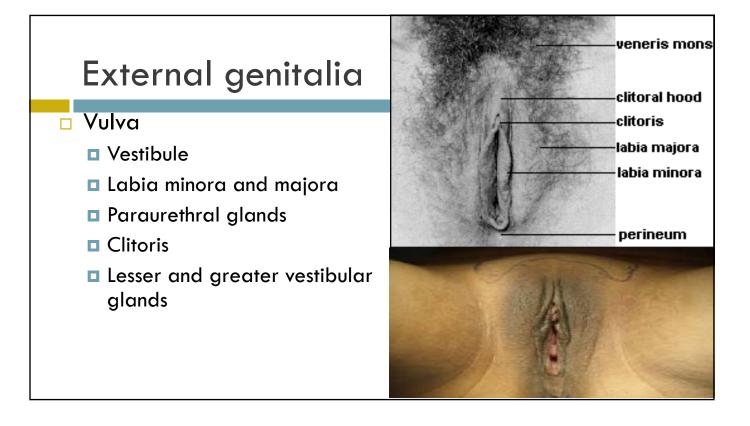
<u>in:</u>

- □ Size
- Coloration
- Shape
- Of external gentalia are common

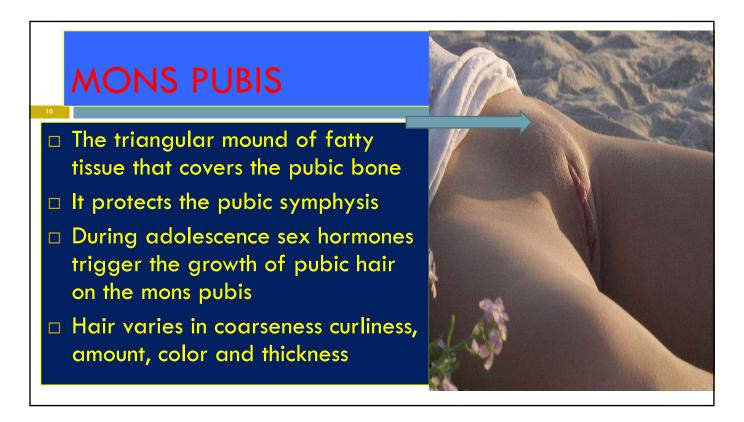
Female reproductive system

- Ovaries
- Accessory organs
 - uterus
 - uterine (Fallopian) tubes
 - vagina
 - external genitalia

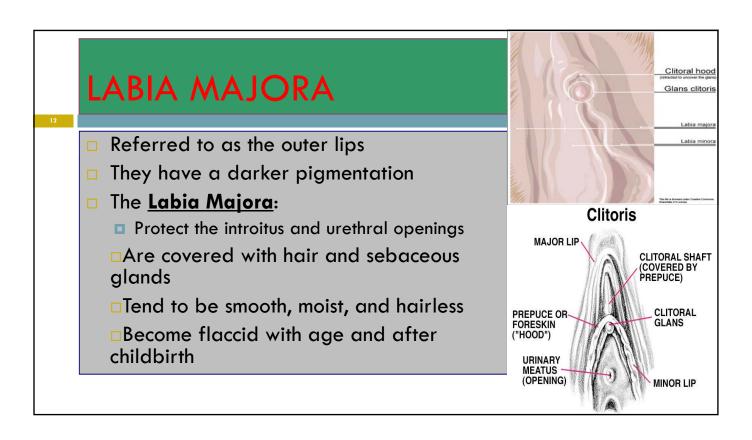






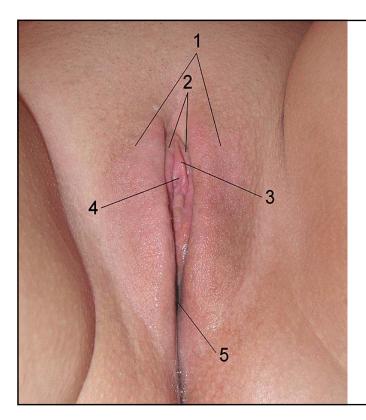








The distinction between the labia majora and minora is lost and the clitoris becomes buried under the fused prepuce. Reproduced with permission from Ridley, CM, Neill, SM (Eds), The Vulva, 2nd ed, Blackwell Science, Oxford 1999. Copyright © 1999 Blackwell Science.



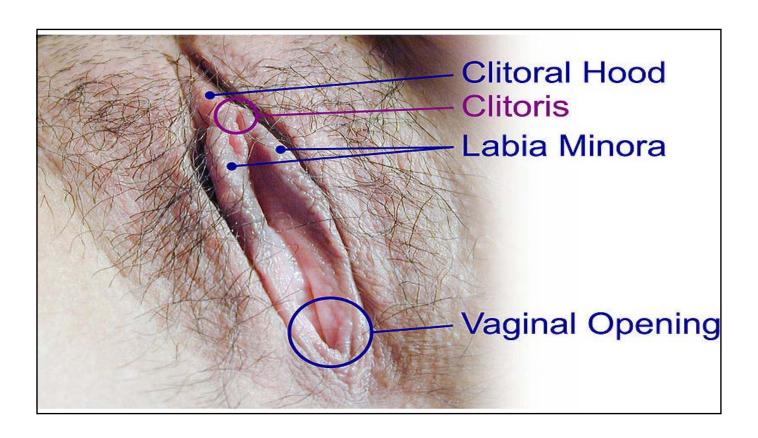
- 1. Labia majora
- 2. Labia minora
- 3. Clitoral hood (foreskin)
- 4. Clitoral glans (under the clitoral hood)
- 5. Vagina





LABIA MINORA

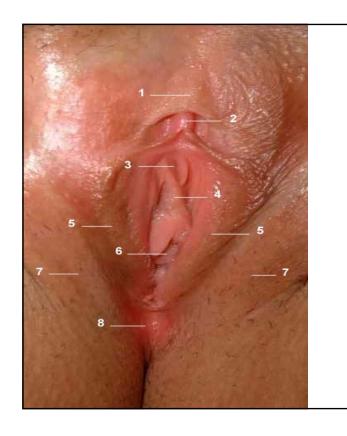
- 17
- □ Referred to as the "inner lips"
- Made up of erectile, connective tissue that darkens and swells during sexual arousal
- Located inside the labia majora
- They are more sensitive and responsive to touch than the labia majora
- □ The labia minora tightens during intercourse

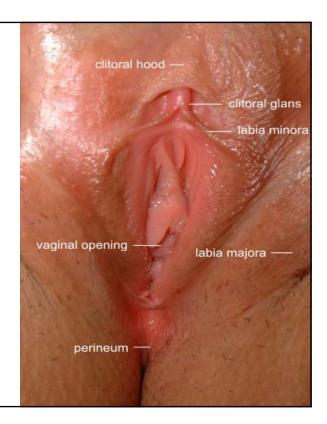


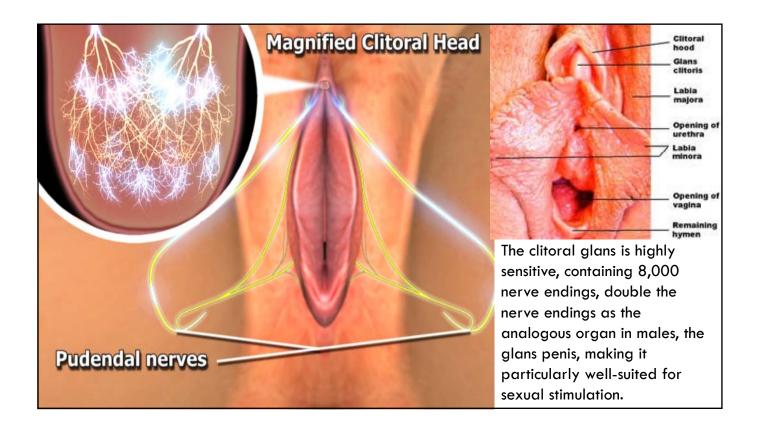
CLITORIS

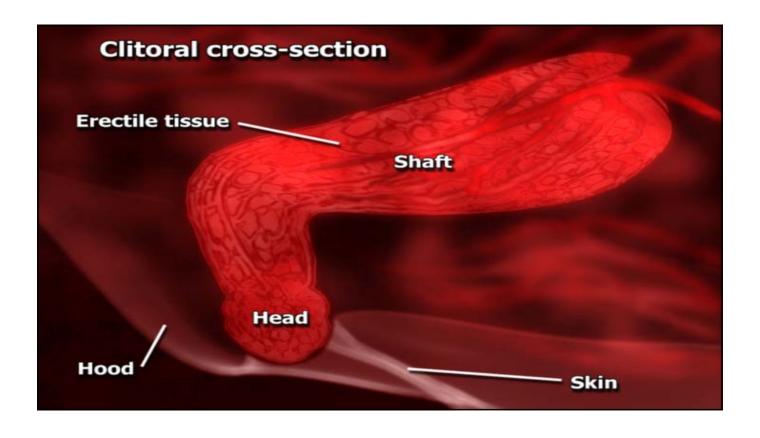
- Highly sensitive organ composed of nerves, blood vessels, and erectile tissue
- Located under the prepuce
- □ It is made up of a **shaft** and a **glans**
- Becomes engorged with blood during sexual stimulation
- Key to sexual pleasure for most women
- <u>Urethral opening</u> is located directly below clitoris

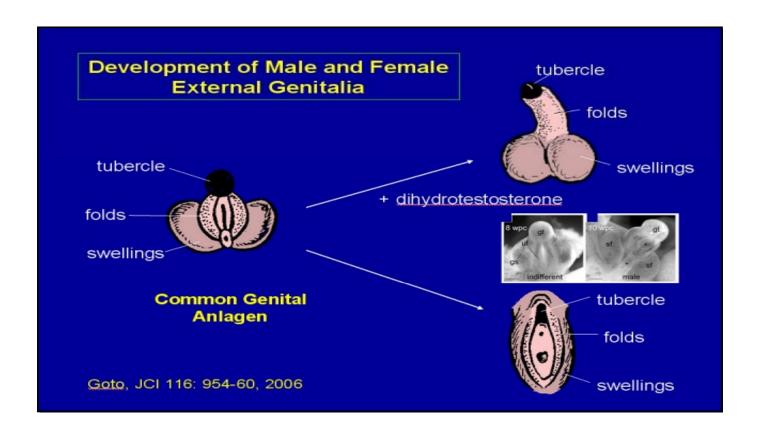


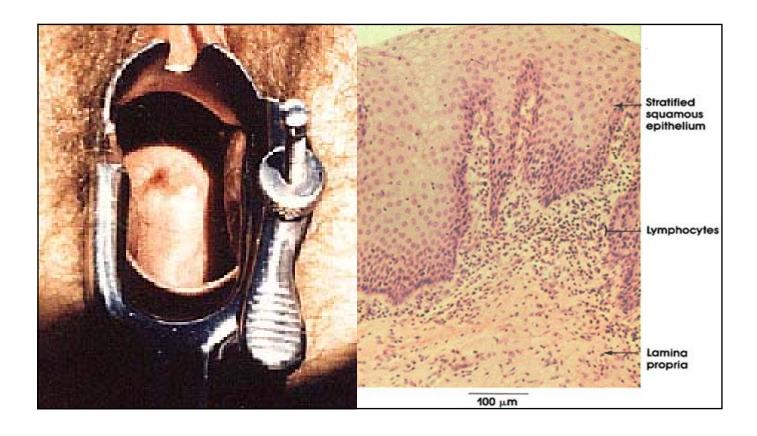


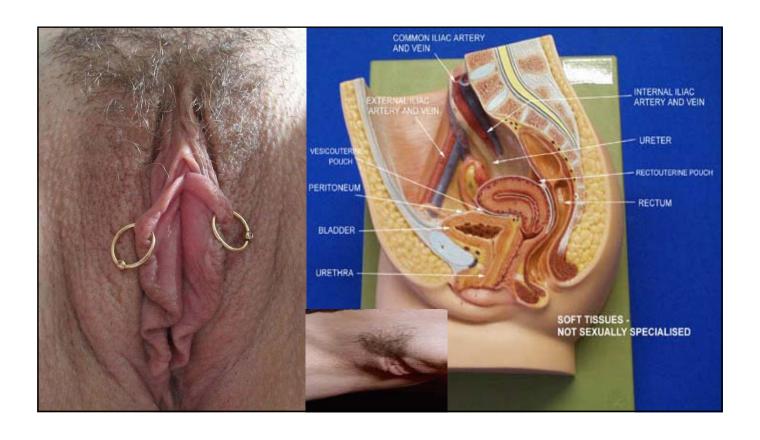




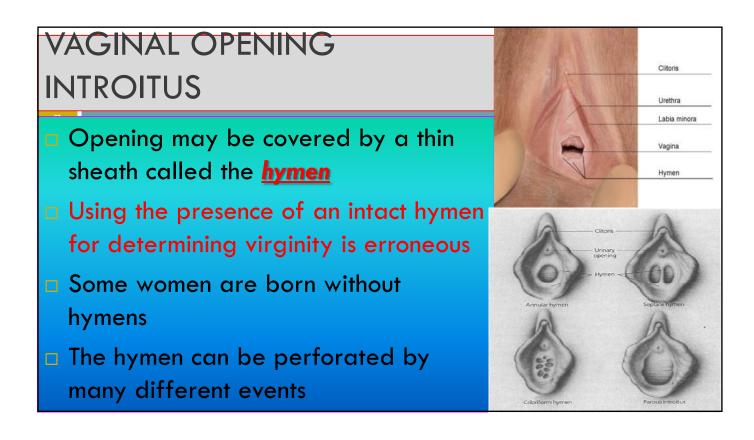


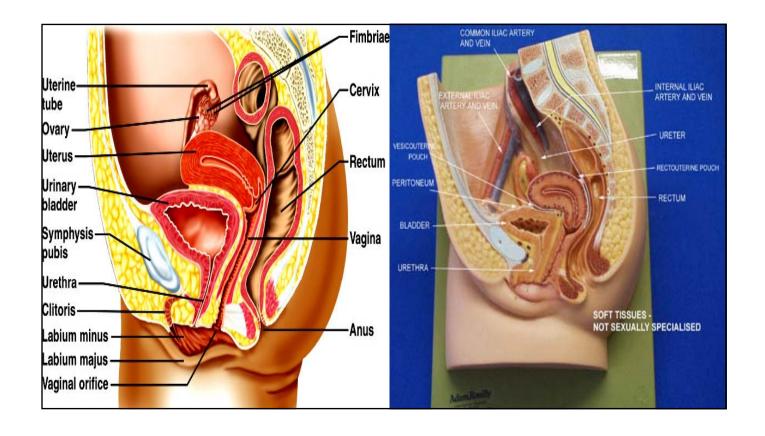


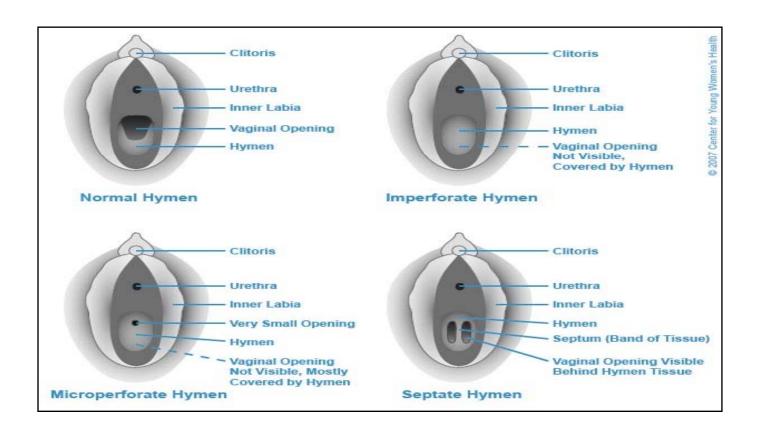


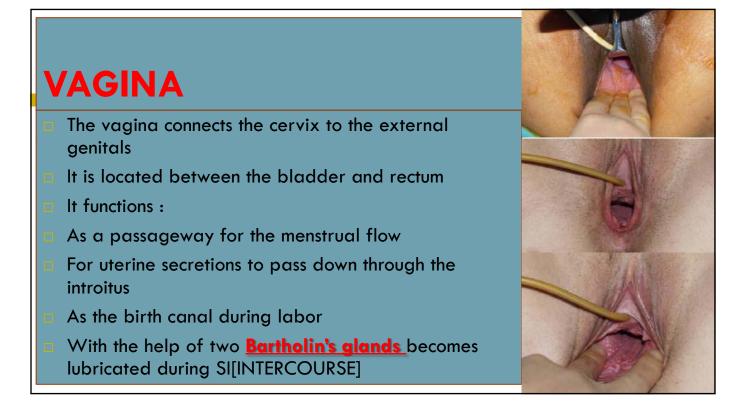


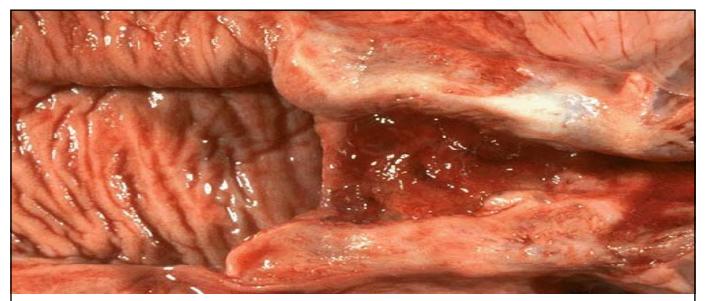
Vagina and cervix











The normal adult vaginal mucosa with a wrinkled appearance that is seen in women of reproductive years appears at the left. The cervix has been opened to reveal an endocervical canal leading to the lower uterine segment at the right that has an erythematous appearance extending to the cervical os consistent with chronic inflammation.

□ Bartholin glands or greater vestibular glands are two glands located slightly below and to the left and right of the opening of the vagina in women.

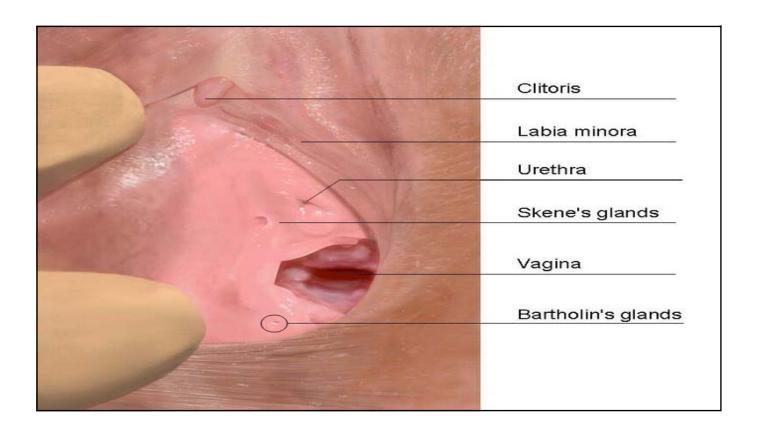
Bartholin's glands are homologous to bulbourethral glands in males.

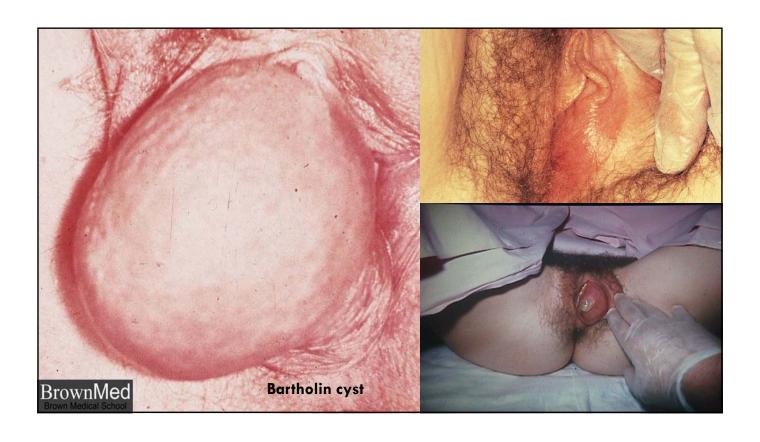
However, while Bartholin's glands are located in the superficial perineal pouch, bulbourethral glands are located in the deep perineal pouch.

Function and purpose

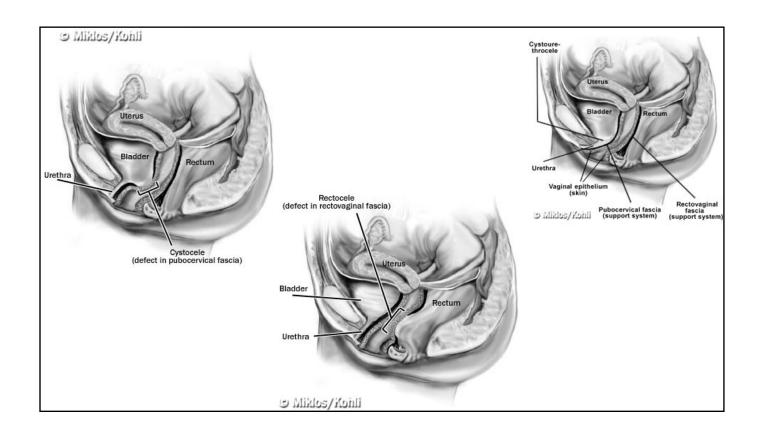
- □ They secrete mucus to provide vaginal lubrication.
- Bartholin's glands secrete relatively minute amounts (one or two drops) of fluid just before a woman orgasms.

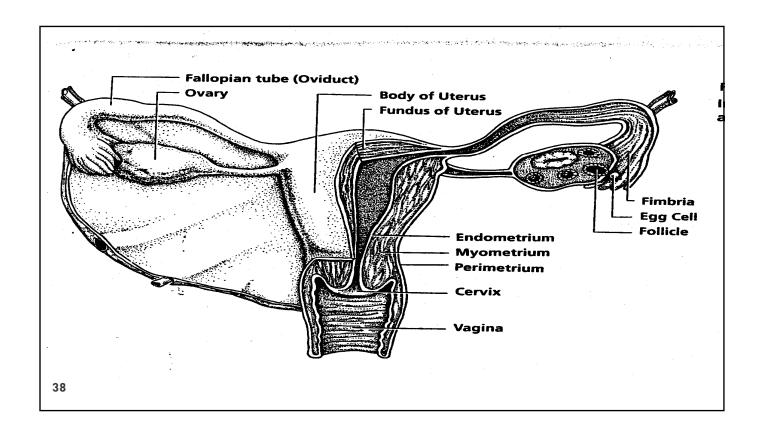
□ The fluid may slightly moisten the labial opening of the vagina, serving to make contact with this sensitive area more comfortable for the woman











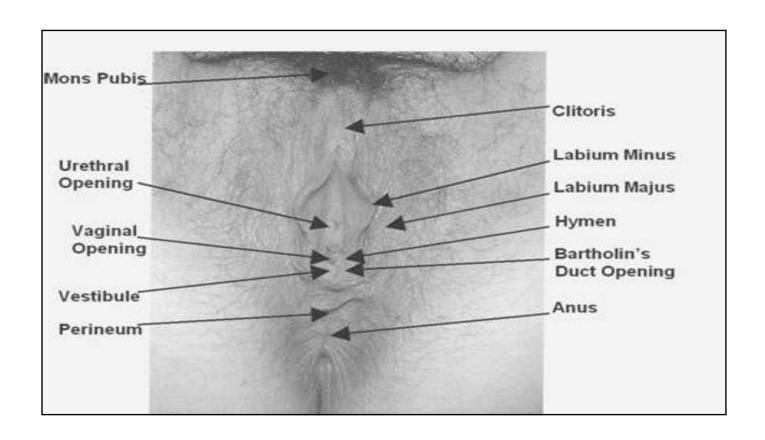
PERINEUM

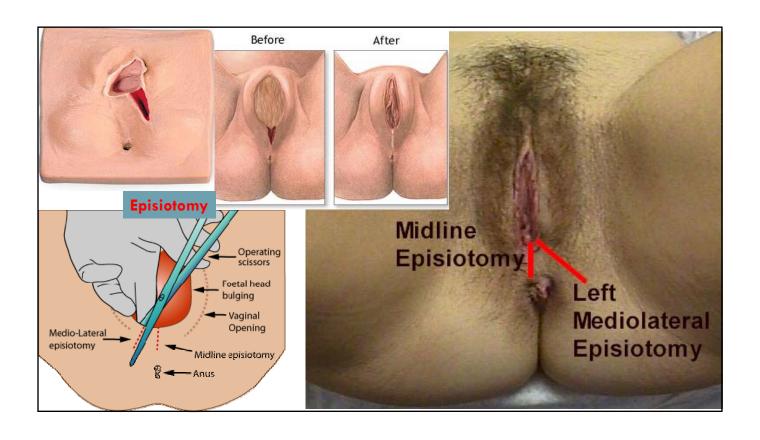
 The muscle and tissue located between the vaginal opening and anal canal

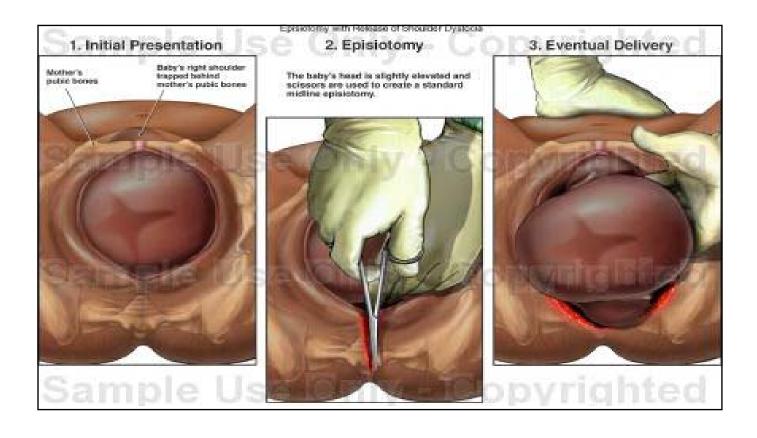
- It supports and surrounds the lower parts of the urinary and digestive tracts
- The perinium contains an abundance of nerve endings that make it sensitive to touch
- An episiotomy is an incision of the perinium used during childbirth for widening the vaginal opening

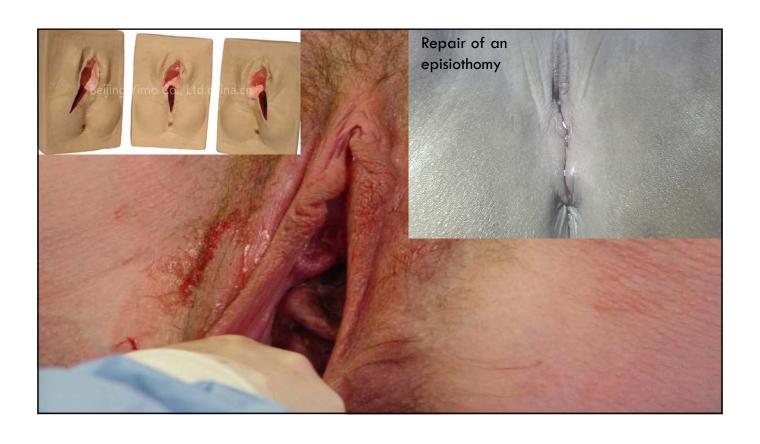




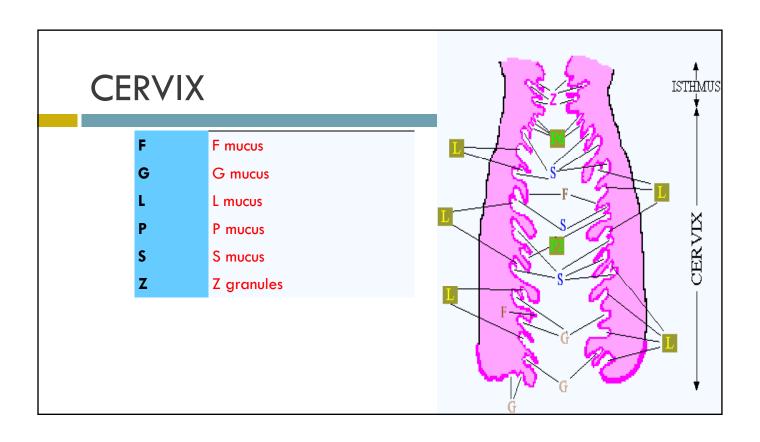


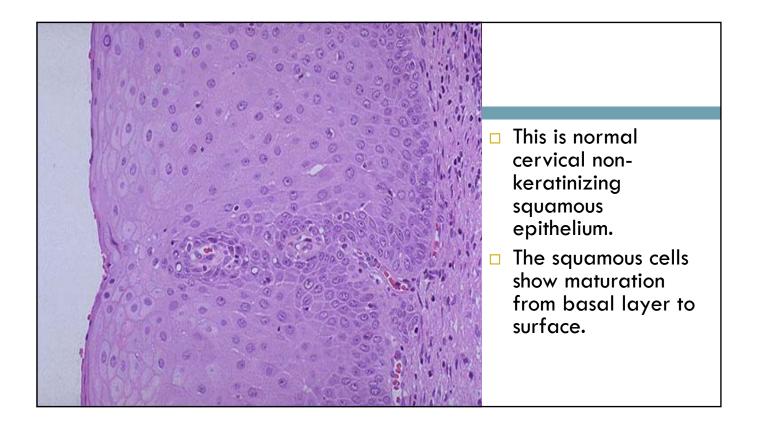












CERVIX

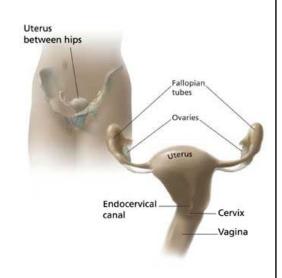
- The cervix connects the uterus to the vagina
- The cervical opening to the vagina is small
- This acts as a safety precaution against foreign bodies entering the uterus
- During childbirth, the cervix dilates to accommodate the passage of the fetus
- □ This dilation is a sign that labor has begun

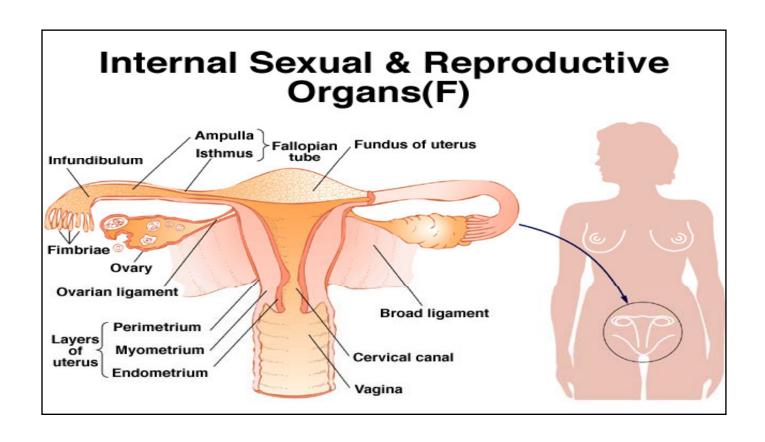
UNIT 3: FEMALE REPRODUCTIVE SYSTEM

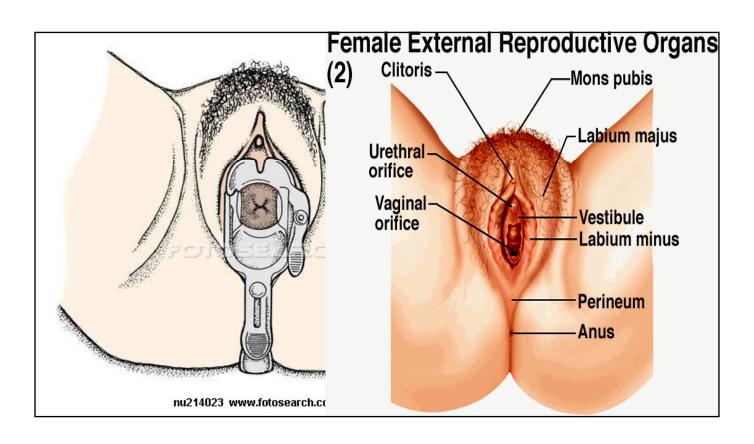
Cervix

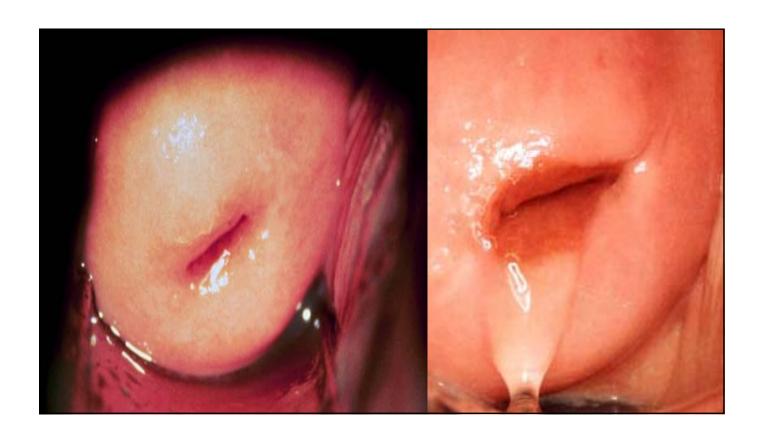
Squamocolumnar junction (SCJ)

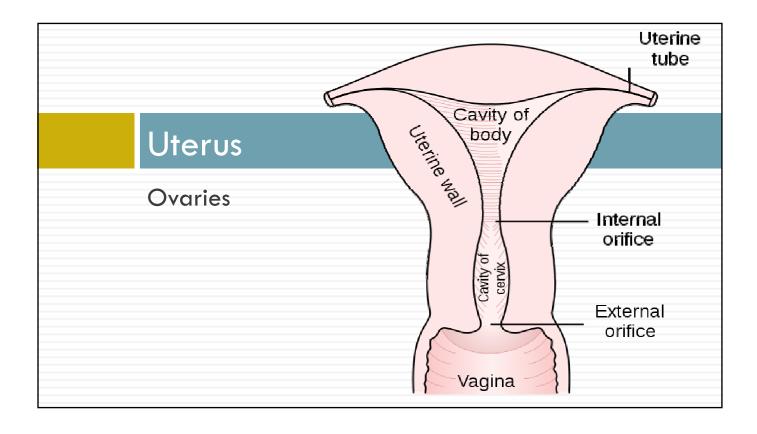
- Junction between columnar and squamous epithelium
- Dynamic: puberty, pregnancy, menopausal, original vs active SCJ
- Neonate exocervical, menopausal endocervical
- Transformation zone
- Metaplasia advances from the original SCJ inward, toward the external os, over the columnar villi
- This process creates the transformation zone
- Nabothian Cysts
- Endocervical glands covered during the metaplastic process

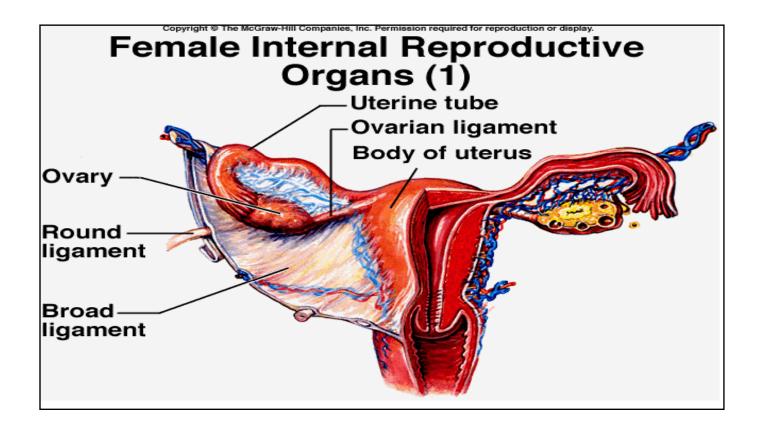












UTERUS

- 54
- Commonly referred to as the womb
- A pear shaped organ about the size of a clenched fist
- It is made up of the endometrium, myometrium and perimetrium
- Consists of blood-enriched tissue that sloughs off each month during menstrual cycle
- □ The powerful muscles of the uterus expand to accommodate a growing fetus and push it through the birth canal

The uterus

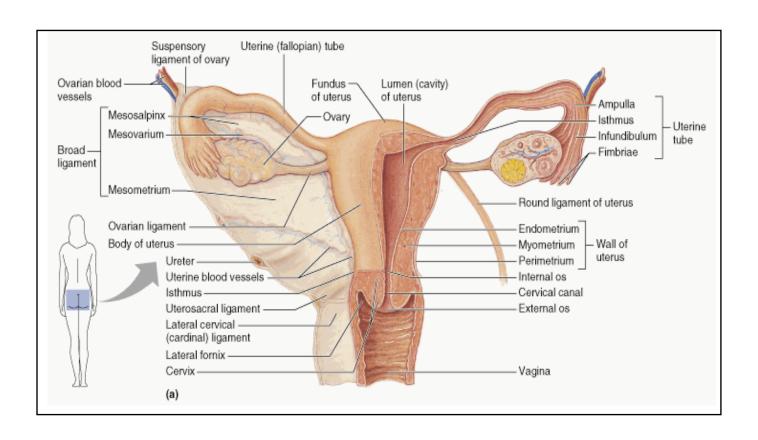
- Muscular organ
 - Mechanical protection
 - Nutritional support
 - Waste removal for the developing embryo and fetus
- Supported by the broad ligament and 3 pairs of suspensory ligaments

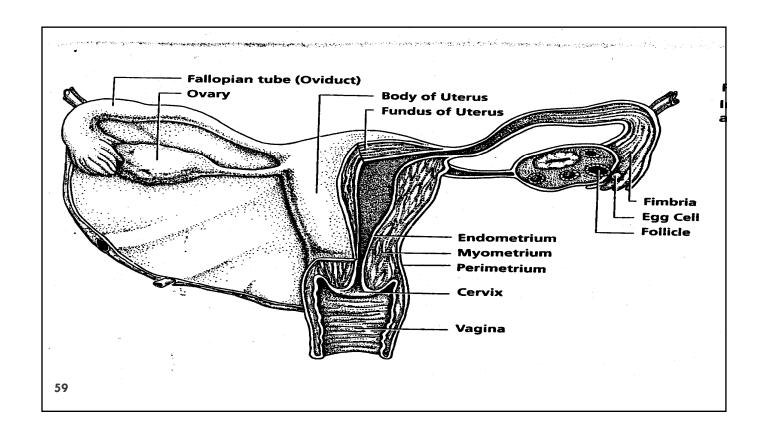
Uterine wall consists of three layers:

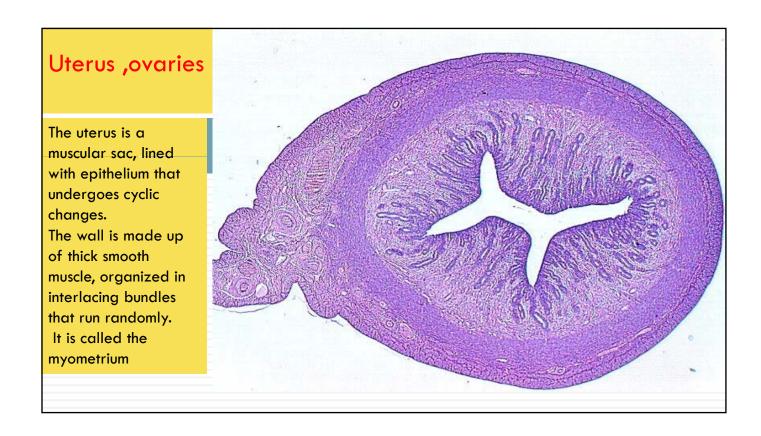
- Myometrium outer muscular layer
- □ Endometrium a thin, inner, glandular mucosa
- □ Perimetrium an incomplete serosa continuous with the peritoneum

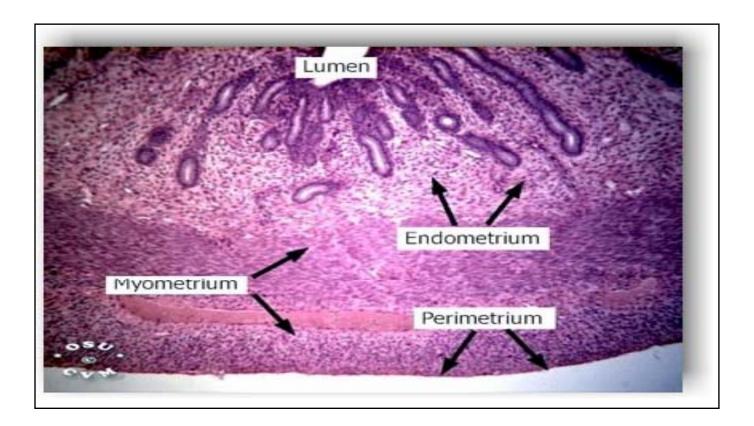
The uterus

- Muscular organ
 - Mechanical protection
 - Nutritional support
 - Waste removal for the developing embryo and fetus
- Supported by the broad ligament and 3 pairs of suspensory ligaments









Arterial/Venous Supply

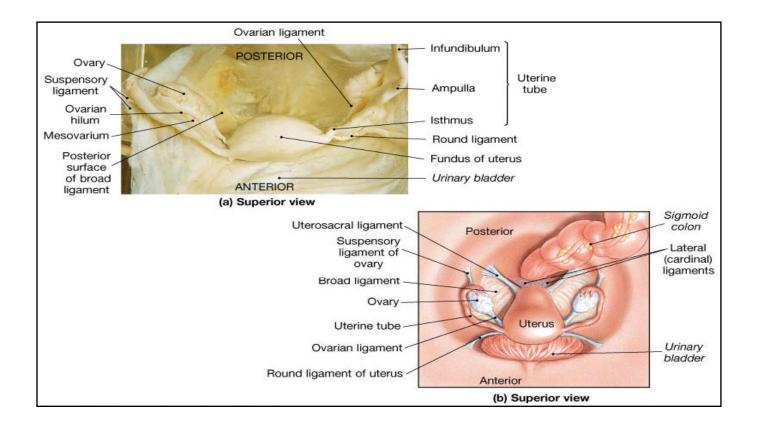
- Uterine, ovarian, and vaginal artery

Lymphatic Drainage

- $\, \mathsf{Fundus} = \mathsf{aortic/lumbar/pelvic} \, \, \mathsf{lymph} \, \, \mathsf{nodes} \, \,$
- Body = within broad ligament to external iliac nodes
- Cervix = internal iliac and sacral lymph nodes

Innervation

 Sympathetic and parasympathetics run through the uterovaginal plexus (which travels with the uterine artery) from the inferior hypogastric plexus and lumbar splanchnic nerves



The Wall

- Perimetrium, myometrium, endometrium

The Endometrium

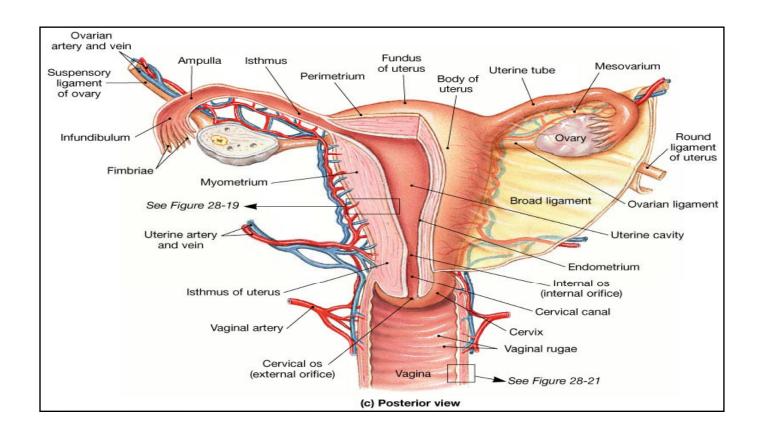
- Stratum basale premordial glands and densely cellular stroma
- Stratum functionale responds to fluctuating hormone levels, includes Stratum compactum and spongiosum,

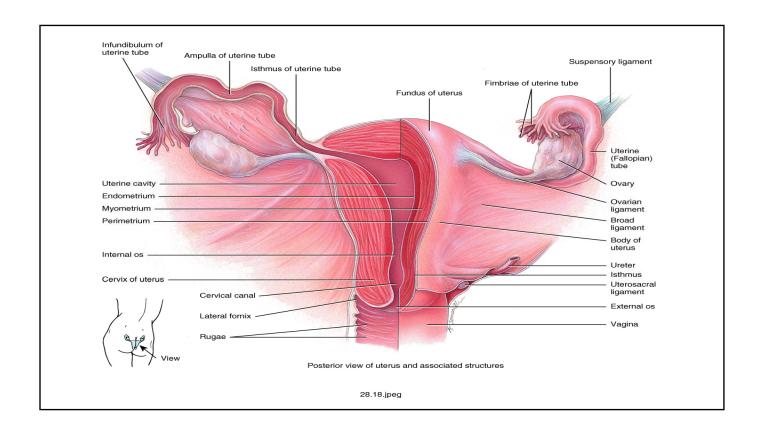
Stratum Compactum

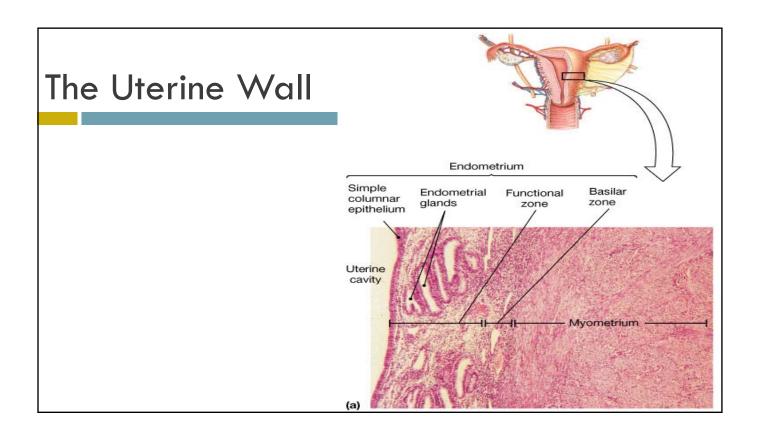
- Consists of the necks of the glands and densely populated stromal cells

Stratum Spongiosum

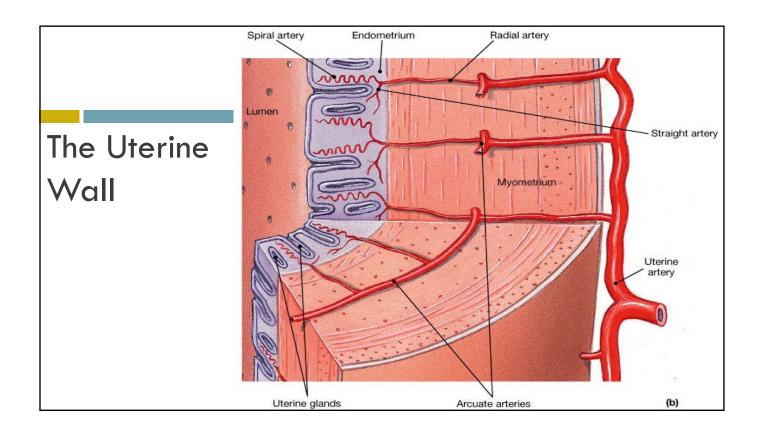
- Consists primarly of glands with less densely populated stroma and large amounts of interstitial tissue

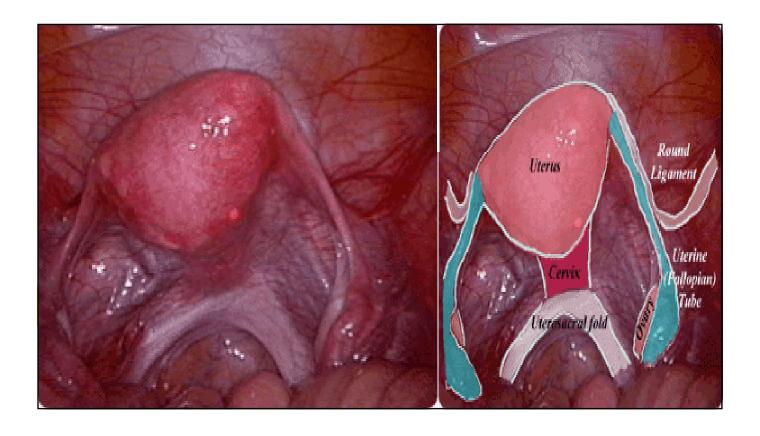


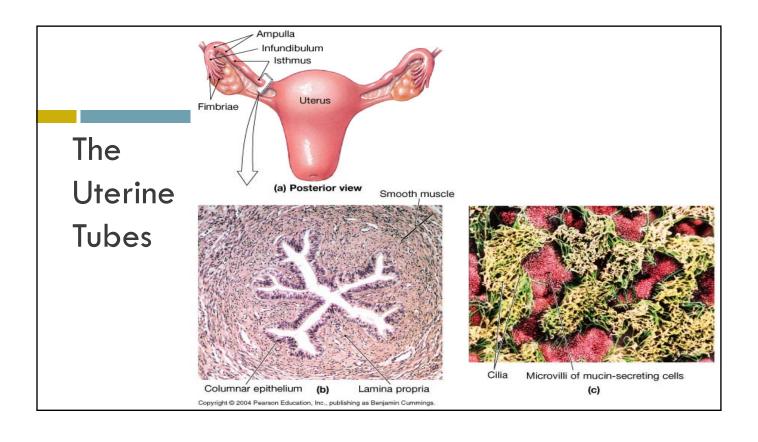


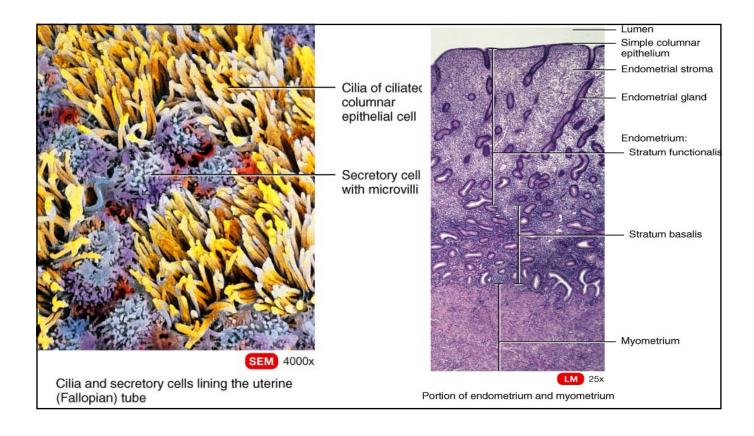


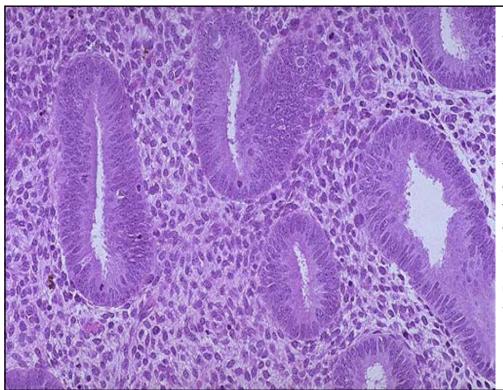
Uterus (Secretory) During the secretory phase, the endometrium thickens and the tubular glands become extremely convoluted (arrow), as shown in this low power micrograph





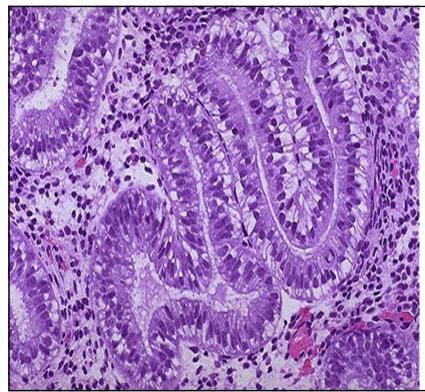






This is the microscopic appearance of normal proliferative endometrium in the menstrual cycle.

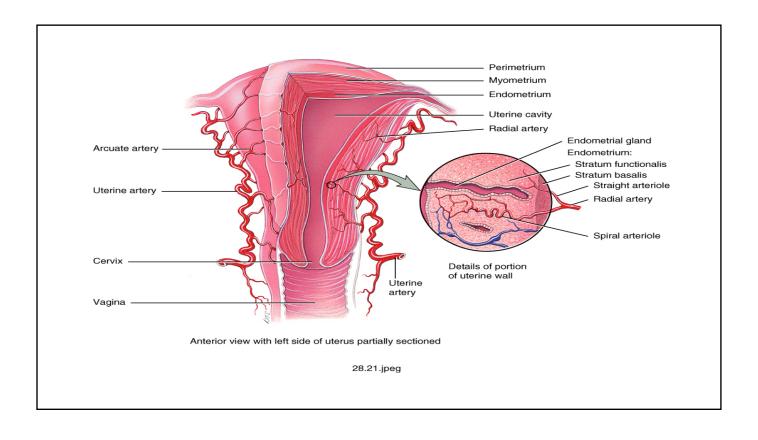
The proliferative phase is the variable part of the cycle. In this phase, tubular glands with columnar cells and surrounding dense stroma are proliferating to build up the endometrium following shedding with previous menstruation.



Here is early secretory endometrium.

The appearance with prominent subnuclear vacuoles in cells forming the glands is consistent with post-ovulatory day 2.

The histologic changes following ovulation are quite constant over the 14 days to menstruation and can be utilized to date the endometrium.



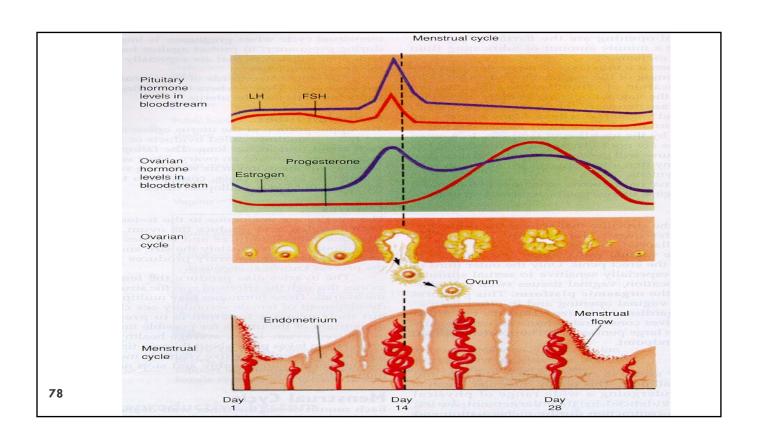
Uterine cycle

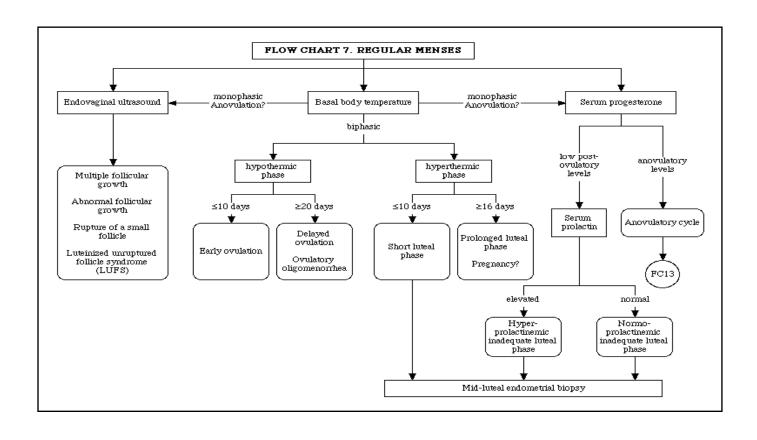
- Repeating series of changes in the endometrium
- □ Continues from menarche to menopause
 - Menses
 - Degeneration of the endometrium
 - Menstruation
 - Proliferative phase
 - Restoration of the endometrium
 - Secretory phase
 - Endometrial glands enlarge and accelerate their rates of secretion

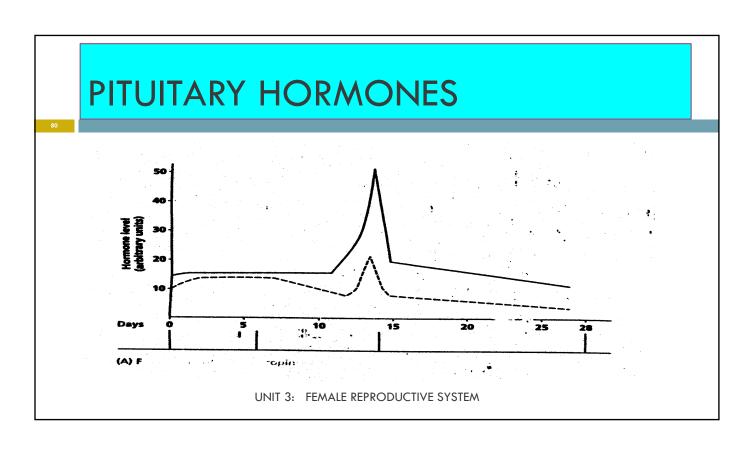
MENSTRUATION

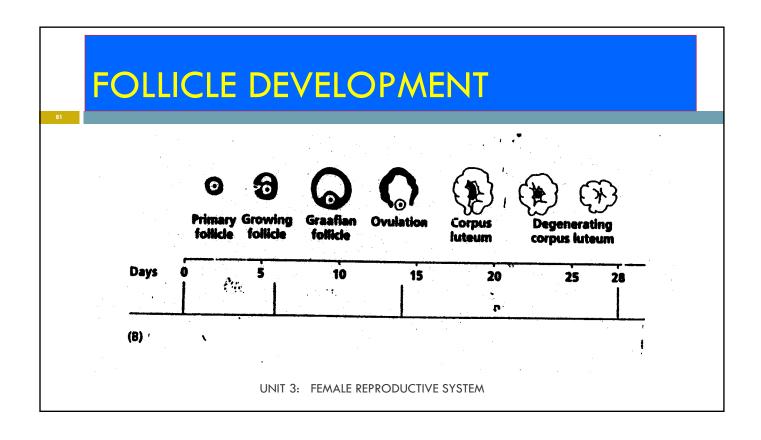
- Menarch, the onset of menstruation signals the bodily changes that transform a female body
- □ Average age is 12.8
- Amount of bleeding varies from woman to woman
- Expulsion of blood clots

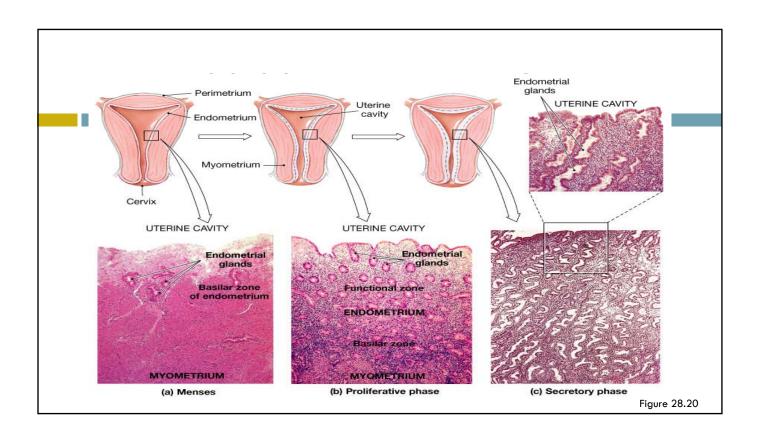
- Blood color can vary from bright red to dark maroon
- □ Usually occurs every 25 to 32 days
- □ Women can experience fluid retention, cramping, mood swings, weight gain, breast tenderness, diarrhea, and constipation





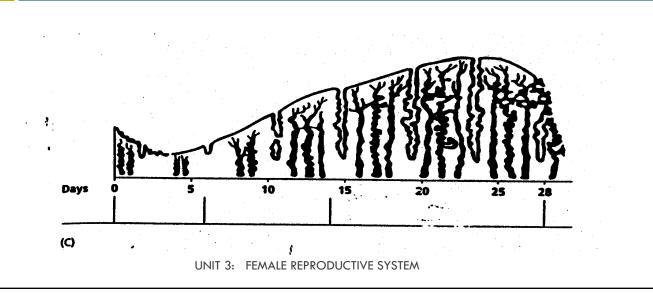








83



DEFINITION OF MENSTRUAL CYCLE

A menstrual cycle is defined as that period of time from the beginning of one menstrual flow to the beginning of the next menstrual flow. The menstrual cycles includes:

Follicular Phase - approximately 14 days but highly variable and ending with ovulation.

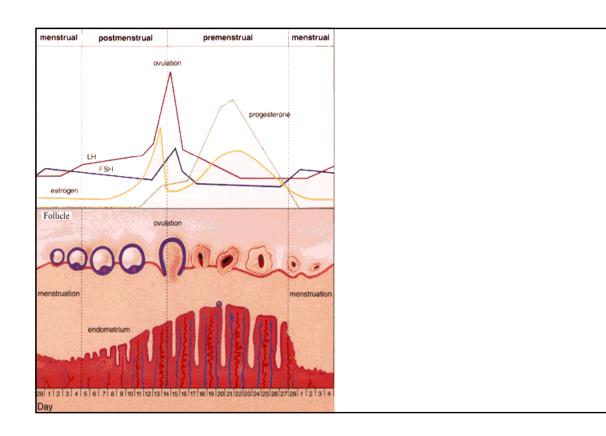
- •After menstruation, low levels of estradiol and progesterone stimulate the hypothalamic release of GnRH with in turn increases the pituitary's release of FSH and LH.
- •FSH stimulates the maturation of ovarian follicles and LH stimulates theca cells of the ovary to produce androgens, which are then converted to estrogens in the granulosa cells of the ovary.
 •Estrogen stimulates proliferation of the endometrial lining (proliferative phase).

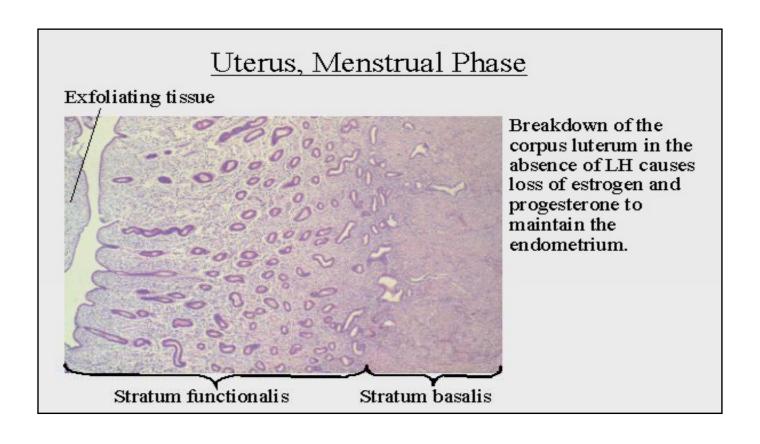
Ovulation

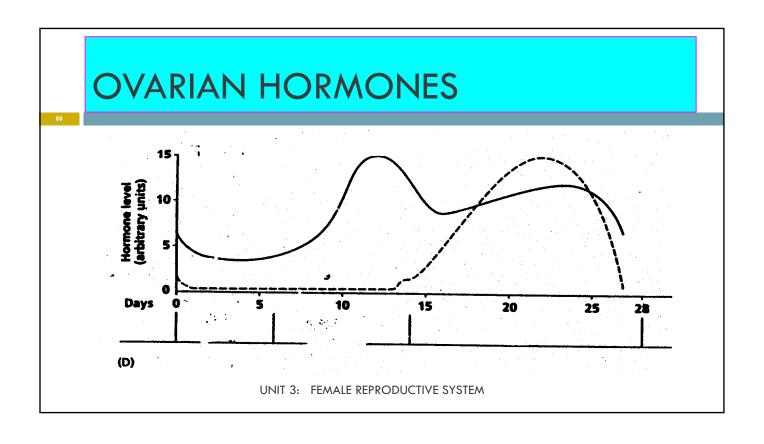
- •A preovulatory estradiol surge leads to a midcyde LH surge, which initiates ovulation.
- •A mature follicle releases an oocyte and becomes a functioning corpus luteum.

Luteal Phase

- •The luteal phase begins with ovulation and ends with the menstrual flow and usually lasts 14 ± 2 days.
- •Large amounts of progesterone are produced by the corpus luteum as well as estrogen.
- •Rising levels of estrogen and progesterone lead to falling levels of FSH and LIT
- •Progesterone stops the growth of the endometrium and stimulates differentiation of the endometrium into a secretory endometrium.
- •Without fertilization and human chorionic gonadotropin production, the corpus luteum involutes after about 10 12 days and sloughing of the endometrium.
- •Local prostaglandin release leads to vasoconstriction and uterine contractions







SEX HORMONES

- Follicle stimulating hormone FHS-
- Luteinizing hormone LH-signals ovulation
- Estrogen- produced throughout the menstrual cycle
- Progesterone-produced during second half of cycle
- Contributes to thickening of the endometrium which is shed during menstrual phase if fertilization does not take place
- Both FHS and LH are produced in the pituitary gland
- Both estrogen and progesterone are produced by the follicles in the ovaries

UNIT 3: FEMALE REPRODUCTIVE SYSTEM

DYSMENORRHEA

- Painful menstrual cramps
- Painful menses without evidence of a physical abnormality
- Believed to be normal body response to uterine contractions
- □ Other symptoms:
- Nausea, vomiting, gastrointestinal disturbances, and fainting
- Prostaglandins cause forceful, frequent uterine contractions called cramps
- □ Fibroids, polyps, IUD, PID, or endometriosis

UNIT 3: FEMALE REPRODUCTIVE SYSTEM

ENDOMETRIOSIS

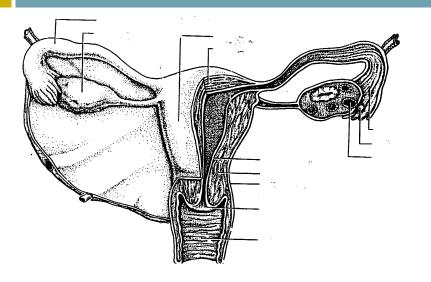
91

- Common cause of dysmennorrhea, dyspareunia, and infertility
- Endometrium fragments and lodges in other parts of the pelvic cavity
- □ Causes inflammation, bleeding, scarring, and adhesions
- Causes are still being studied
- Treated through hormonal therapy, laparoscopic surgery, or major surgical management

UNIT 3: FEMALE REPRODUCTIVE SYSTEM

OVIDUCTS

92

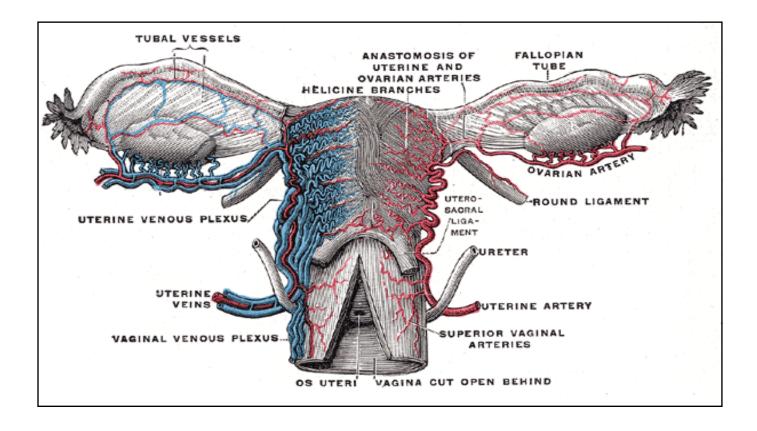


- •oviducts,
- uterine tubes,
- •salpinges (singular salpinx)
- •are two very fine tubes lined with <u>ciliated</u>

 <u>epithelia</u>, <u>leading from</u>

 <u>the ovaries of female</u>

 <u>mammals into the uterus</u>



FALLOPIAN TUBES

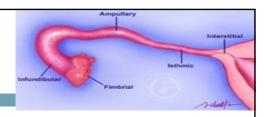
94

- Serve as a pathway for the ovum to the uterus
- □ Are the site of fertilization by the male sperm

Fertilized egg takes approximately 6 to 10 days to travel through the fallopian tube to implant in the uterine lining

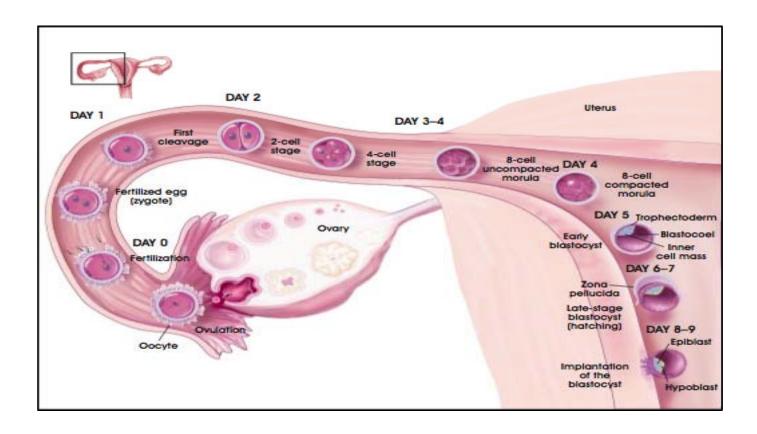
- □ There are two Fallopian tubes attached to either side of the cornual end of the uterus at the axilla of Welch.
- Each terminates at or near one ovary forming a structure called the fimbria.
- □ The Fallopian tubes are not directly attached to the ovaries, but open into the peritoneal cavity (essentially the inside of the abdomen); they thus form a direct communication between the peritoneal cavity and the outside via the vagina.
- □ In humans, the Fallopian tubes are about 7–14 cm long.
- □ If a Fallopian Tube is missing from the pair, then the other fallopian tube that is functional could still be a way of carrying an egg down to the uterus

Regions



There are four regions of the fallopian tube from the ovary to the uterus:

- Infundibulum contains fimbria
- Ampulla usual site of fertilization
- □ Isthmus
- □ Intramural oviduct inside wall of uterus



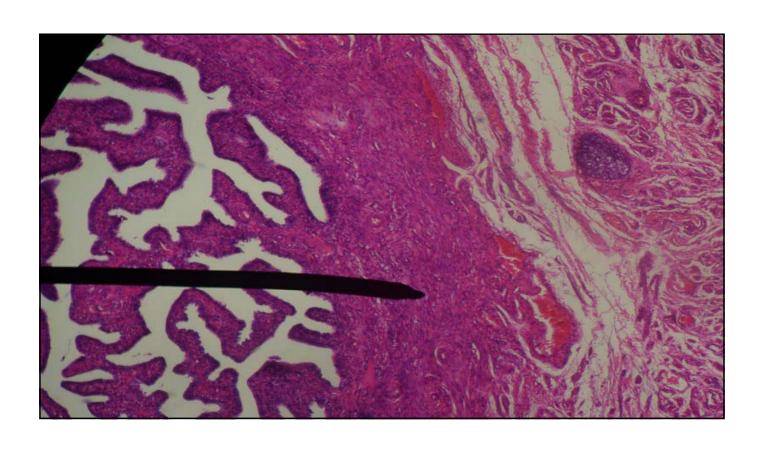
Histology

Layers of the wall of the fallopian tube.

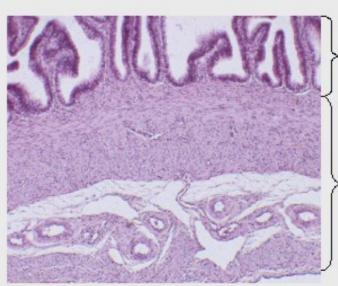
- □ There are three layers of the fallopian tube:
- Mucosa the distinctive folds of the mucosa are the most unusual feature. The folds contain ciliated cells and "peg cells". The region of the fallopian tube can be approximated by looking at the mucosa, because the folds are most elaborate at the ampulla and almost nonexistent at the intramural portion.
- 2. Muscularis externa
- 3. Serosa

Motility

- The Fallopian tubes are mobile, and have been observed on time-lapse videography moving about the pelvis.
- Although anatomical illustrations have them proceeding from the uterine horns to the ovary, this is not the case for most of the menstrual cycle, and a tube may cross to the other side or lie on top of the uterus.

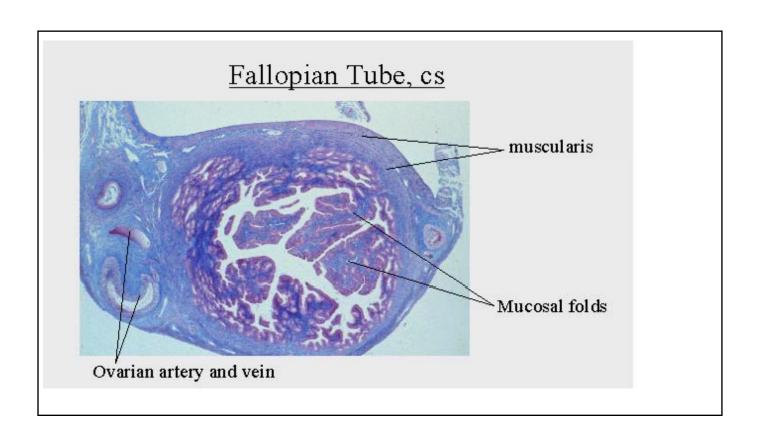


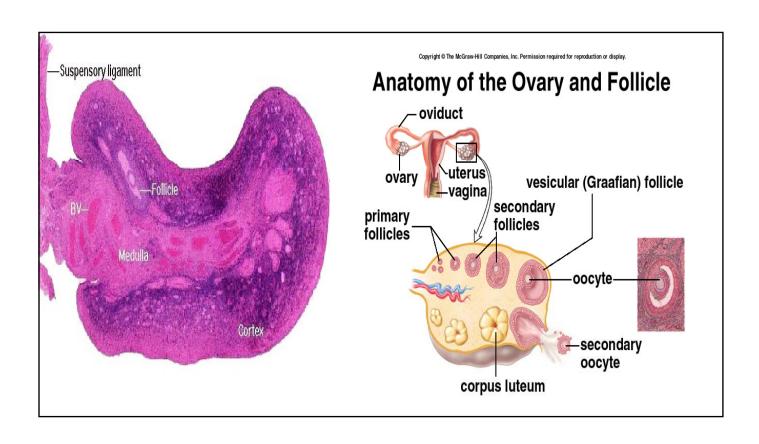
Fallopian Tube, ls



Mucosa: consists of longitudinal folds lined with ciliated and non-ciliated columnar epithelium.

Muscularis: consists of a circular and a longitudinal layer.





The Fallopian Tubes

Arterial/Venous Supply

- Terminal branches of the uterine and ovarian arteries found in the mesosalpinx

Lymphatic Drainage

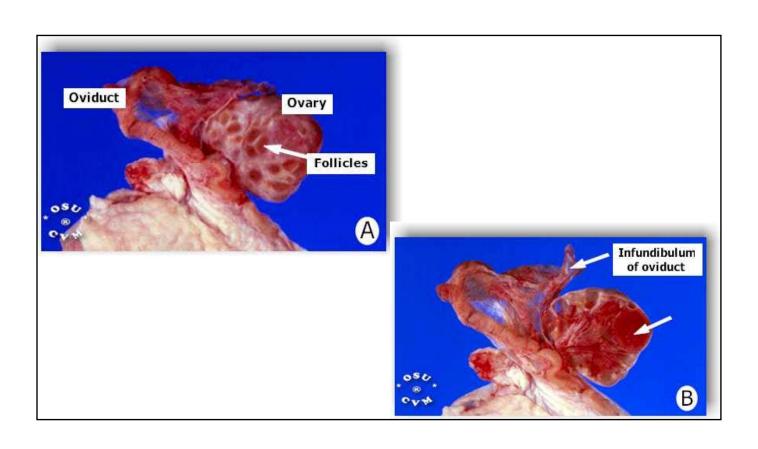
- Separate and distinct from the uterus
- Drains to the internal iliac nodes and the aortic nodes at the level of the renal vessels

Innervation

- Sympathetic and parasympathetic from the uterine and ovarian plexus.
- Sensory nerves come from T11, T12, and L1

Four segments

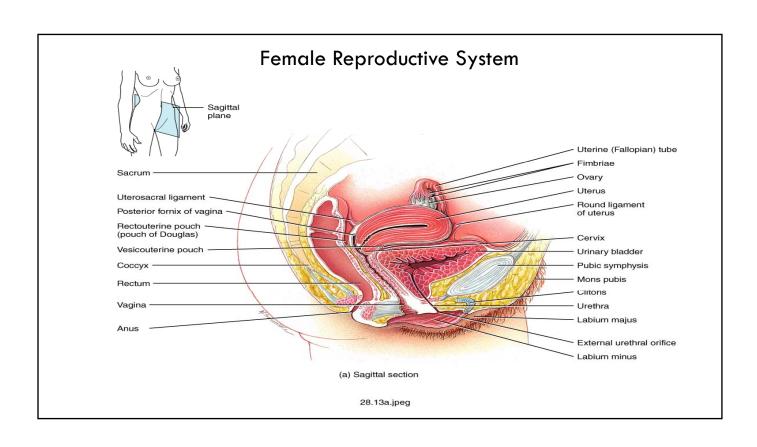
- Intramural, isthmic (narrowest internal diameter), ampullary, infundibulum
- Fimbrige
- the largest attached to the ovary is called fimbria ovarica
- Layers
- Serosa, Adventia (vessels), muscle, mucosa (plica, cilia)

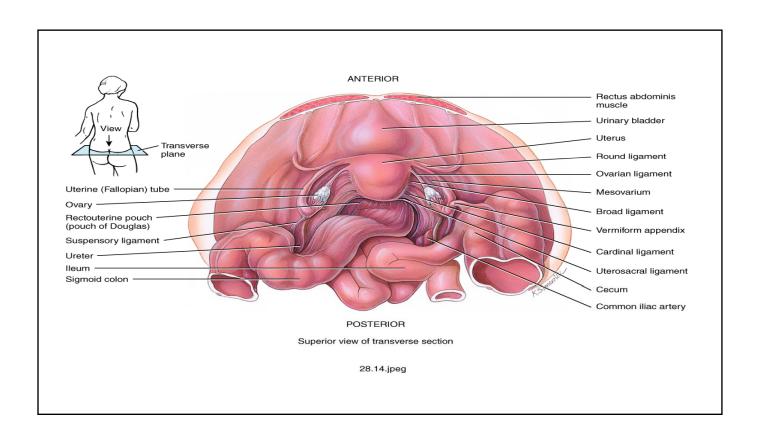


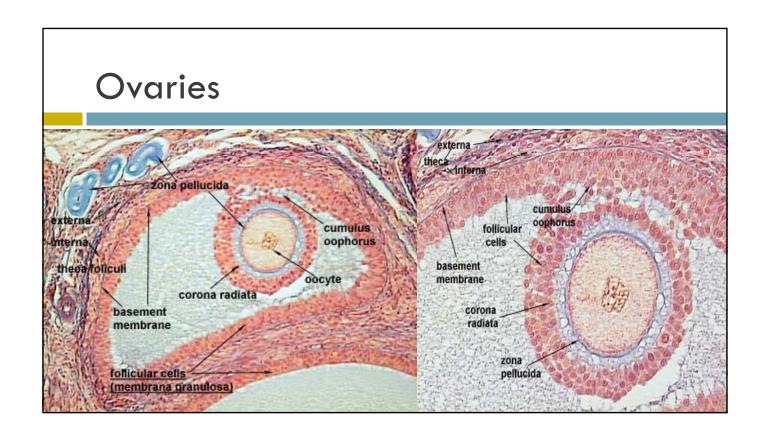
OVARIES

The ureter runs close to the ovarian fossa

- Germinal epithelium is cuboidal
- Ligaments ovarian and infundibular pelvic (vessels)
- Ovarian fossa
- A depression in the peritoneum where the ovary rests in nulliparous women







The Ovaries

Two functions -

- production and ovulation of oocytes
- •the production and secretion of hormones.

The ovary is attached to the broad ligament by a short fold of peritoneum, called the mesovarium (or ligament of the ovary), through which vessels and nerves pass to the ovary and enter it at the hilus of the ovary.

The surface of the ovary is covered by a single layer of cuboidal epithelium, also called germinal epithelium.

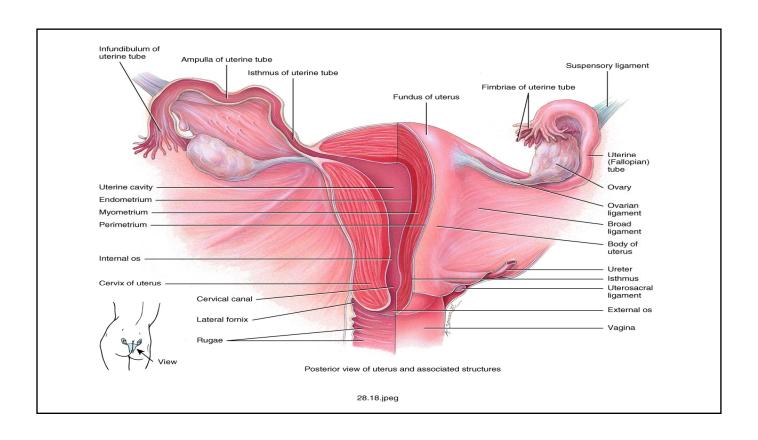
It is continuous with the peritoneal mesothelium.

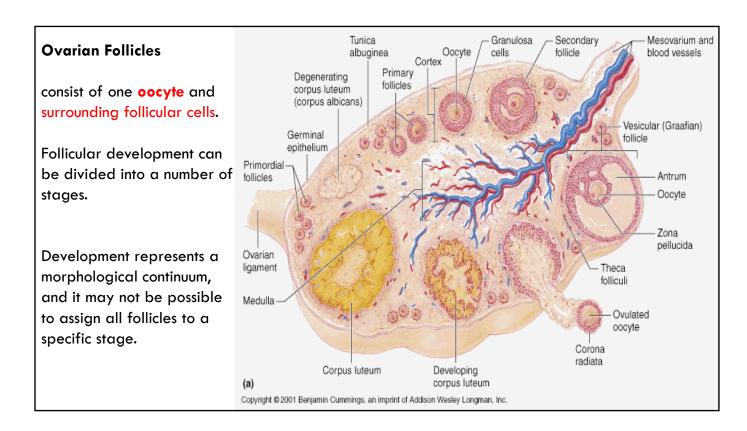
Fibrous connective tissue forms a thin capsule, the tunica albuginea, immediately beneath the epithelium.

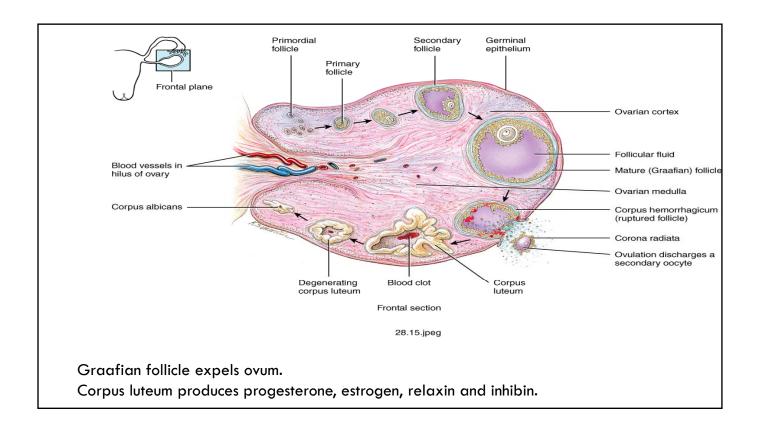
Like so many other organs the ovary is divided into an outer cortex and an inner medulla.

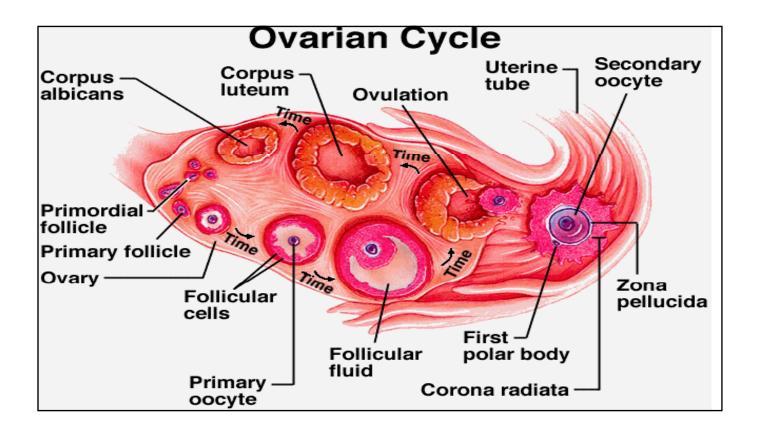
The cortex consists of a very cellular connective tissue stroma in which the ovarian follicles are embedded.

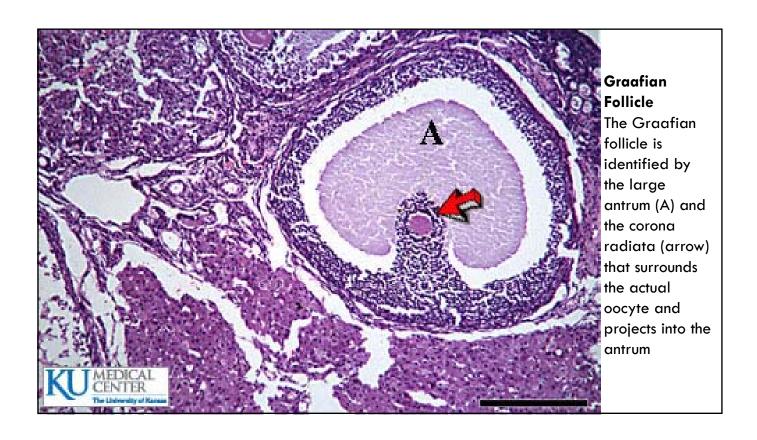
The medulla is composed of loose connective tissue, which contains blood vessels and nerves.

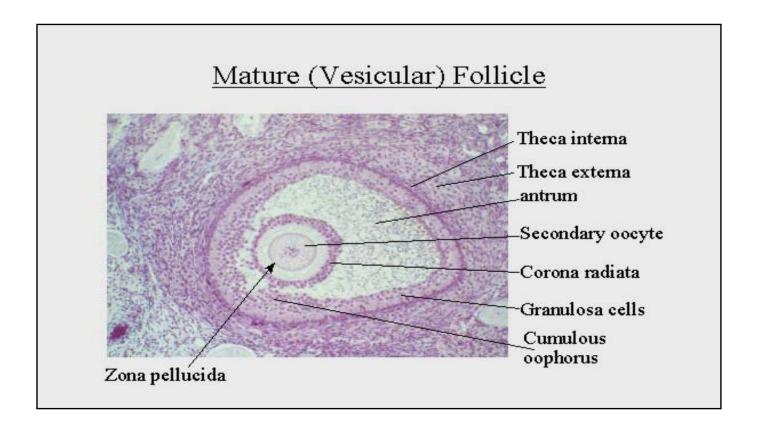






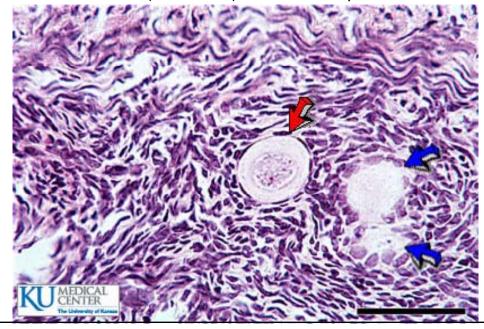






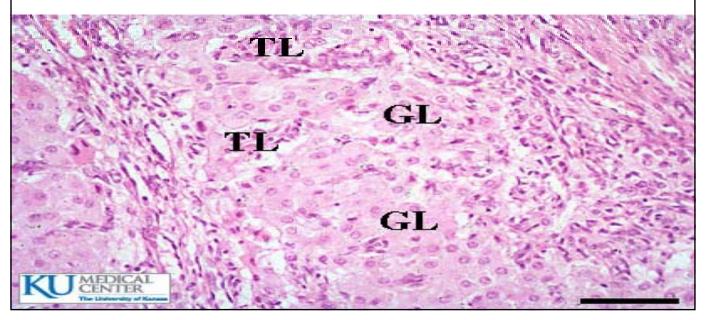
Primordial Follicle

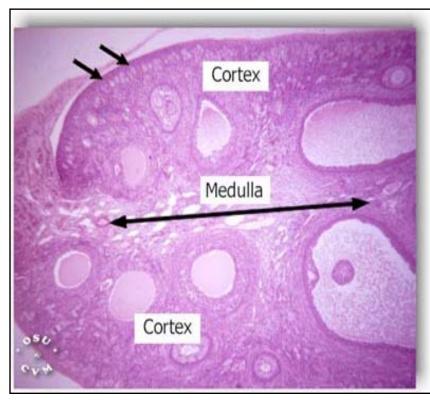
The primordial follicle can be identified by its single layer of follicular cells (red arrow). To the right are two atretic follicles (blue arrows). Notice the wavy stroma.



Corpus Luteum

Progesterone from the corpus luteum maintains the uterus for implantation. Notice the fullness of the granulosa luteal cells (GL) and positioning of the theca luteal cells (TL).





Stages of follicle maturation

- a). Primordial follicle Only 1 layer of cells
- b). **Primary follicle** 2 or more layers of cells.
- c). **Secondary follicle:** fluid filled space
- d). **Vesicular (Graafian) follicle**: Bulges
- e). **Corpus luteum:** The ruptured follicle

Primordial follicles

- •are located in the cortex just beneath tunica albuginea.
- •One layer of flattened follicular cells surround the oocyte (about 30 µm in diameter).
- •The nucleus of the oocyte is positioned eccentric in the cell.
- •It appears very light and contains a prominent nucleolus.
- •Most organelles of the oocyte aggregate in the centre of the cell, where they form the vitelline body (probably not visible in any of the available preparations).

