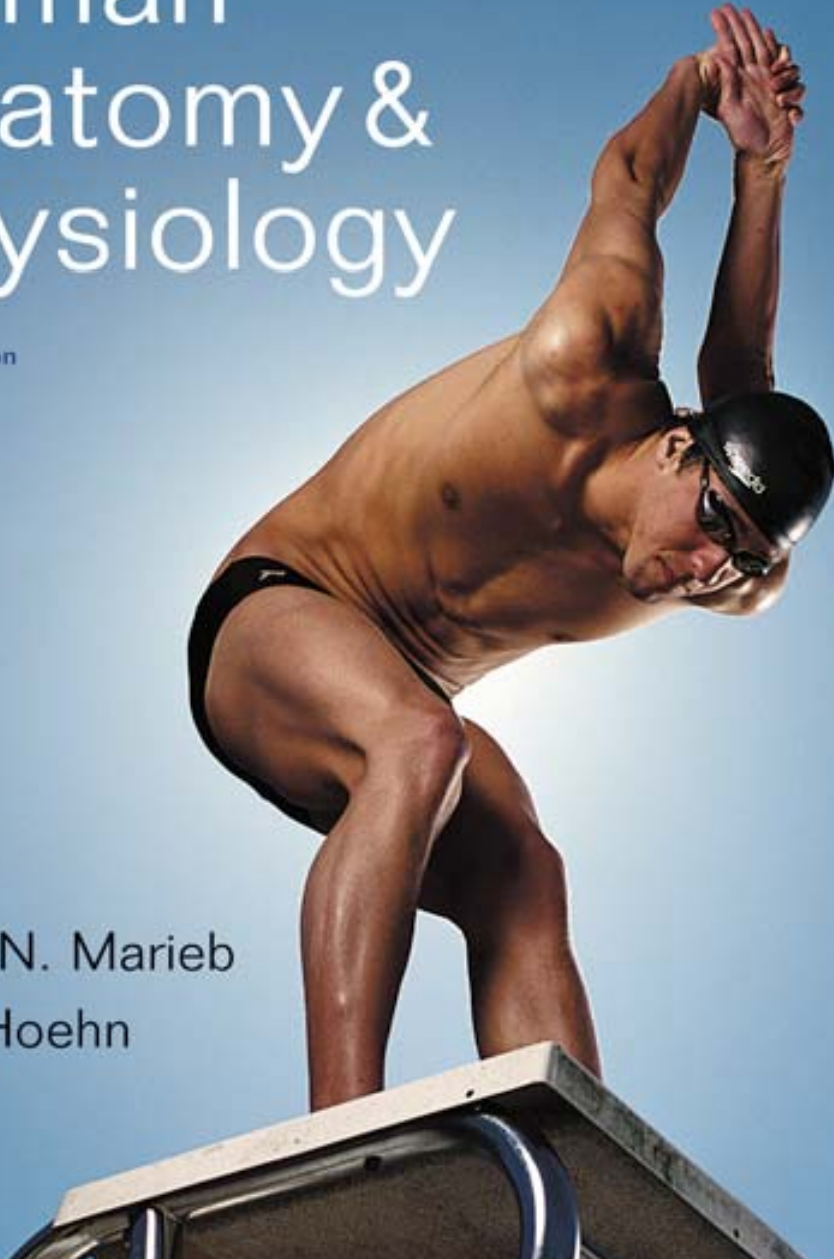


# Human Anatomy & Physiology

Eighth Edition

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PowerPoint® Lecture Slides  
prepared by  
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Mount Royal College

## CHAPTER 2

### Chemistry Comes Alive: Part B

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# Classes of Compounds

- Inorganic compounds
  - Water, salts, and many acids and bases
  - Do not contain carbon
- Organic compounds
  - Carbohydrates, fats, proteins, and nucleic acids
  - Contain carbon, usually large, and are covalently bonded

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# Water

- 60%–80% of the volume of living cells
- Most important inorganic compound in living organisms because of its properties

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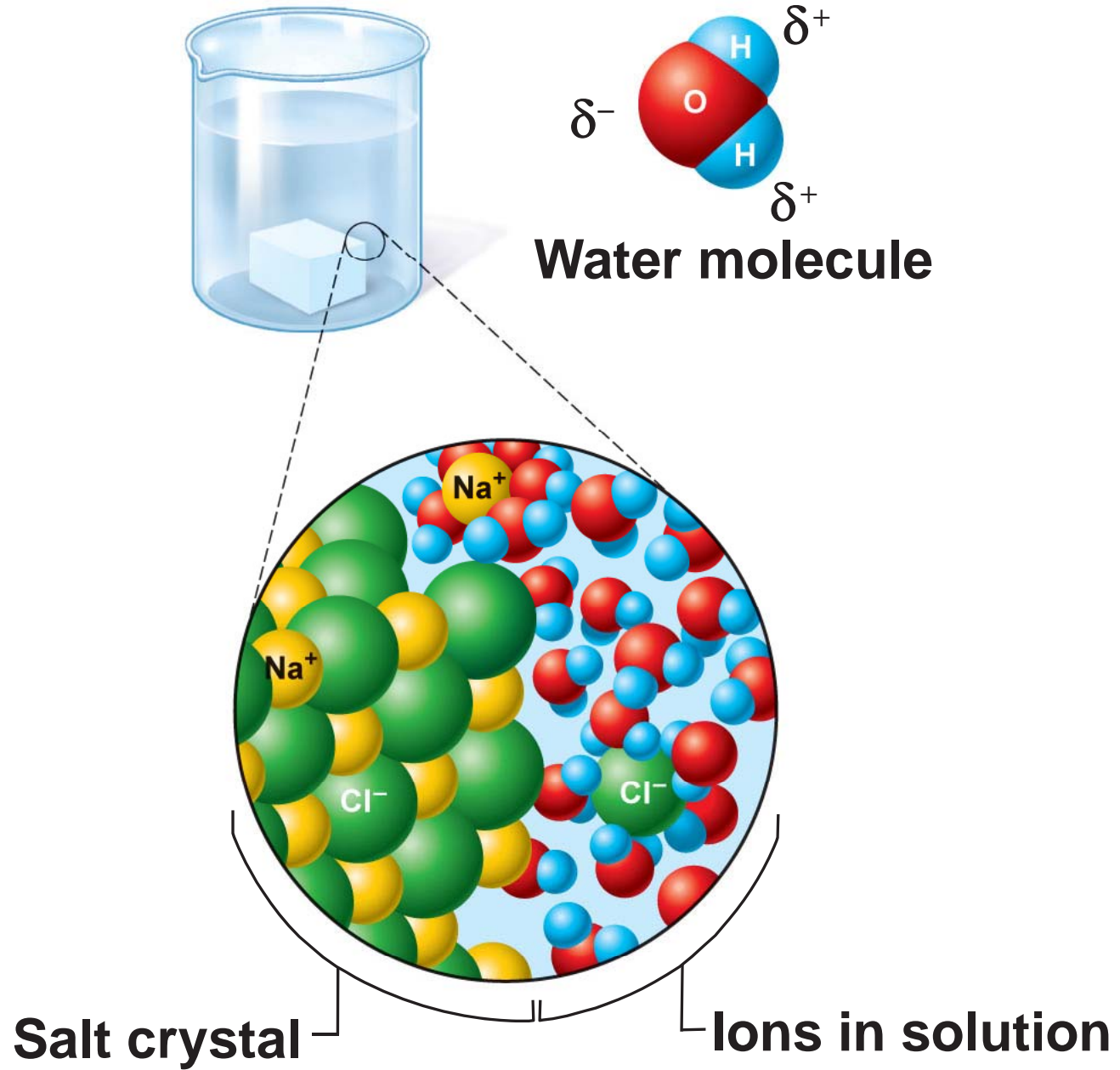
# Properties of Water

- High heat capacity
  - Absorbs and releases heat with little temperature change
  - Prevents sudden changes in temperature
- High heat of vaporization
  - Evaporation requires large amounts of heat
  - Useful cooling mechanism

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# Properties of Water

- Polar solvent properties
  - Dissolves and dissociates ionic substances
  - Forms hydration layers around large charged molecules, e.g., proteins (colloid formation)
  - Body's major transport medium



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# Properties of Water

- Reactivity
  - A necessary part of hydrolysis and dehydration synthesis reactions
- Cushioning
  - Protects certain organs from physical trauma, e.g., cerebrospinal fluid

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# Salts

- Ionic compounds that dissociate in water
- Contain cations other than  $H^+$  and anions other than  $OH^-$
- Ions (electrolytes) conduct electrical currents in solution
- Ions play specialized roles in body functions (e.g., sodium, potassium, calcium, and iron)



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# Acids and Bases

- Both are electrolytes
  - Acids are proton (hydrogen ion) donors (release  $H^+$  in solution)
    - $HCl \rightarrow H^+ + Cl^-$

# Acids and Bases

- Bases are proton acceptors (take up  $H^+$  from solution)
  - $NaOH \rightarrow Na^+ + OH^-$ 
    - $OH^-$  accepts an available proton ( $H^+$ )
    - $OH^- + H^+ \rightarrow H_2O$
- Bicarbonate ion ( $HCO_3^-$ ) and ammonia ( $NH_3$ ) are important bases in the body

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# Acid-Base Concentration

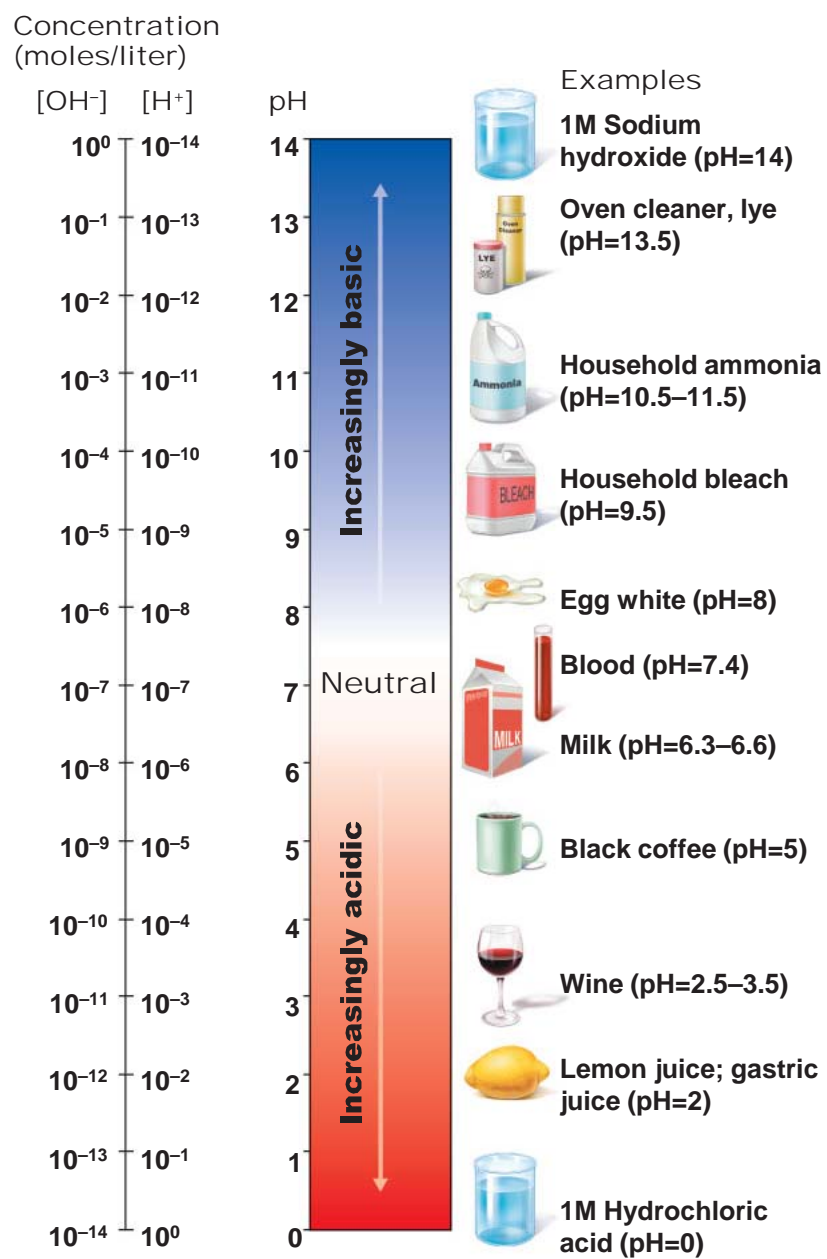
- Acid solutions contain  $[H^+]$ 
  - As  $[H^+]$  increases, acidity increases
- Alkaline solutions contain bases (e.g.,  $OH^-$ )
  - As  $[H^+]$  decreases (or as  $[OH^-]$  increases), alkalinity increases

# pH: Acid-Base Concentration

- pH = the negative logarithm of  $[H^+]$  in moles per liter
- Neutral solutions:
  - Pure water is pH neutral (contains equal numbers of  $H^+$  and  $OH^-$ )
  - pH of pure water = pH 7:  $[H^+] = 10^{-7} \text{ M}$
  - All neutral solutions are pH 7

# pH: Acid-Base Concentration

- Acidic solutions
  - $\uparrow$   $[H^+]$ ,  $\downarrow$  pH
  - Acidic pH: 0–6.99
  - pH scale is logarithmic: a pH 5 solution has 10 times more  $H^+$  than a pH 6 solution
- Alkaline solutions
  - $\downarrow$   $[H^+]$ ,  $\uparrow$  pH
  - Alkaline (basic) pH: 7.01–14



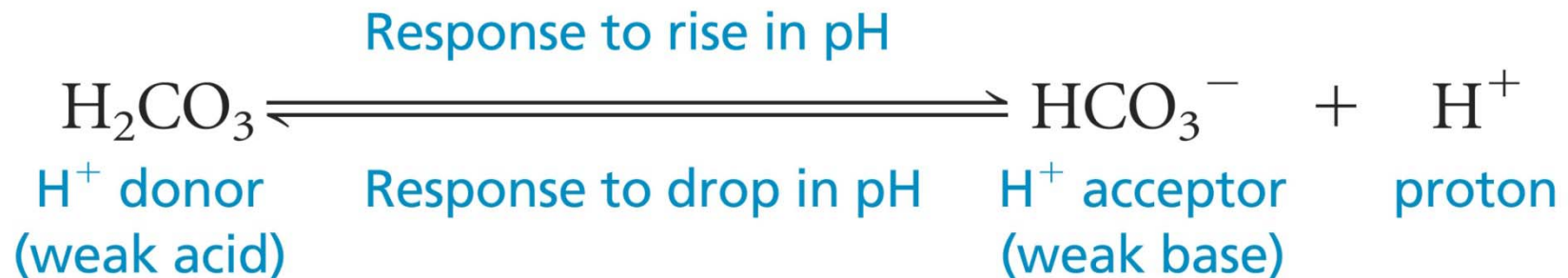
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# Acid-Base Homeostasis

- pH change interferes with cell function and may damage living tissue
- Slight change in pH can be fatal
- pH is regulated by kidneys, lungs, and buffers

# Buffers

- Mixture of compounds that resist pH changes
- Convert strong (completely dissociated) acids or bases into weak (slightly dissociated) ones
  - Carbonic acid-bicarbonate system





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# Organic Compounds

- Contain carbon (except CO<sub>2</sub> and CO, which are inorganic)
- Unique to living systems
- Include carbohydrates, lipids, proteins, and nucleic acids

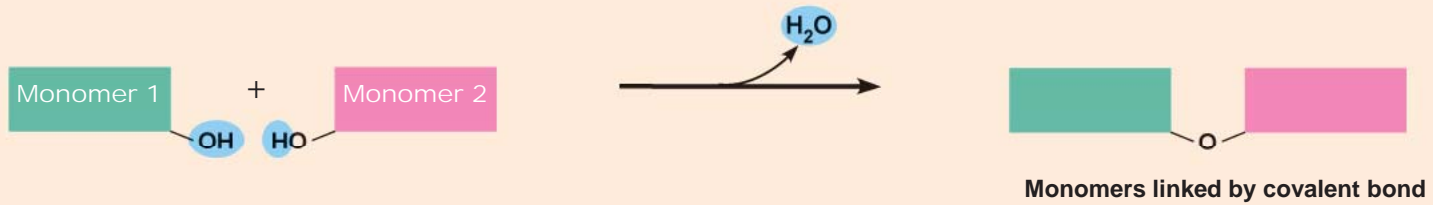
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# Organic Compounds

- Many are polymers—chains of similar units (monomers or building blocks)
  - Synthesized by dehydration synthesis
  - Broken down by hydrolysis reactions

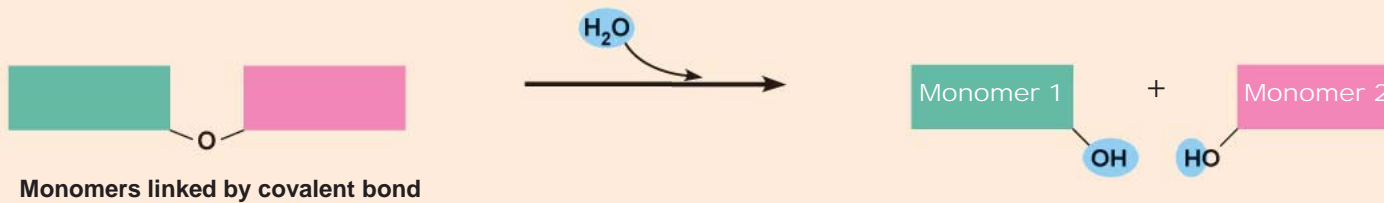
### (a) Dehydration synthesis

Monomers are joined by removal of OH from one monomer and removal of H from the other at the site of bond formation.



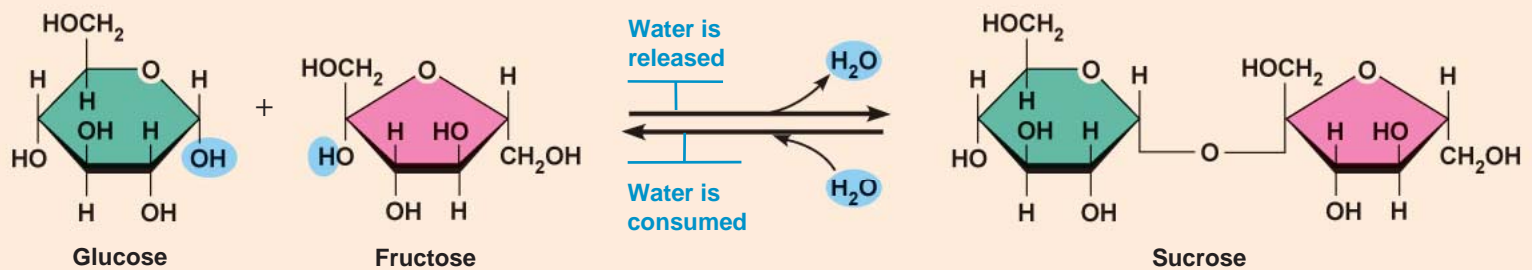
### (b) Hydrolysis

Monomers are released by the addition of a water molecule, adding OH to one monomer and H to the other.



### (c) Example reactions

Dehydration synthesis of sucrose and its breakdown by hydrolysis



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# Carbohydrates

- Sugars and starches
- Contain C, H, and O  $[(\text{CH}_2\text{O})_n]$
- Three classes
  - Monosaccharides
  - Disaccharides
  - Polysaccharides

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# Carbohydrates

- Functions
  - Major source of cellular fuel (e.g., glucose)
  - Structural molecules (e.g., ribose sugar in RNA)

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# Monosaccharides

- Simple sugars containing three to seven C atoms
- $(\text{CH}_2\text{O})_n$

## (a) Monosaccharides

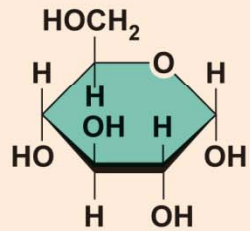
Monomers of carbohydrates

Example

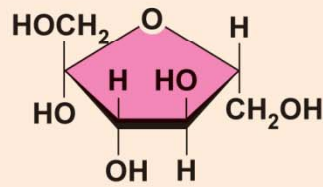
**Hexose sugars (the hexoses shown here are isomers)**

Example

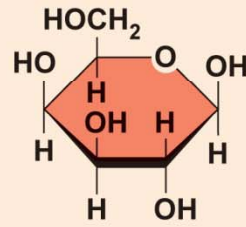
**Pentose sugars**



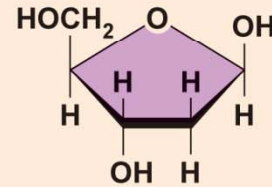
**Glucose**



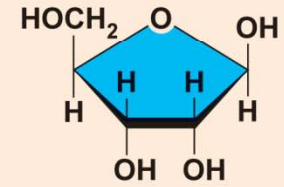
**Fructose**



**Galactose**



**Deoxyribose**



**Ribose**

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# Disaccharides

- Double sugars
- Too large to pass through cell membranes

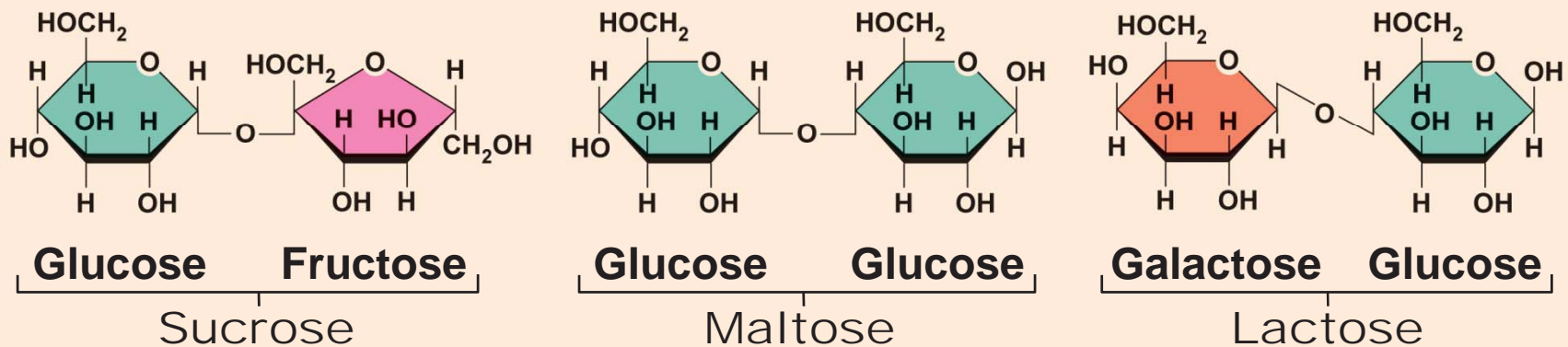


## (b) Disaccharides

Consist of two linked monosaccharides

Example

**Sucrose, maltose, and lactose**  
(these disaccharides are isomers)



PLAY

**Animation: Disaccharides**

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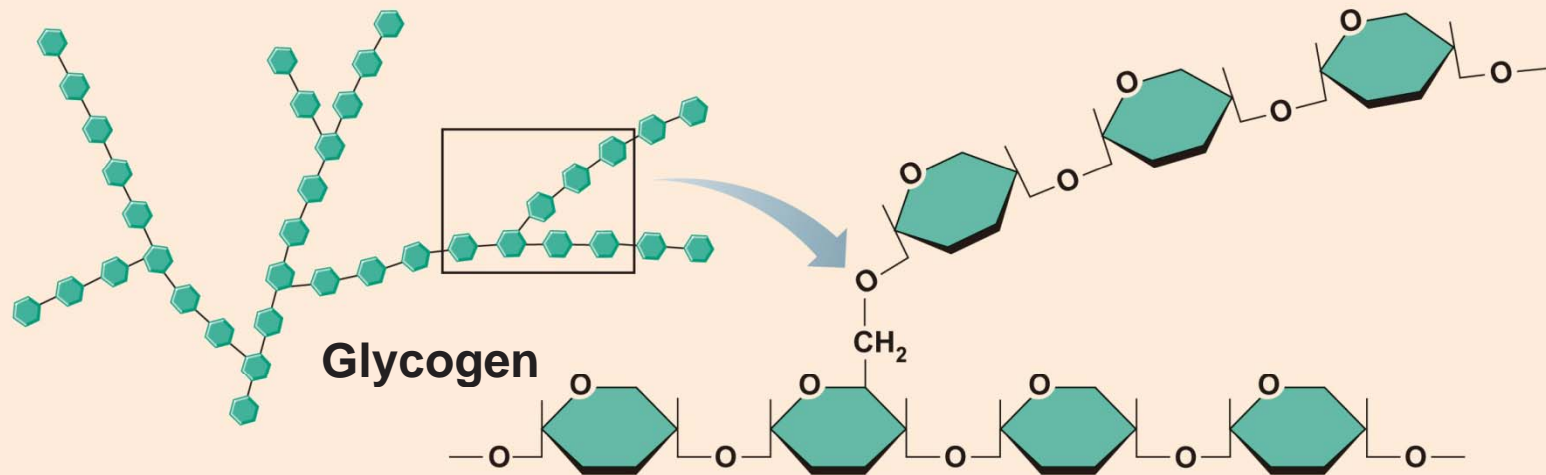
# Polysaccharides

- Polymers of simple sugars, e.g., starch and glycogen
- Not very soluble

## (c) Polysaccharides

Long branching chains (polymers) of linked monosaccharides  
Example

**This polysaccharide is a simplified representation of glycogen, a polysaccharide formed from glucose units.**



PLAY

Animation: Polysaccharides

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# Lipids

- Contain C, H, O (less than in carbohydrates), and sometimes P
- Insoluble in water
- Main types:
  - Neutral fats or triglycerides
  - Phospholipids
  - Steroids
  - Eicosanoids

 PLAY

**Animation: Fats**

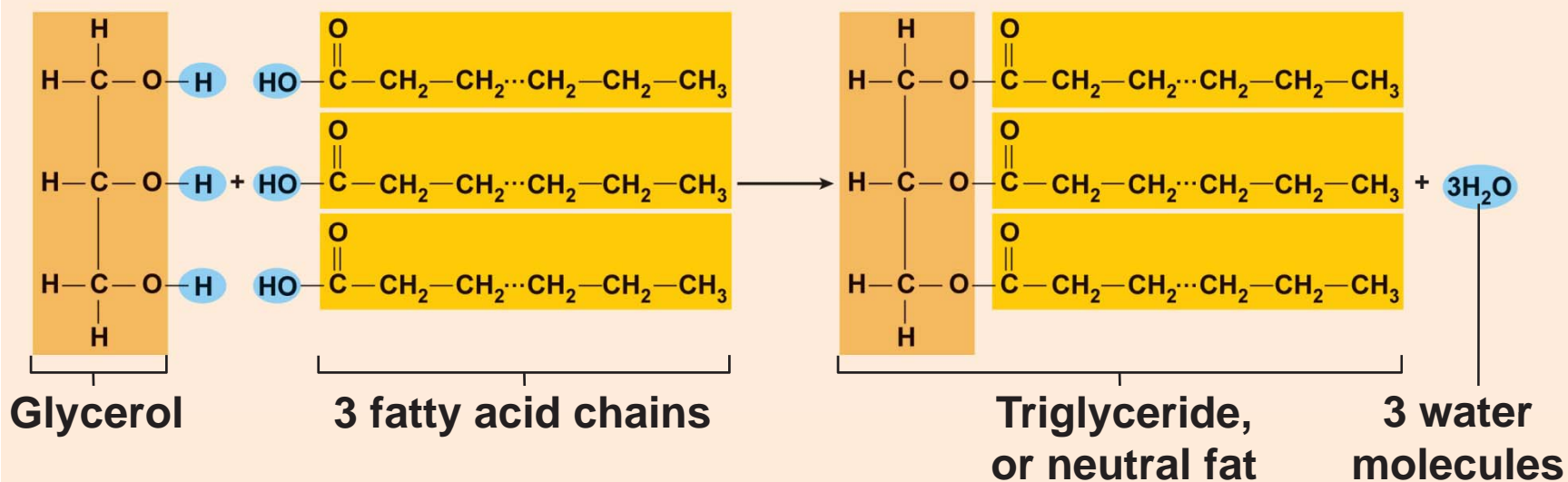
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# Triglycerides

- Neutral fats—solid fats and liquid oils
- Composed of three fatty acids bonded to a glycerol molecule
- Main functions
  - Energy storage
  - Insulation
  - Protection

## (a) Triglyceride formation

Three fatty acid chains are bound to glycerol by dehydration synthesis



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# Saturation of Fatty Acids

- Saturated fatty acids
  - Single bonds between C atoms; maximum number of H
  - Solid animal fats, e.g., butter
- Unsaturated fatty acids
  - One or more double bonds between C atoms
  - Reduced number of H atoms
  - Plant oils, e.g., olive oil

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# Phospholipids

- Modified triglycerides:
  - Glycerol + two fatty acids and a phosphorus (P)-containing group
- “Head” and “tail” regions have different properties
- Important in cell membrane structure

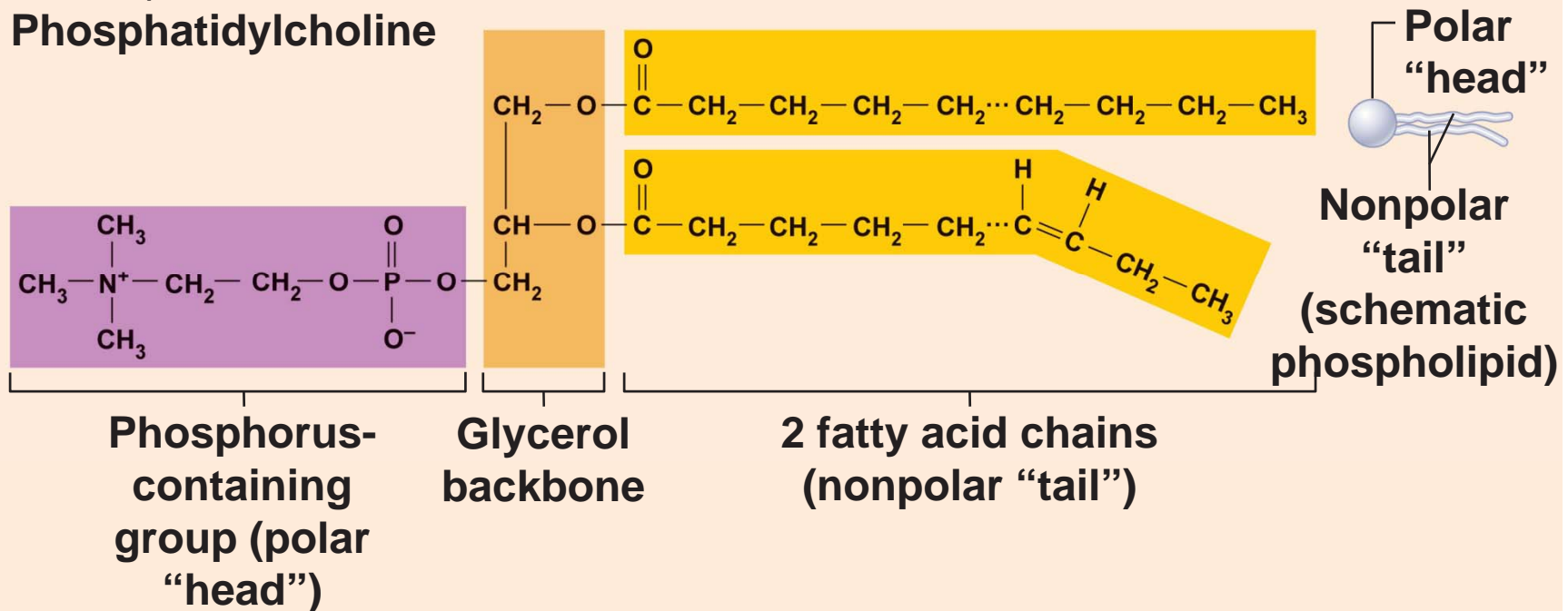


## (b) "Typical" structure of a phospholipid molecule

Two fatty acid chains and a phosphorus-containing group are attached to the glycerol backbone.

Example

### Phosphatidylcholine



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# Steroids

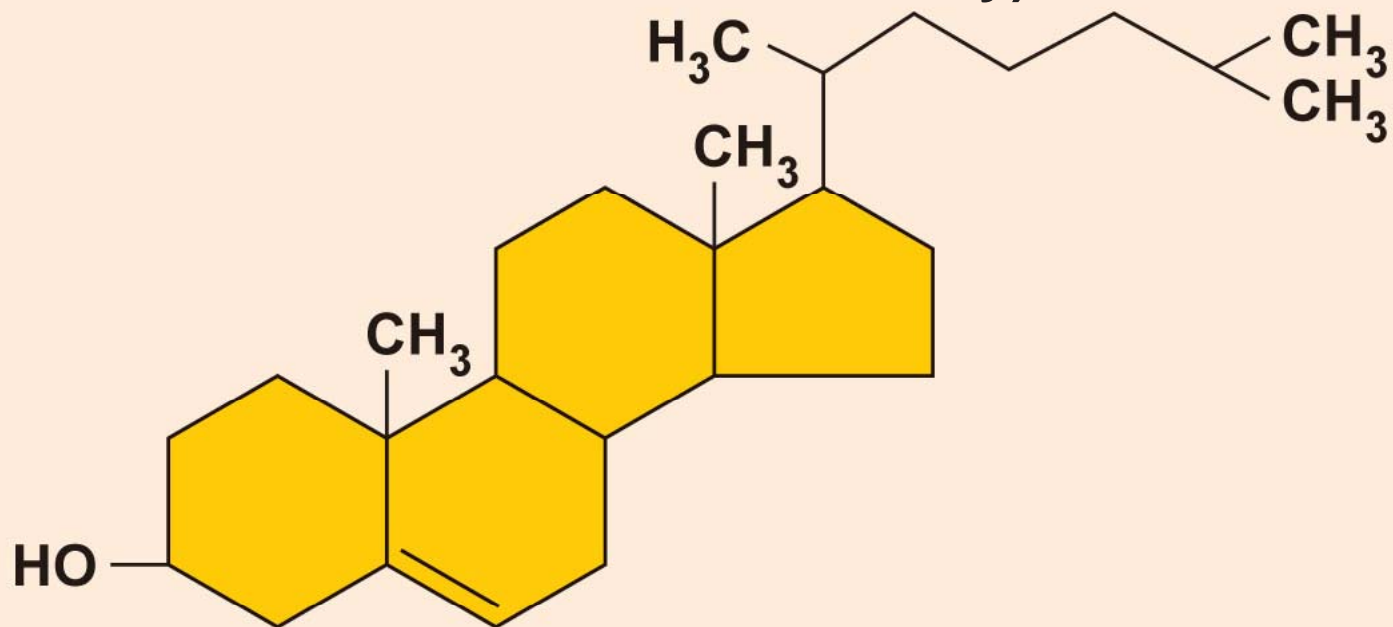
- Steroids—interlocking four-ring structure
- Cholesterol, vitamin D, steroid hormones, and bile salts

## (c) Simplified structure of a steroid

Four interlocking hydrocarbon rings form a steroid.

Example

**Cholesterol (cholesterol is the basis for all steroids formed in the body)**



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# Eicosanoids

- Many different ones
- Derived from a fatty acid (arachidonic acid) in cell membranes
- Prostaglandins

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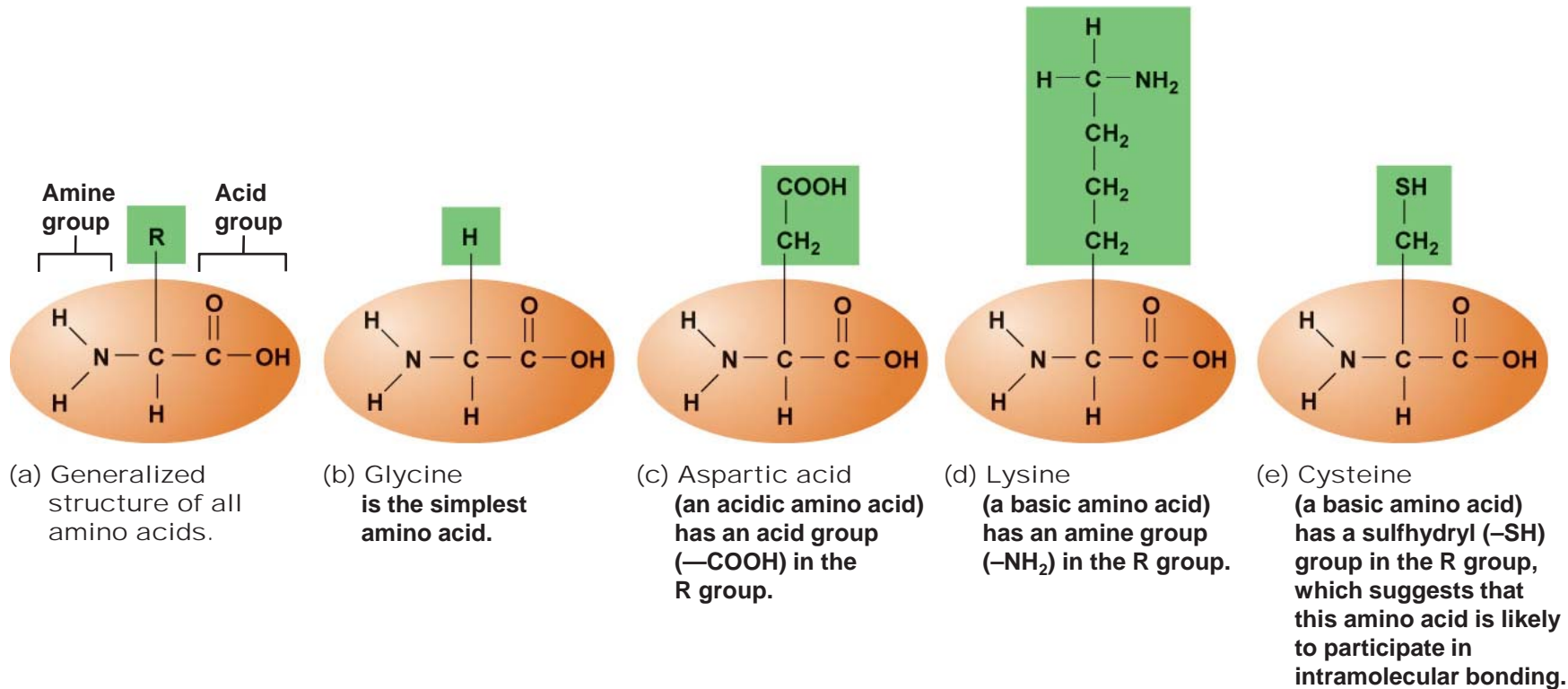
## Other Lipids in the Body

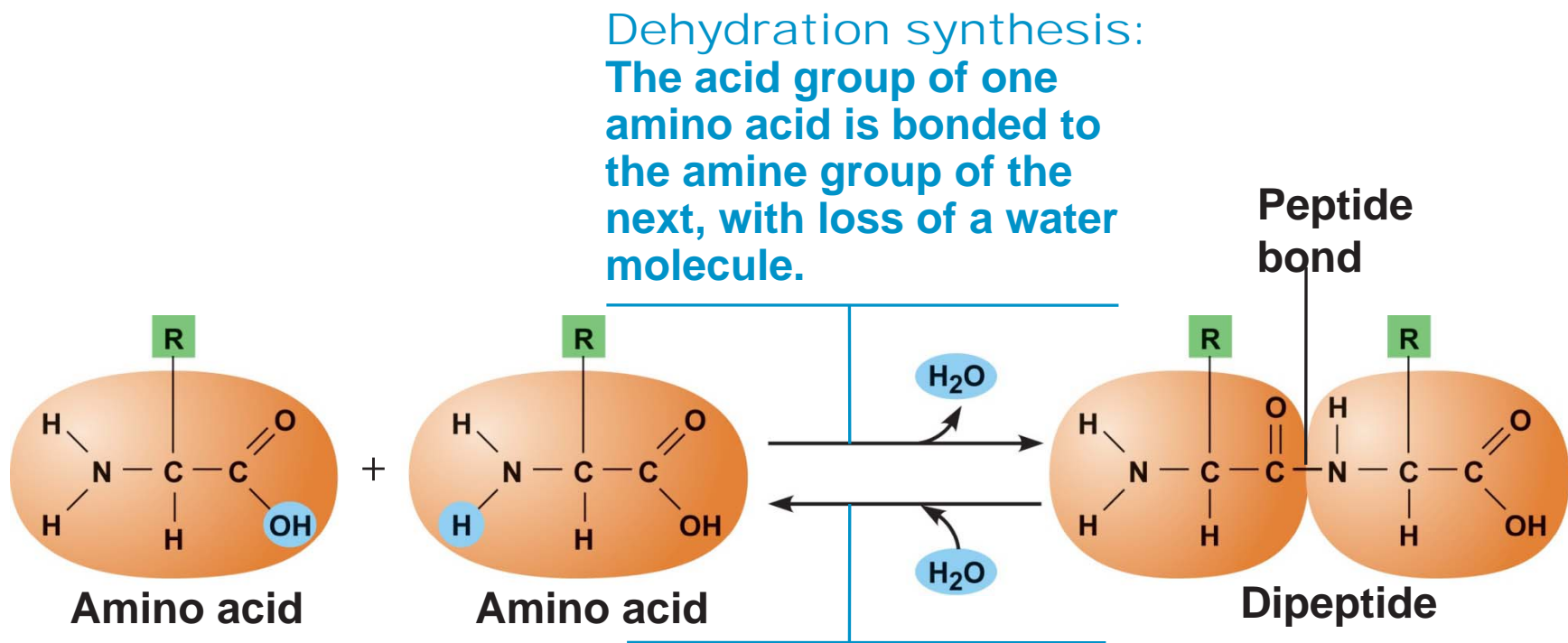
- Other fat-soluble vitamins
  - Vitamins A, E, and K
- Lipoproteins
  - Transport fats in the blood

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# Proteins

- Polymers of amino acids (20 types)
  - Joined by peptide bonds
- Contain C, H, O, N, and sometimes S and P





Hydrolysis: **Peptide bonds linking amino acids together are broken when water is added to the bond.**

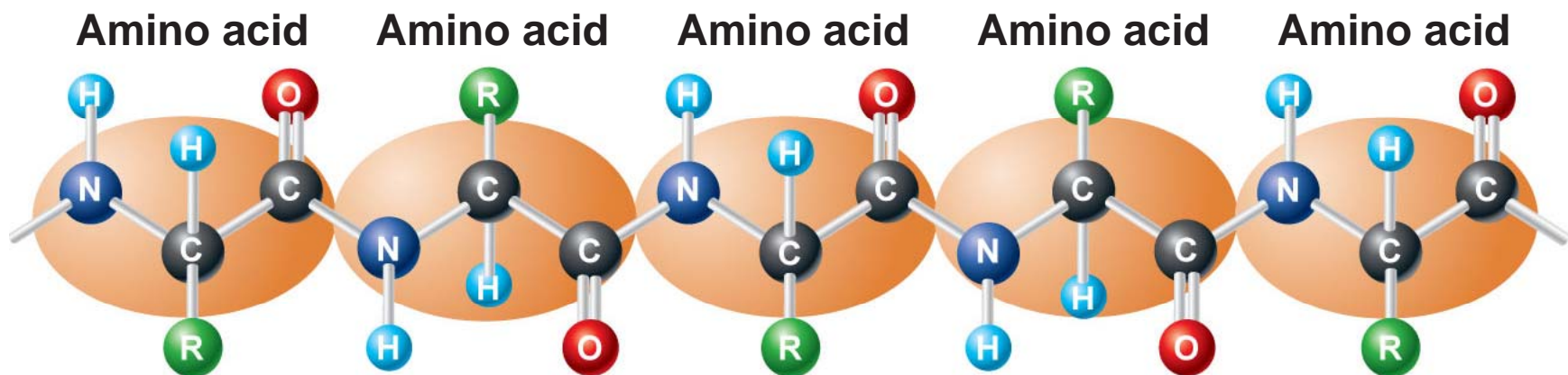


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# Structural Levels of Proteins

**PLAY**

**Animation: Introduction to Protein Structure**

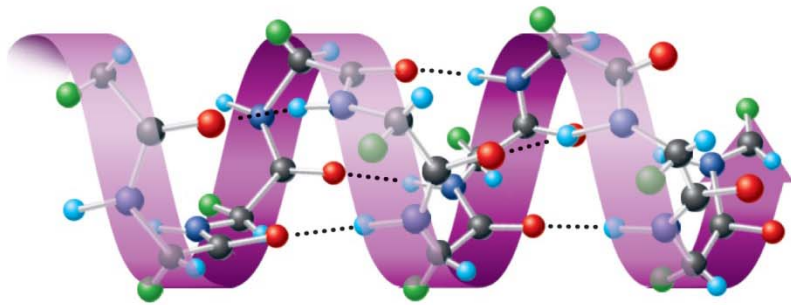


(a) Primary structure:

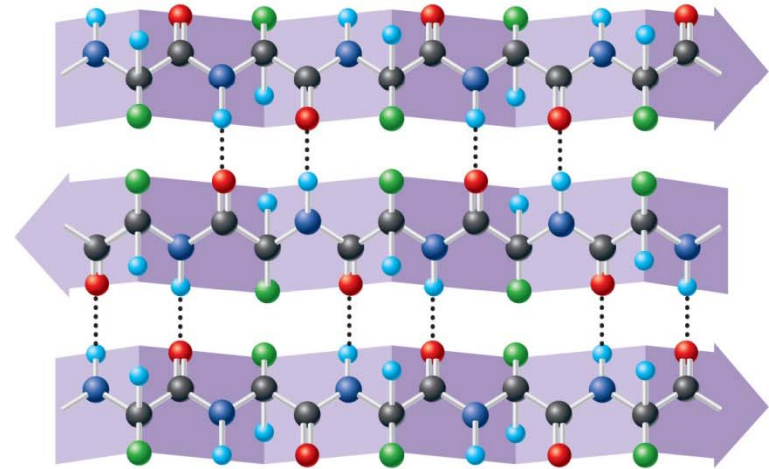
**The sequence of amino acids forms the polypeptide chain.**



**Animation: Primary Structure**



**$\alpha$ -Helix:** The primary chain is coiled to form a spiral structure, which is stabilized by hydrogen bonds.

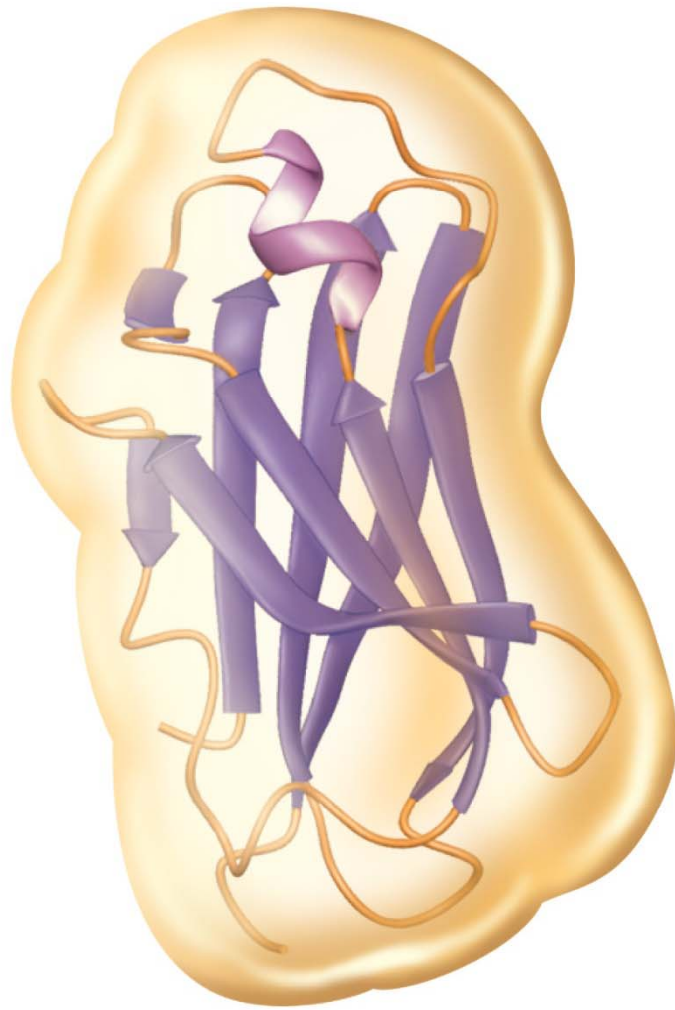


**$\beta$ -Sheet:** The primary chain “zig-zags” back and forth forming a “pleated” sheet. Adjacent strands are held together by hydrogen bonds.

(b) Secondary structure:  
The primary chain forms spirals ( $\alpha$ -helices) and sheets ( $\beta$ -sheets).

PLAY

**Animation: Secondary Structure**



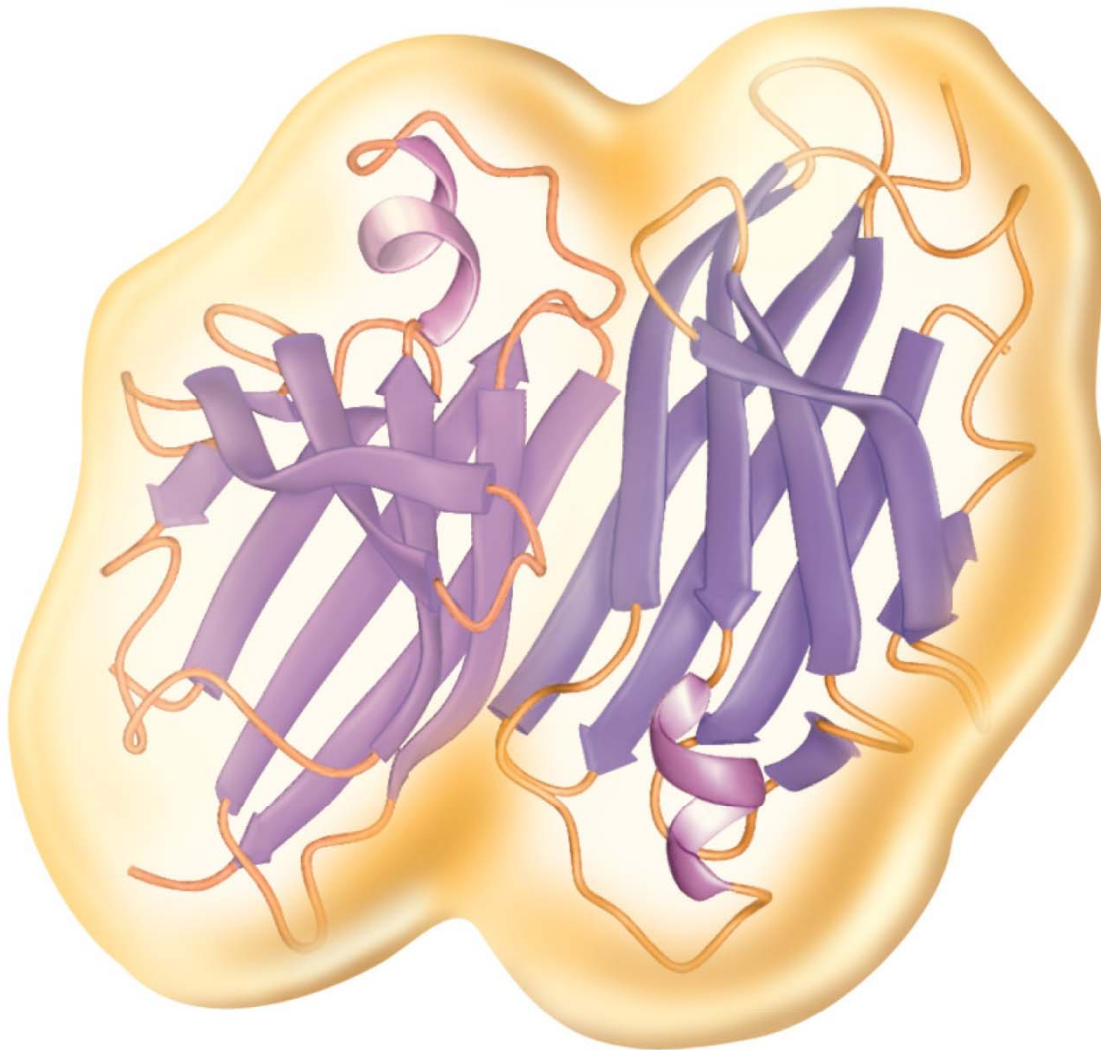
**Tertiary structure of prealbumin (transthyretin), a protein that transports the thyroid hormone thyroxine in serum and cerebrospinal fluid.**

(c) Tertiary structure:

**Superimposed on secondary structure.  $\alpha$ -Helices and/or  $\beta$ -sheets are folded up to form a compact globular molecule held together by intramolecular bonds.**

**PLAY**

**Animation: Tertiary Structure**



**Quaternary structure of a functional prealbumin molecule. Two identical prealbumin subunits join head to tail to form the dimer.**

(d) Quaternary structure:

**Two or more polypeptide chains, each with its own tertiary structure, combine to form a functional protein.**

**PLAY**

**Animation: Quaternary Structure**

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# Fibrous and Globular Proteins

- Fibrous (structural) proteins
  - Strandlike, water insoluble, and stable
  - Examples: keratin, elastin, collagen, and certain contractile fibers

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# Fibrous and Globular Proteins

- Globular (functional) proteins
  - Compact, spherical, water-soluble and sensitive to environmental changes
  - Specific functional regions (active sites)
  - Examples: antibodies, hormones, molecular chaperones, and enzymes

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# Protein Denaturation

- Shape change and disruption of active sites due to environmental changes (e.g., decreased pH or increased temperature)
- Reversible in most cases, if normal conditions are restored
- Irreversible if extreme changes damage the structure beyond repair (e.g., cooking an egg)



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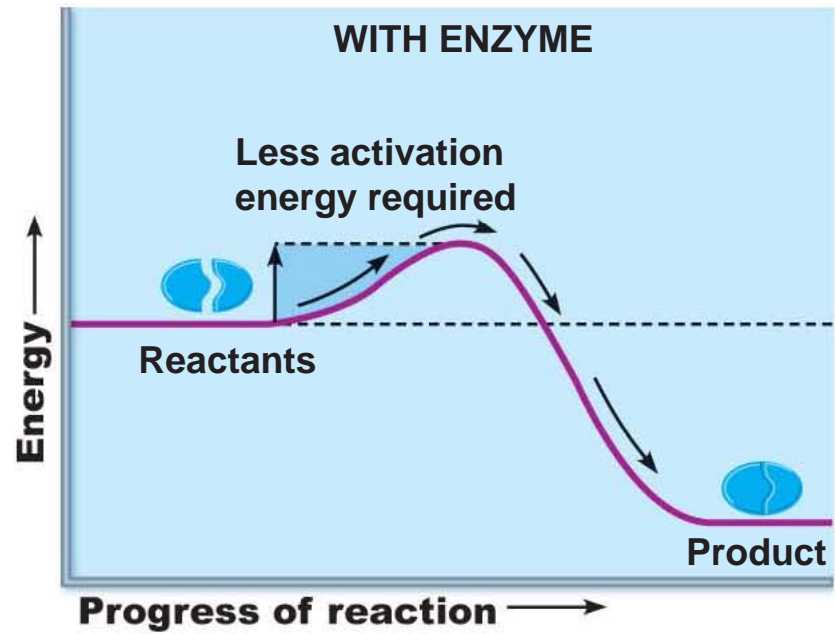
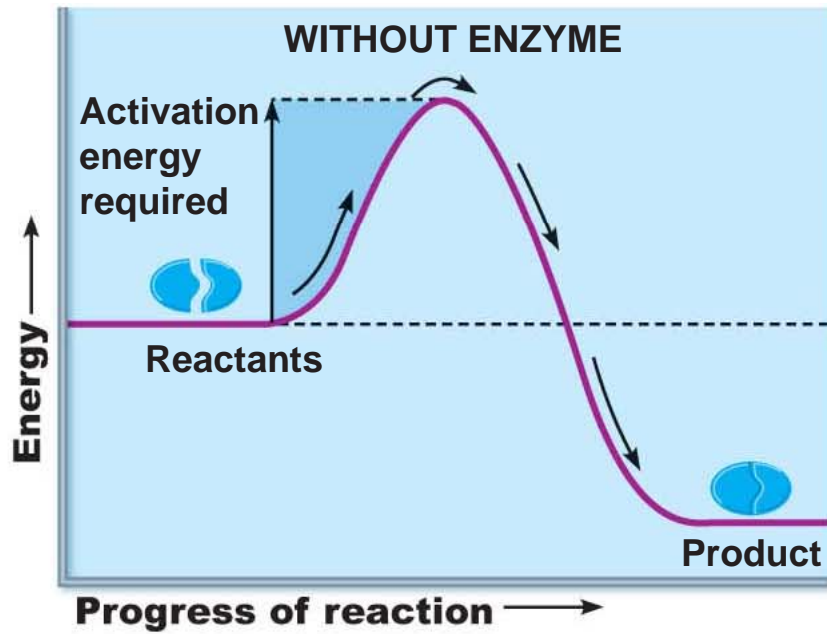
# Molecular Chaperones (Chaperonins)

- Ensure quick and accurate folding and association of proteins
- Assist translocation of proteins and ions across membranes
- Promote breakdown of damaged or denatured proteins
- Help trigger the immune response
- Produced in response to stressful stimuli, e.g., O<sub>2</sub> deprivation

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# Enzymes

- Biological catalysts
  - Lower the activation energy, increase the speed of a reaction (millions of reactions per minute!)

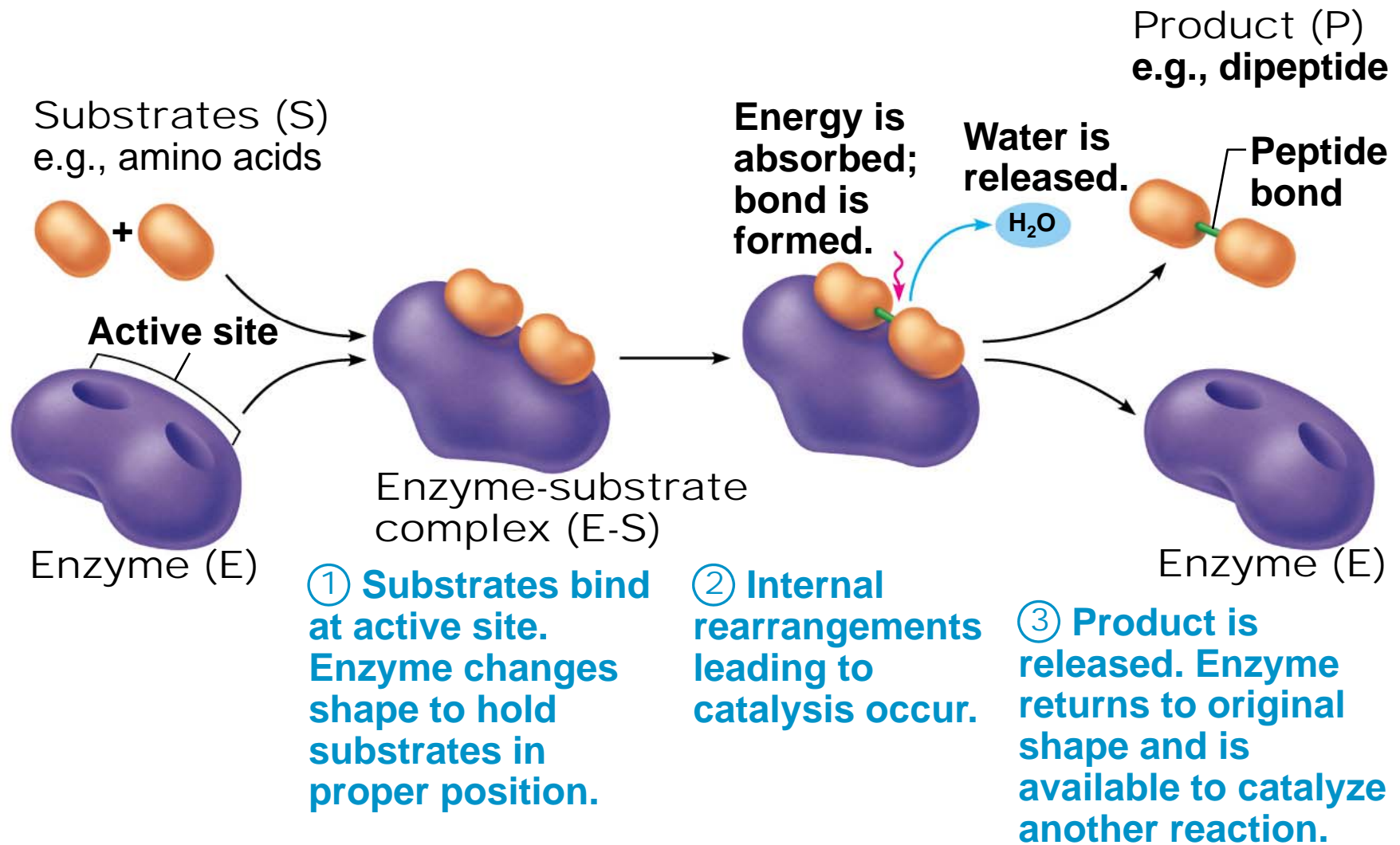


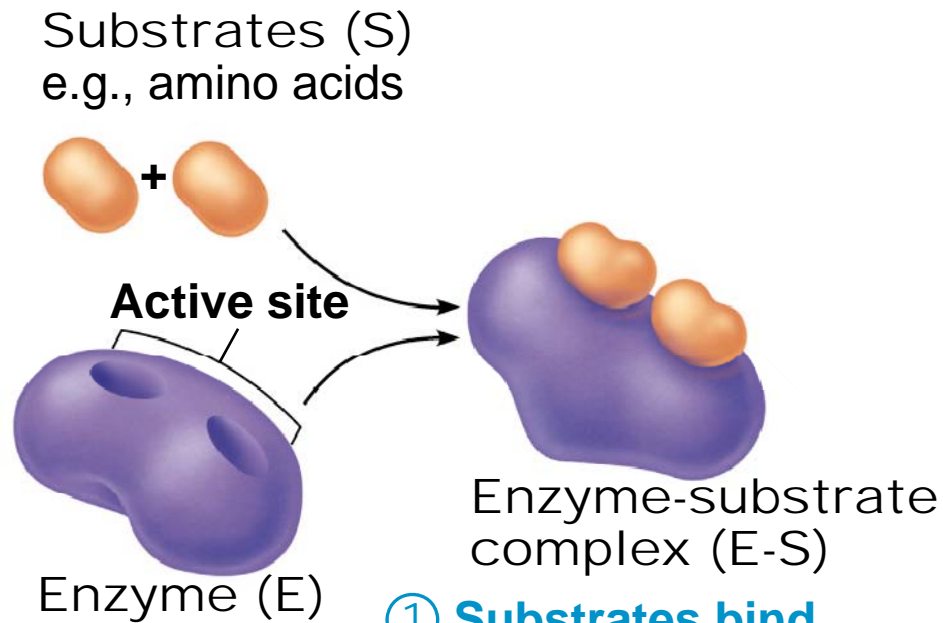
**Animation: Enzymes**

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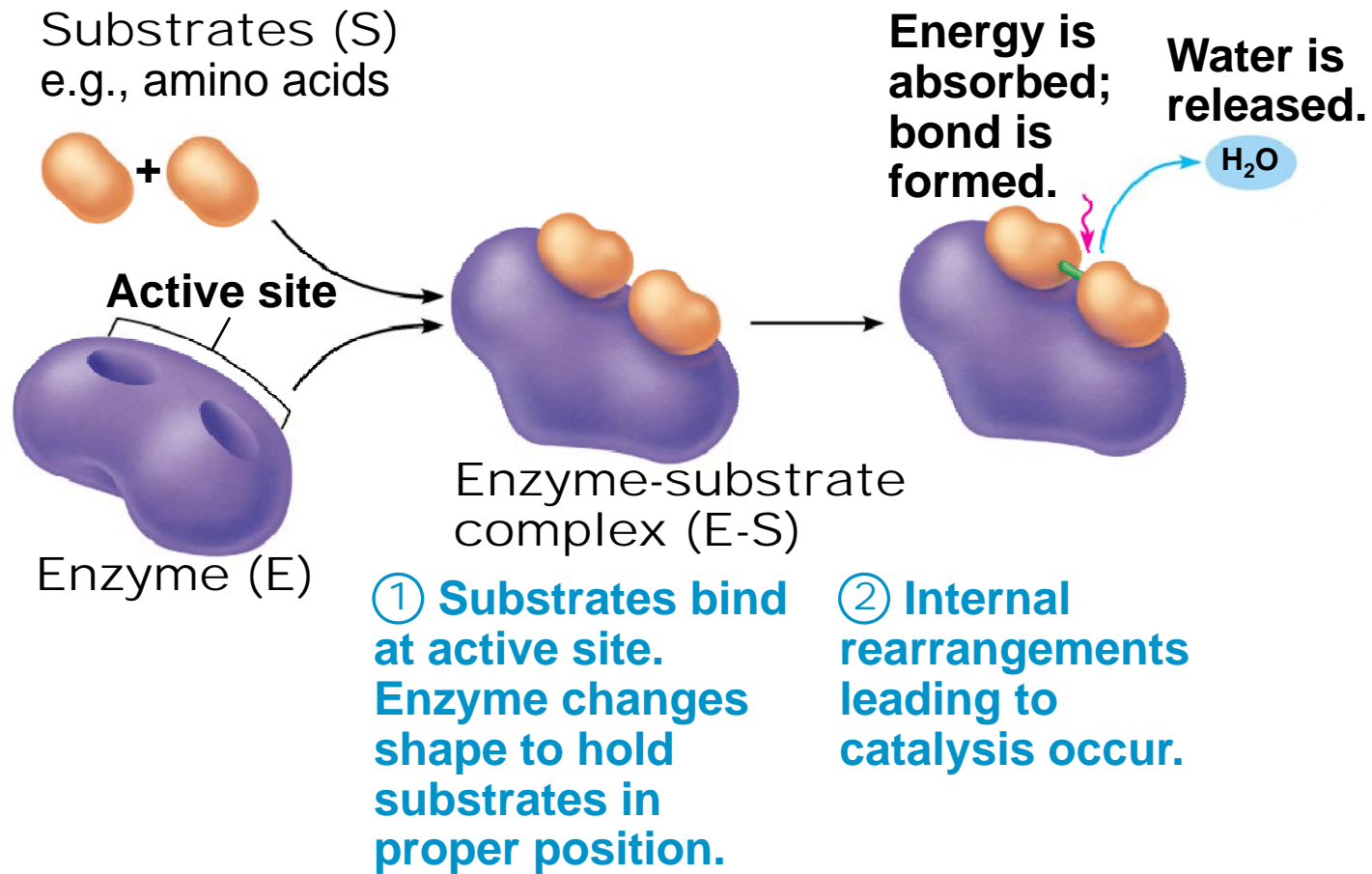
# Characteristics of Enzymes

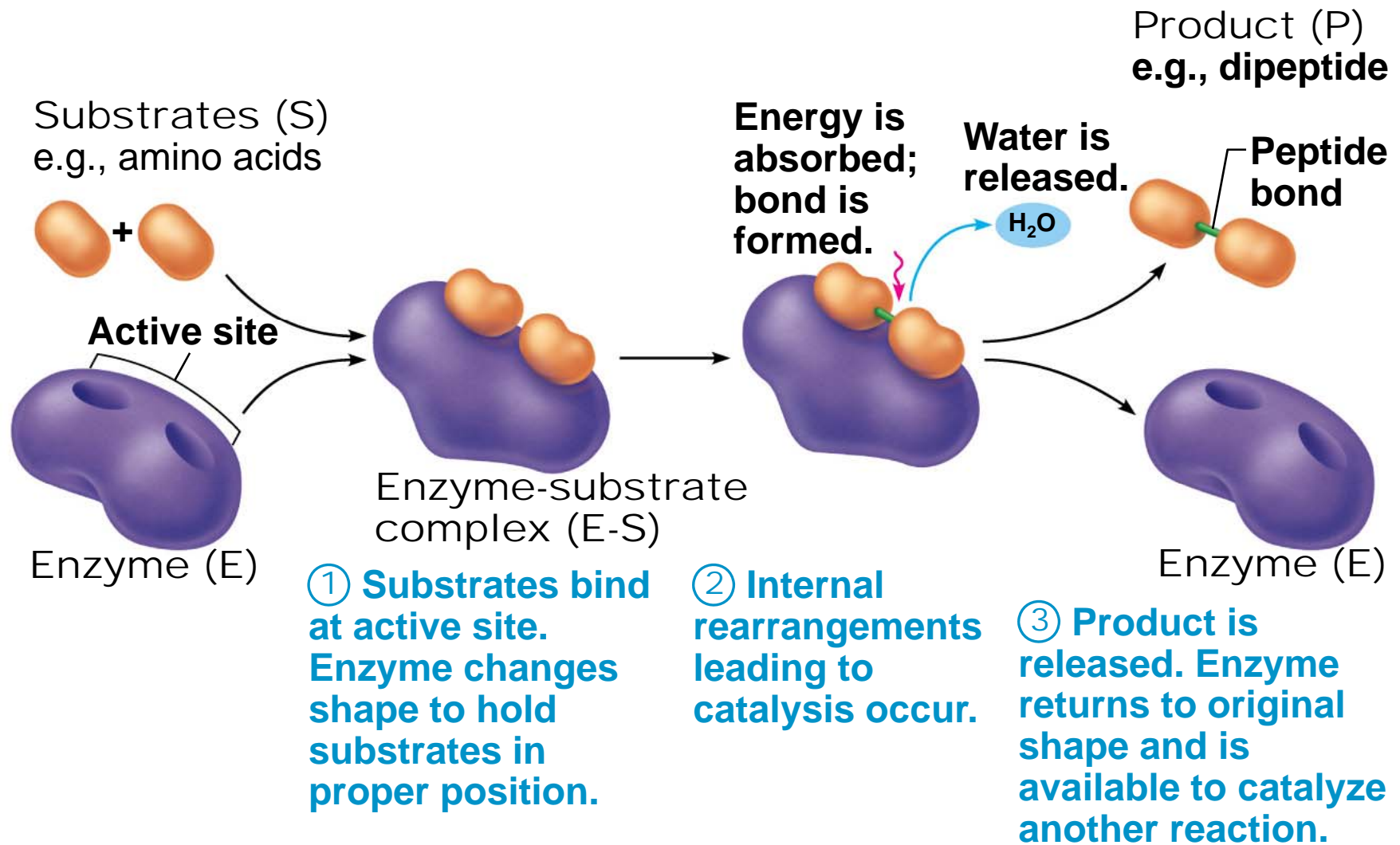
- Often named for the reaction they catalyze; usually end in *-ase* (e.g., hydrolases, oxidases)
- Some functional enzymes (holoenzymes) consist of:
  - Apoenzyme (protein)
  - Cofactor (metal ion) or coenzyme (a vitamin)





① **Substrates bind at active site. Enzyme changes shape to hold substrates in proper position.**







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# Summary of Enzyme Action

**PLAY**

**Animation: How Enzymes Work**

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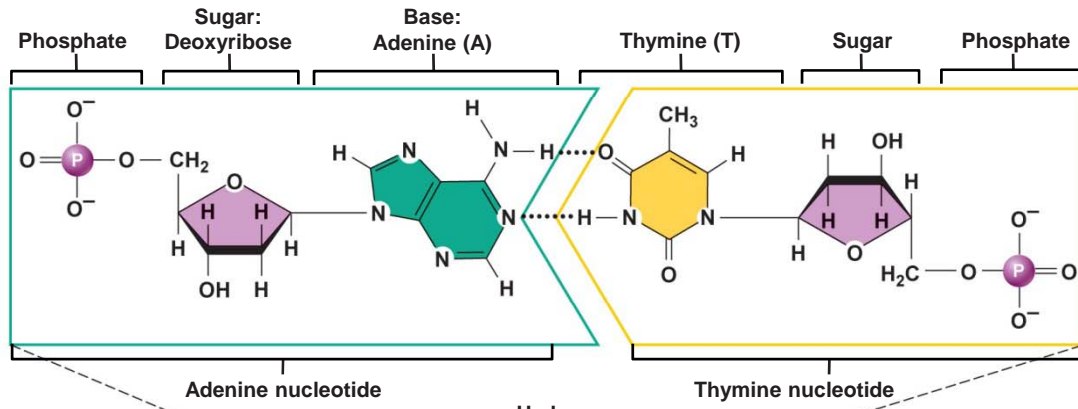
# Nucleic Acids

- DNA and RNA
  - Largest molecules in the body
- Contain C, O, H, N, and P
- Building block = nucleotide, composed of N-containing base, a pentose sugar, and a phosphate group

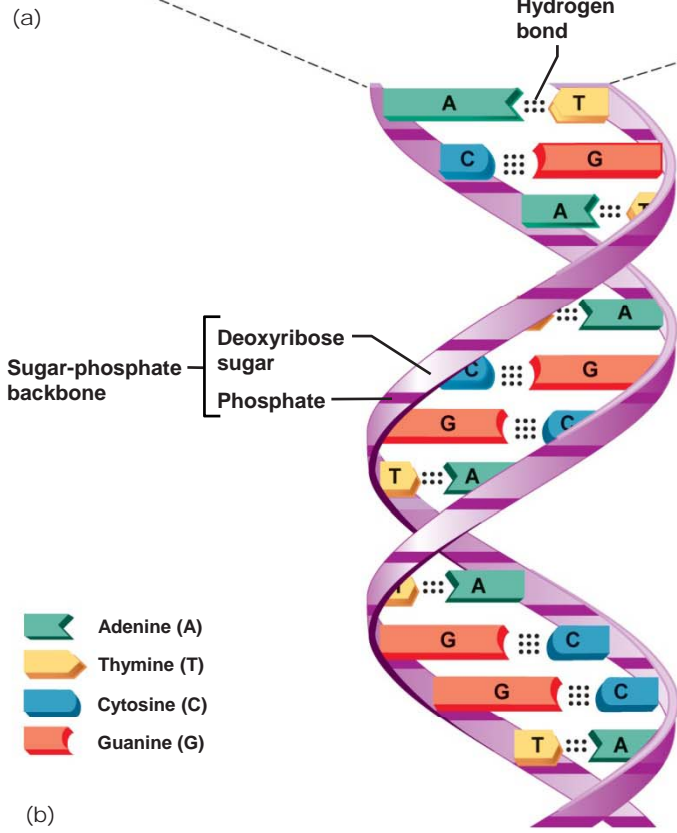
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# Deoxyribonucleic Acid (DNA)

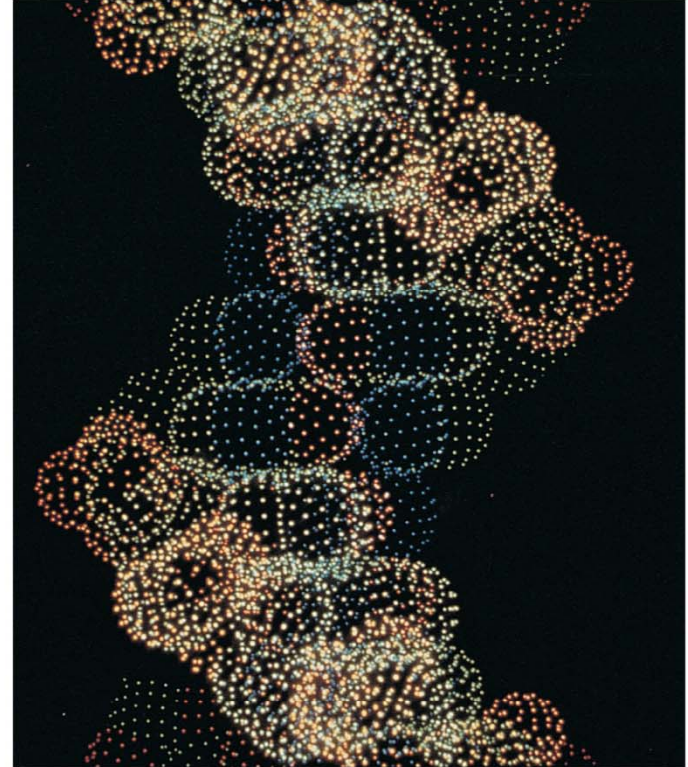
- Four bases:
  - adenine (A), guanine (G), cytosine (C), and thymine (T)
- Double-stranded helical molecule in the cell nucleus
- Provides instructions for protein synthesis
- Replicates before cell division, ensuring genetic continuity



(a)



(b)



(c) Computer-generated image of a DNA molecule

# Ribonucleic Acid (RNA)

- Four bases:
  - adenine (A), guanine (G), cytosine (C), and uracil (U)
- Single-stranded molecule mostly active outside the nucleus
- Three varieties of RNA carry out the DNA orders for protein synthesis
  - messenger RNA, transfer RNA, and ribosomal RNA

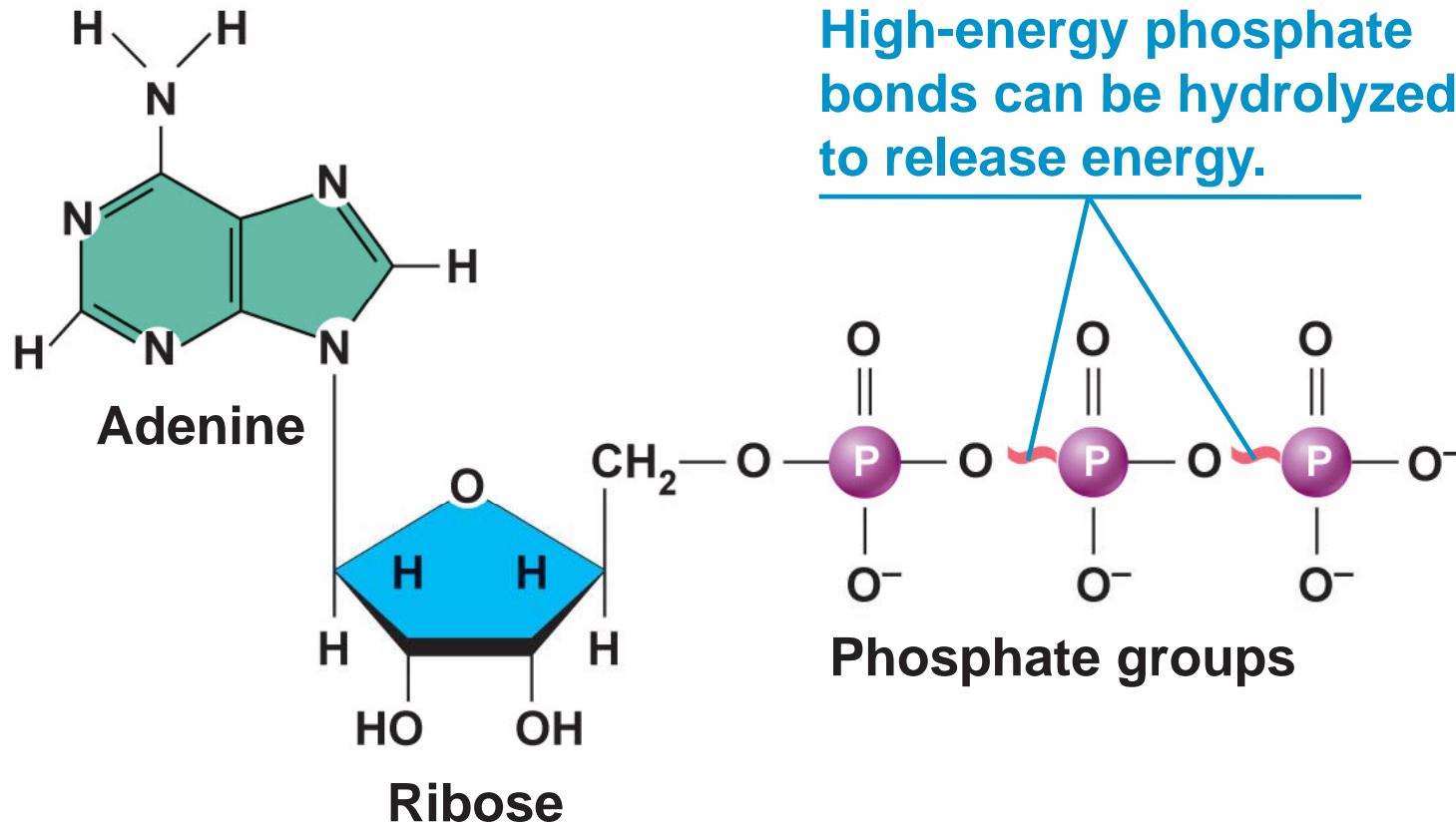
**PLAY**

**Animation: DNA and RNA**

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# Adenosine Triphosphate (ATP)

- Adenine-containing RNA nucleotide with two additional phosphate groups



┌ Adenosine ─────────┐

┌ Adenosine monophosphate (AMP) ─┐

┌ Adenosine diphosphate (ADP) ─────────┐

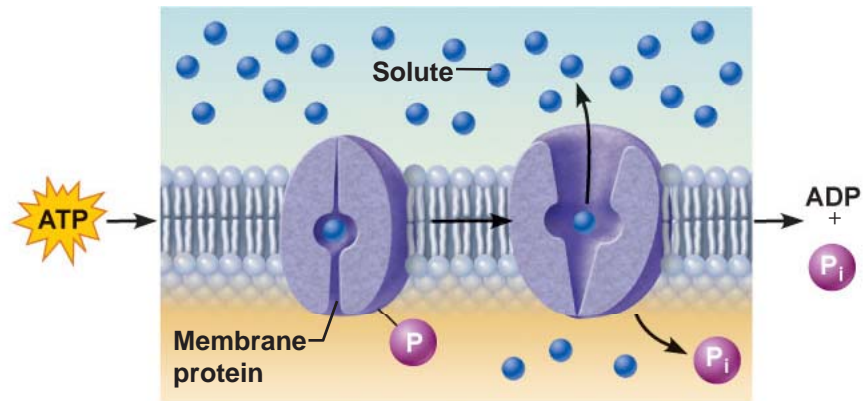
┌ Adenosine triphosphate (ATP) ───────────┐

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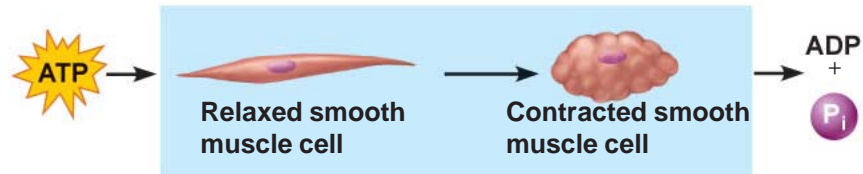
# Function of ATP

- Phosphorylation:
  - Terminal phosphates are enzymatically transferred to and energize other molecules
  - Such “primed” molecules perform cellular work (life processes) using the phosphate bond energy

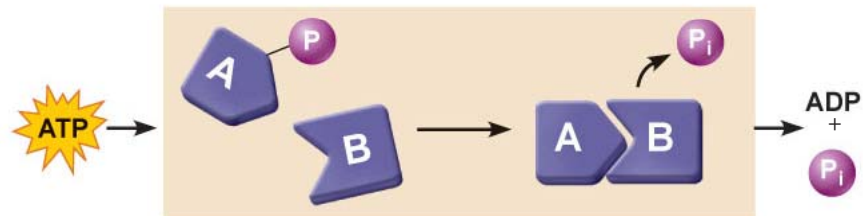




(a) Transport work: **ATP phosphorylates transport proteins, activating them to transport solutes (ions, for example) across cell membranes.**



(b) Mechanical work: **ATP phosphorylates contractile proteins in muscle cells so the cells can shorten.**



(c) Chemical work: **ATP phosphorylates key reactants, providing energy to drive energy-absorbing chemical reactions.**