

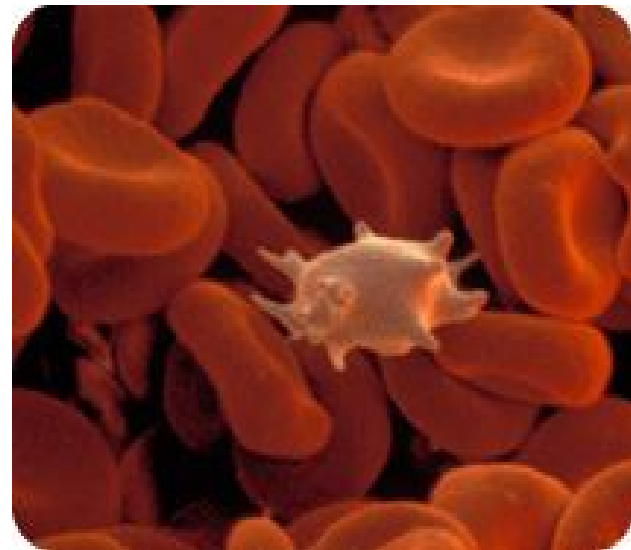
# Hemostasis

hemo= blood +stasis = stop, cease

Hemostasis is the maintenance of circulating blood in the liquid state and retention of blood in the vascular system by preventing blood loss

**THE BODY'S RESPONSE IS FAST, LOCALIZED, CONTROLLED**  
**IT INVOLVES MANY COAGULATION FACTORS AND**  
**THREE SEQUENTIAL STEPS**

- 1. VASCULAR SPASM**
- 2. PLATELET PLUG FORMATION**
- 3. COAGULATION**



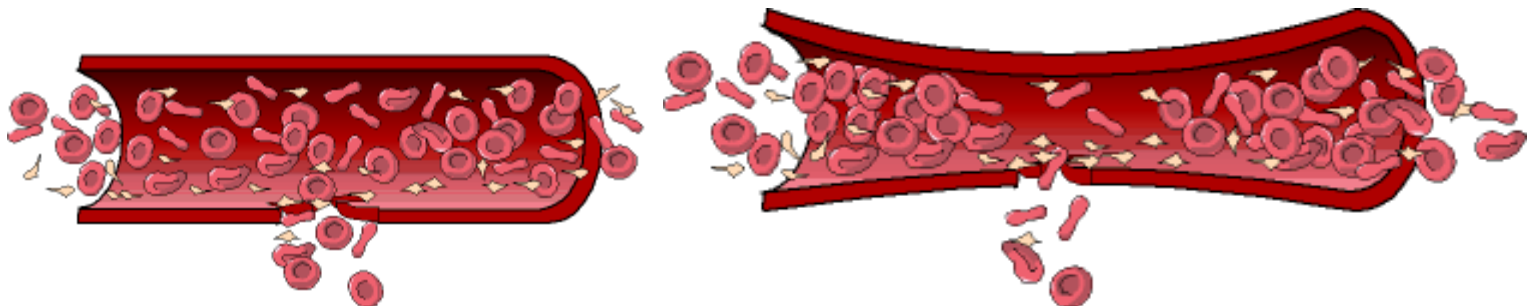
# VASCULAR SPASM

Immediate response is constriction of damaged blood vessels due to...

- **Direct injury to vascular smooth muscle**
- **Chemicals released by the endothelial cells and platelets**

**The more tissue damage the greater the response**  
(positive feedback system)

**This reflex allows time for the platelet plug to form and clotting to occur**

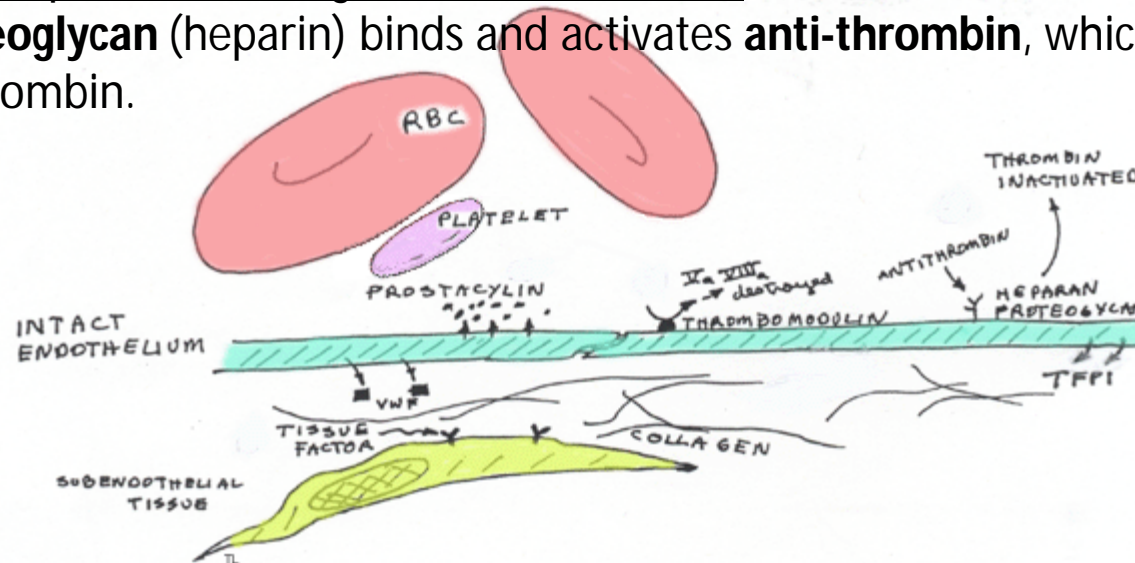


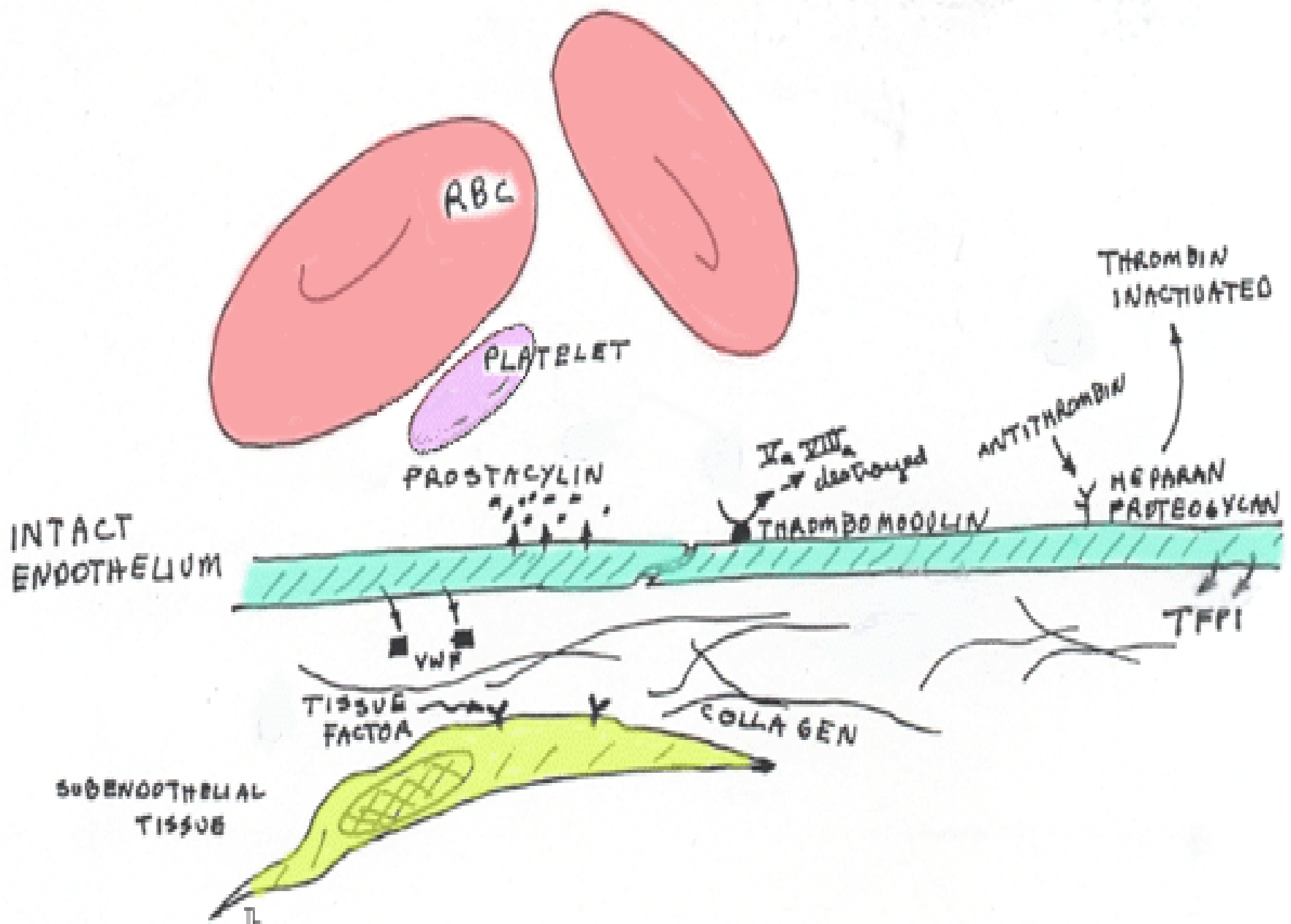
# Intact Endothelium

When the endothelium is intact and healthy, a clot should not form.

A number of factors keep a clot from forming under these circumstances.

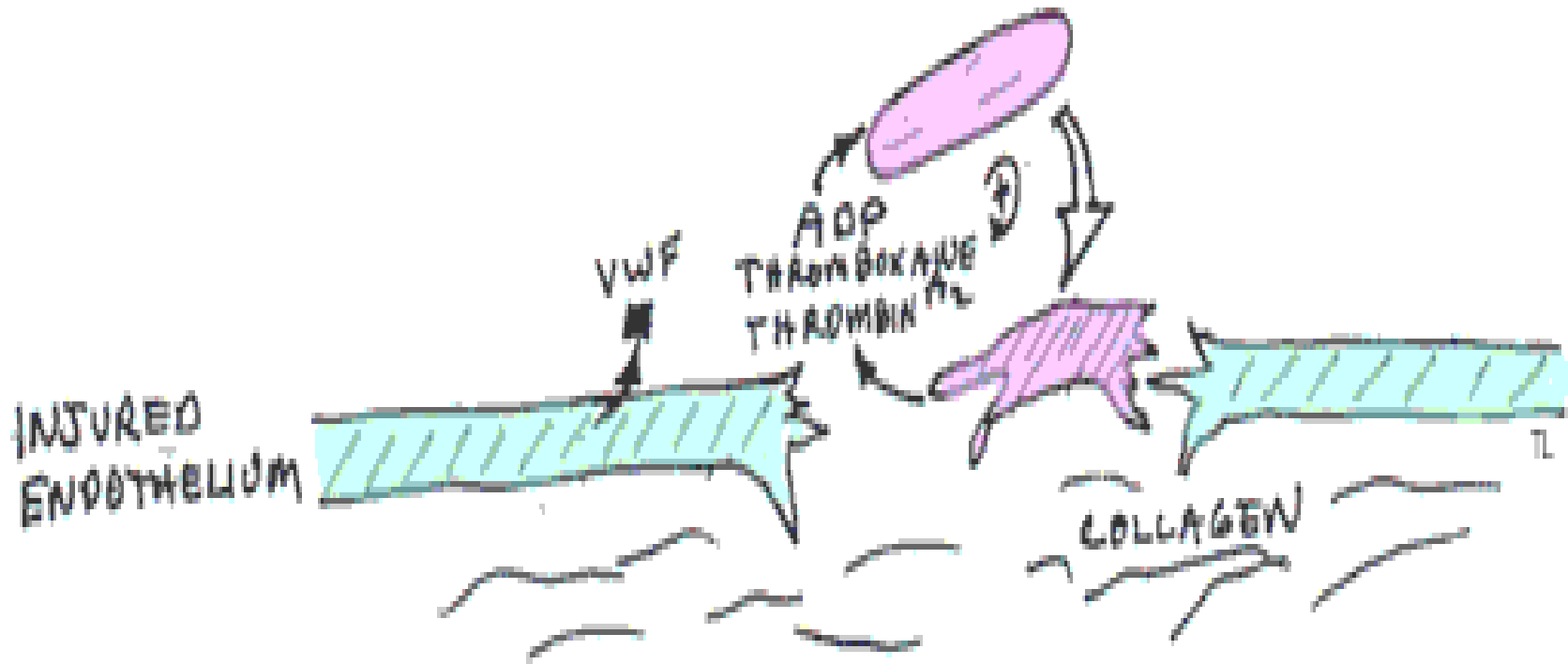
- **Collagen, tissue factor** and **VWF** remain out of contact the blood due to the intact endothelium.
- **Prostacyclin** (prostaglandin I<sub>2</sub>) is synthesized by the intact endothelium and prevents platelet activation.
- **Nitric oxide** is also released under these conditions, which keeps the blood vessels dilated
- **TFPI** (tissue factor pathway inhibitor, which is released from the endothelium, binds to tissue factor and keeps it inactive.
- **Thrombomodulin** binds thrombin and protein C, which activates protein C, which in turn inactivates important clotting factors in the blood.
- **heparan proteoglycan** (heparin) binds and activates **anti-thrombin**, which in turn inactivates thrombin.

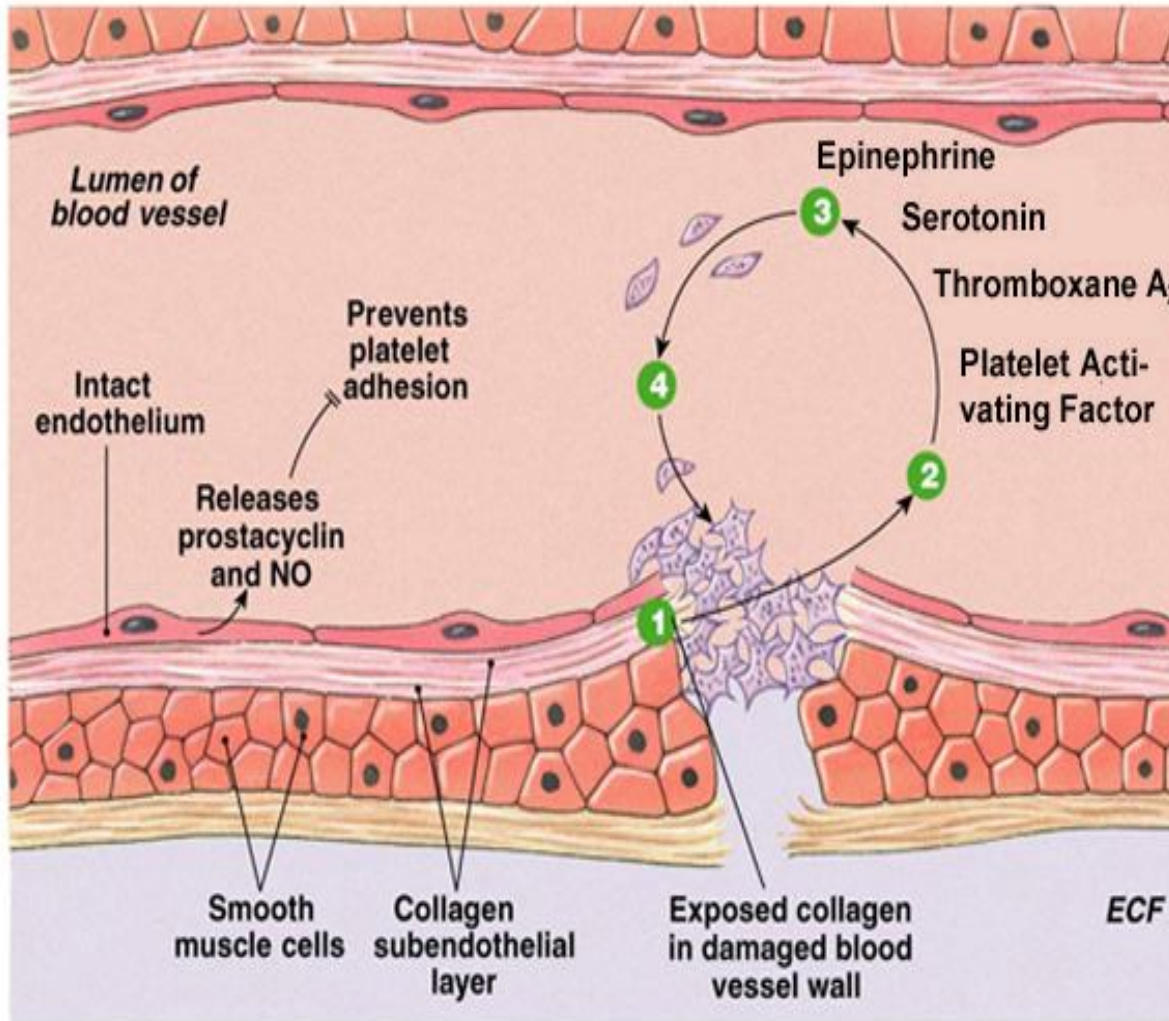




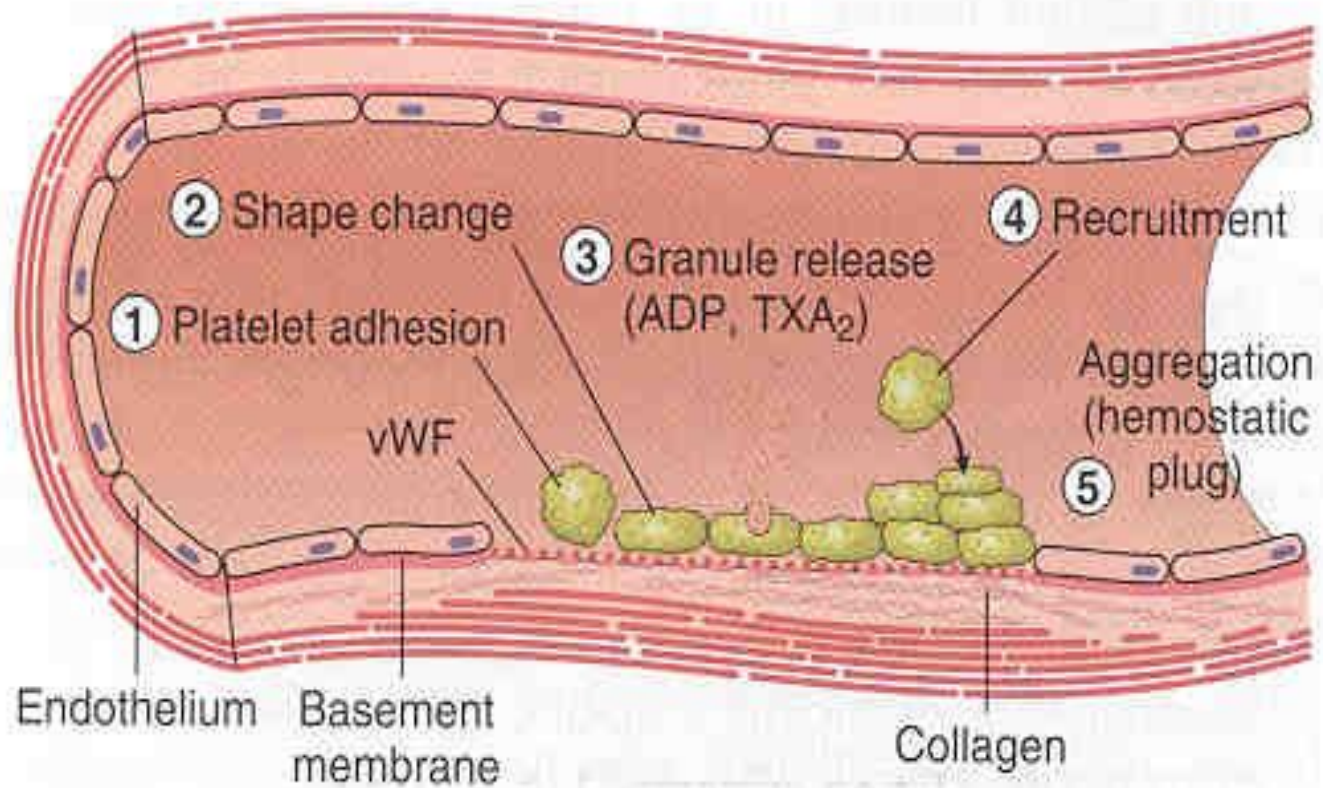
# Platelet Plug Starts to Form

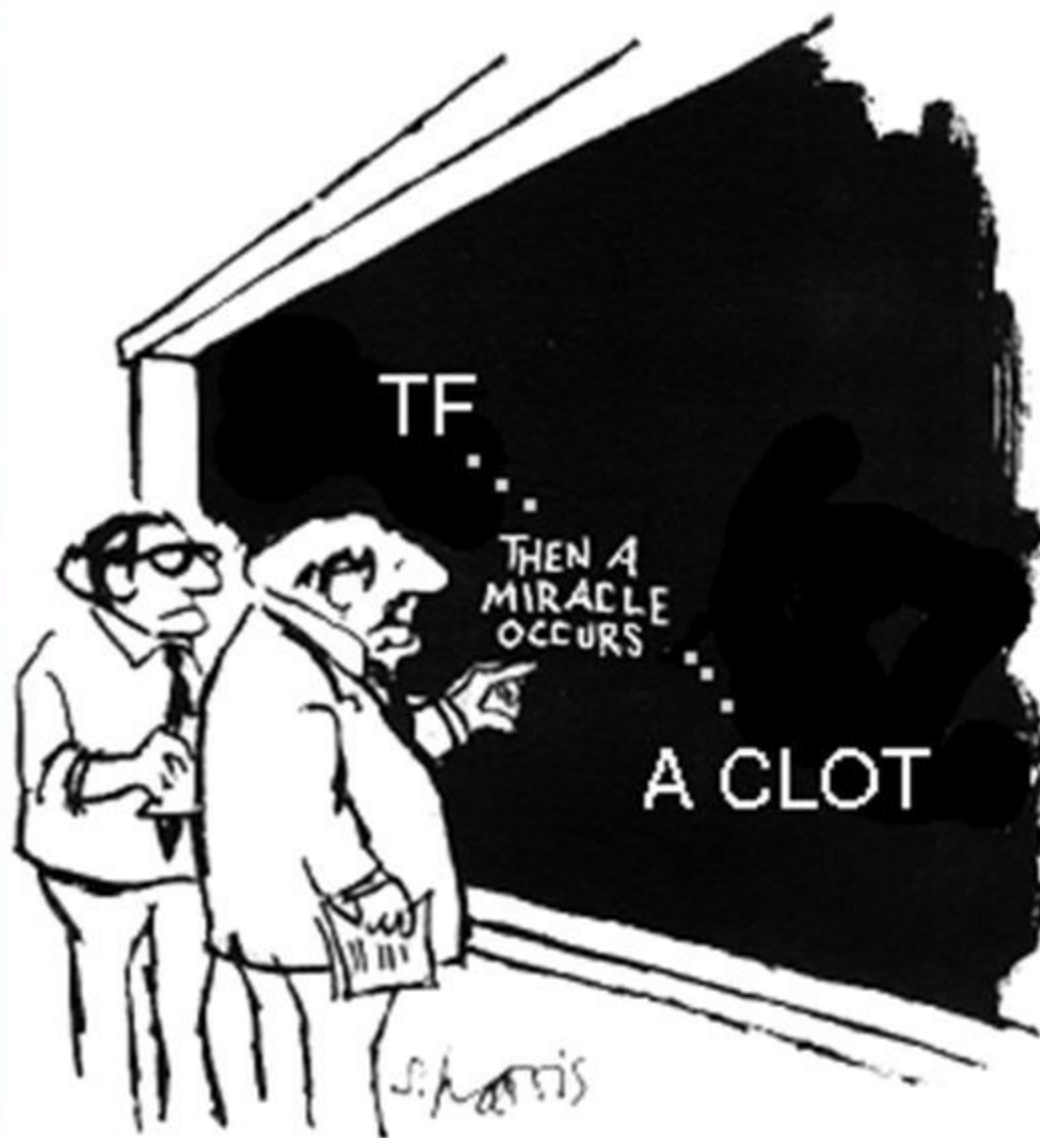
A break in the endothelium allows platelets to contact collagen and the other factors that activate platelets. Platelets begin adhering to one another and the subendothelial tissue via **fibrinogen and VWF receptors**. If the break is small, this **platelet plug** may be adequate to seal the break.





## B. PRIMARY HEMOSTASIS





"I think you should be more explicit here in step two."

**A good model should also be complicated enough to reflect the realities of the biological system.**

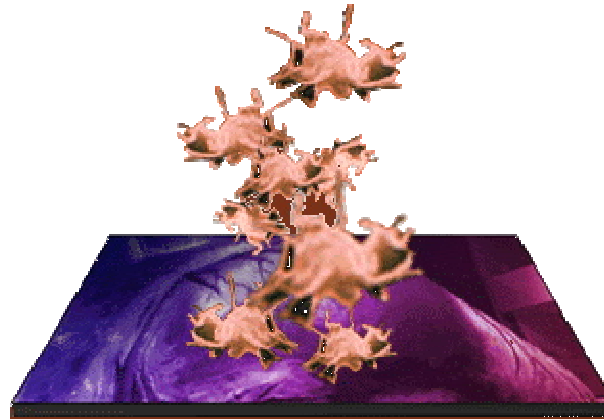
With apologies to Sidney Harris.



Platelets remain disc shaped and inert in a normal environment, when epithelium is disrupted

Exposing collagen, platelets become ACTIVATED the following sequence occurs...

- ADHESION
- ACTIVATION
- PRIMARY AGGREGATION
- SECRETION
- SECONDARY AGGREGATION

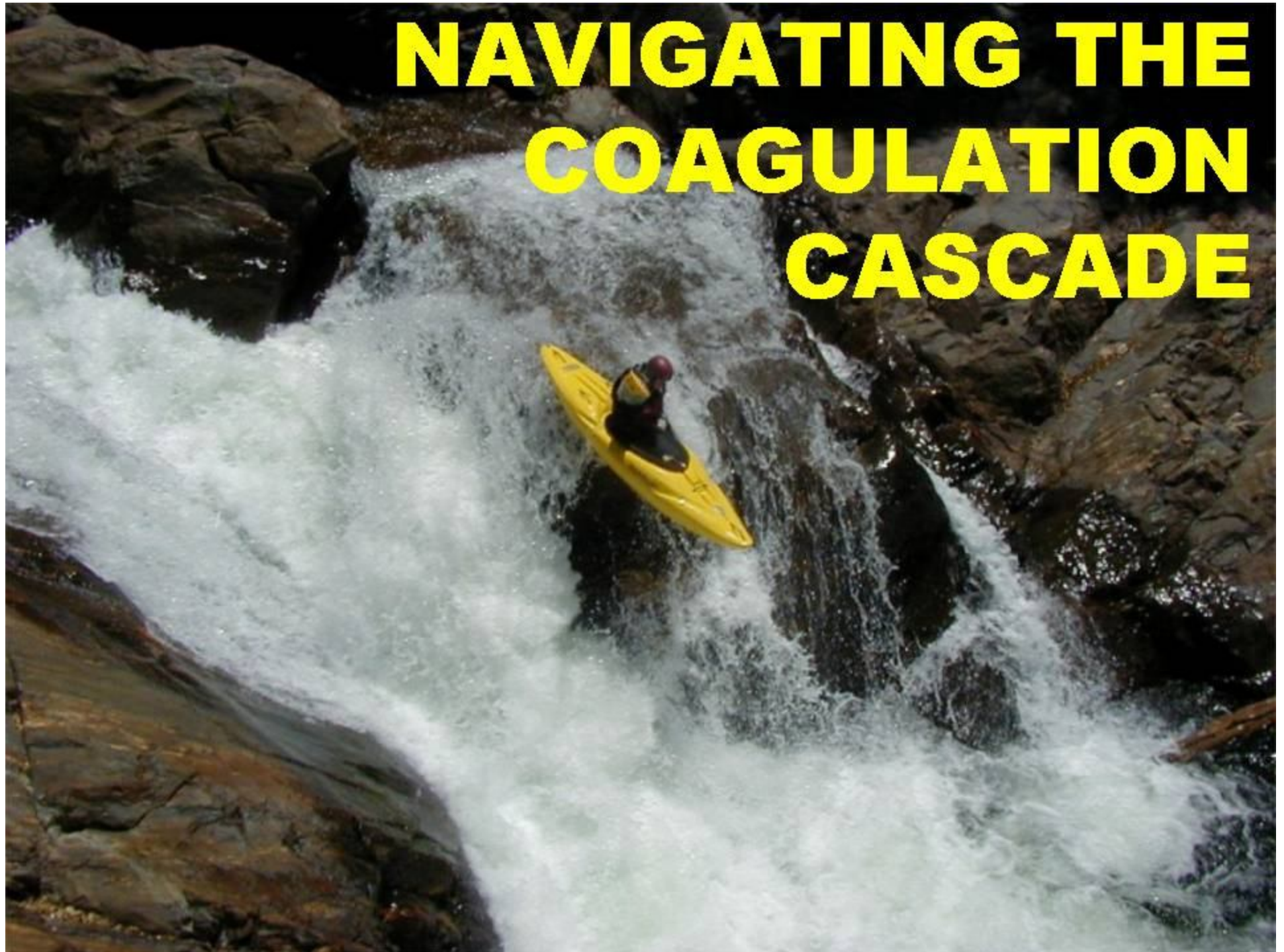


Factors that will cause platelet activation are:

- Exposure to **collagen** from vascular injury
- **ADP** (causes the platelet membrane to shift and expose receptor sites)
- **Platelet activation factor** (released by monocytes and macrophages)
- **Thrombin** ( is activated prothrombin)
- **Epinephrine** (platelet aggregation)
- **Thromboxane A** (prostiglandin=platelet aggregation)



# NAVIGATING THE COAGULATION CASCADE



# COAGULATION IS A MULTISTEP PROCESS

## GOAL:

IS TO SEAL THE BREAK IN THE BLOOD VESSEL WALL WITH A FIBRIN MESH TO ALLOW PERMANENT REPAIR OF VESSEL WALL TO OCCUR

## OVER 30 DIFFERENT SUBSTANCES INVOLVED:

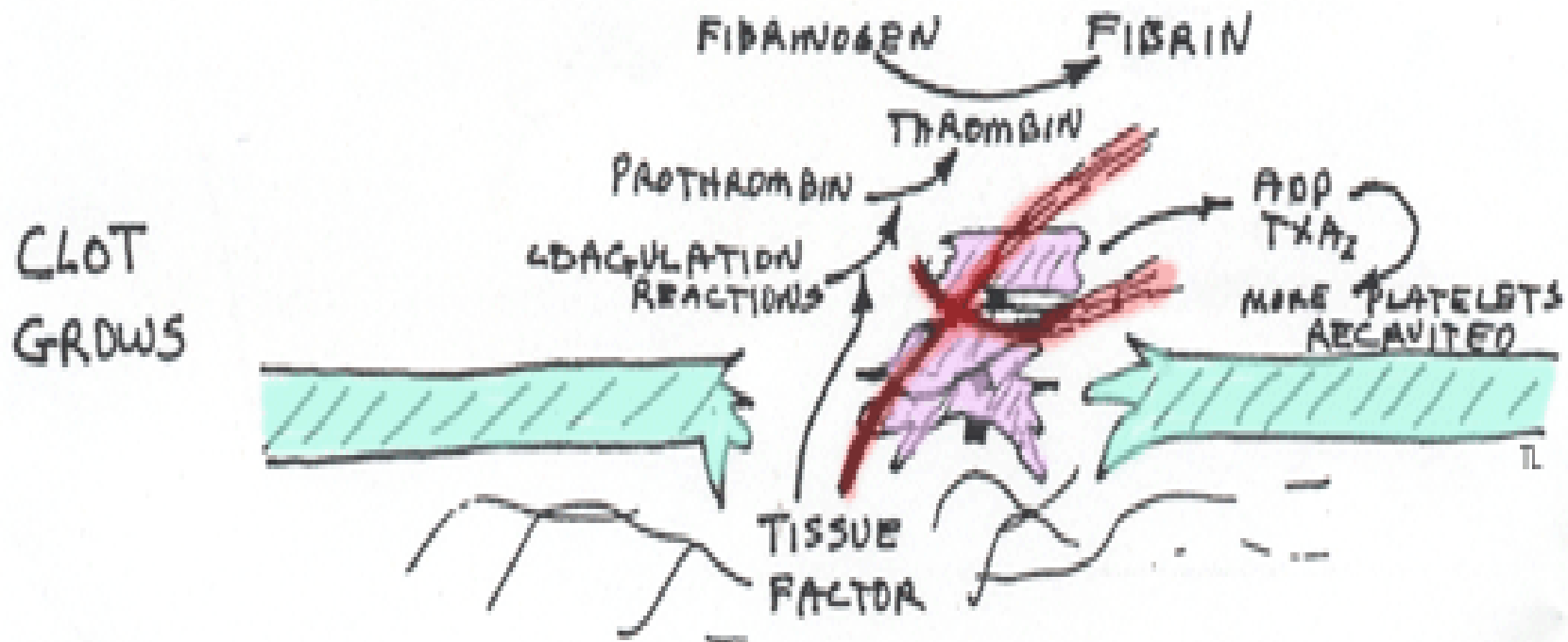
FACTORES THAT ENHANCE CLOTTING FORMATION ARE CALLED PROCOAGULANTS FACTORS THAT INHIBIT CLOTTING ARE CALLED ANTICOAGULANTS

NOTE: THERE IS MORE ANTICOAGULANTS THAN COAGULANTS AND CLOTTING IS PREVENTED.

WHEN VESSELS RUPTURE PROCOAGULANT ACTIVITY INCREASES DRAMATICALLY TO PREVENT BLOOD LOSS.

# Coagulation Reactions Begin at Surface of Platelet

Coagulation reactions begin occurring more rapidly since tissue factor is exposed and the surface of activated platelets provides the environment for the activation of the cascade that ultimately converts prothrombin to thrombin. The developing clot consists of interlaced fibrin fibrils and activated platelets.



Means for releasing stored products  
Calcium storage and release

Membrane Open  
Canalicular System

Glycocalyx

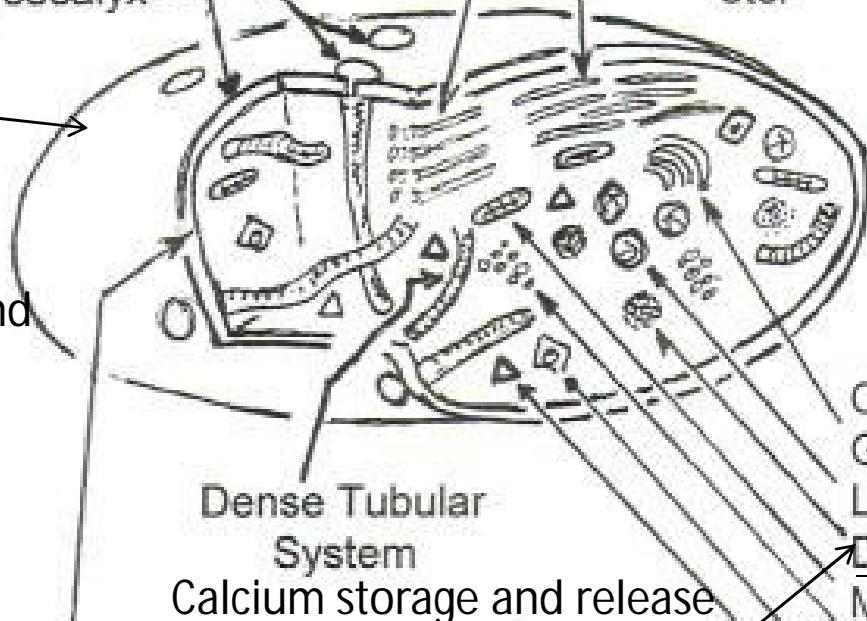
Sol-Gel Form pseudopods

Microtubules  
Cytoskeleton Proteins

Actin  
Myosin  
etc. Cause platelet contraction

Receptor sites for:

Fibrinogen, fibronectin  
vonWillebrand F, epinephrine  
thrombin ,ADP, serotonin.  
platelet factors PF1-PF7 &  
coagulation FV and VIII are found  
on membrane



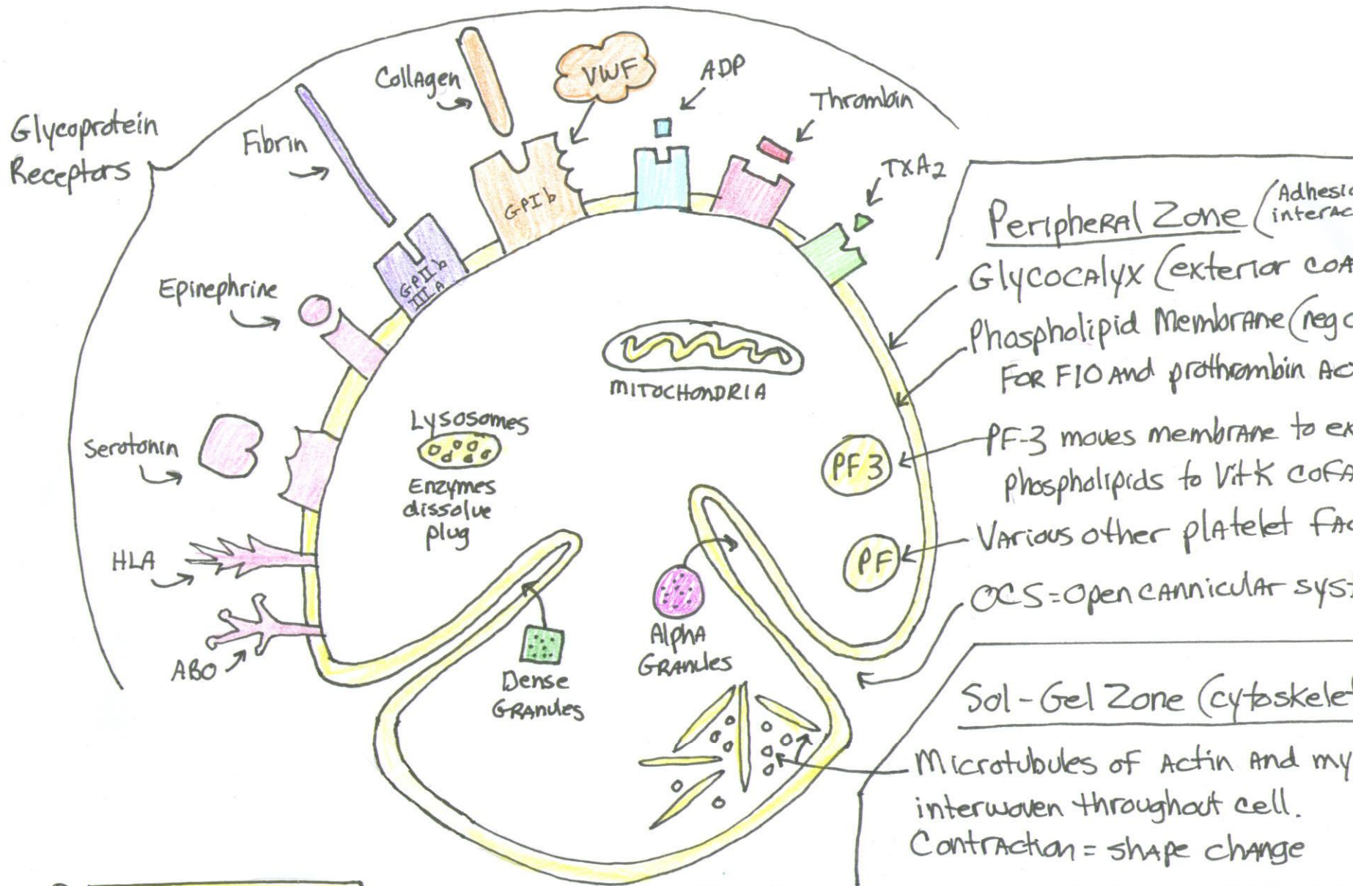
Dense Tubular System  
Calcium storage and release

Organelles  
Golgi Body  
Lysosomes  
Dense Bodies  
Mitochondria  
Glycogen  
 $\alpha$  - Granules  
Other Granules

Submembrane Filament  
Contains Glycoprotein Ib,  
Receptor for vWF & Glycoprotein IIa/IIa  
Receptor for fibrinogen

Contain ADP, Serotonin,  
Epinephrine, Calcium

Contains Platelet fact.1-7, platelet derived growth factor, fibrinogen, vWF, Factor V, B-thromboglobulin, fibronectin, Plasminogen, proteinS, IgG, thrombospondin

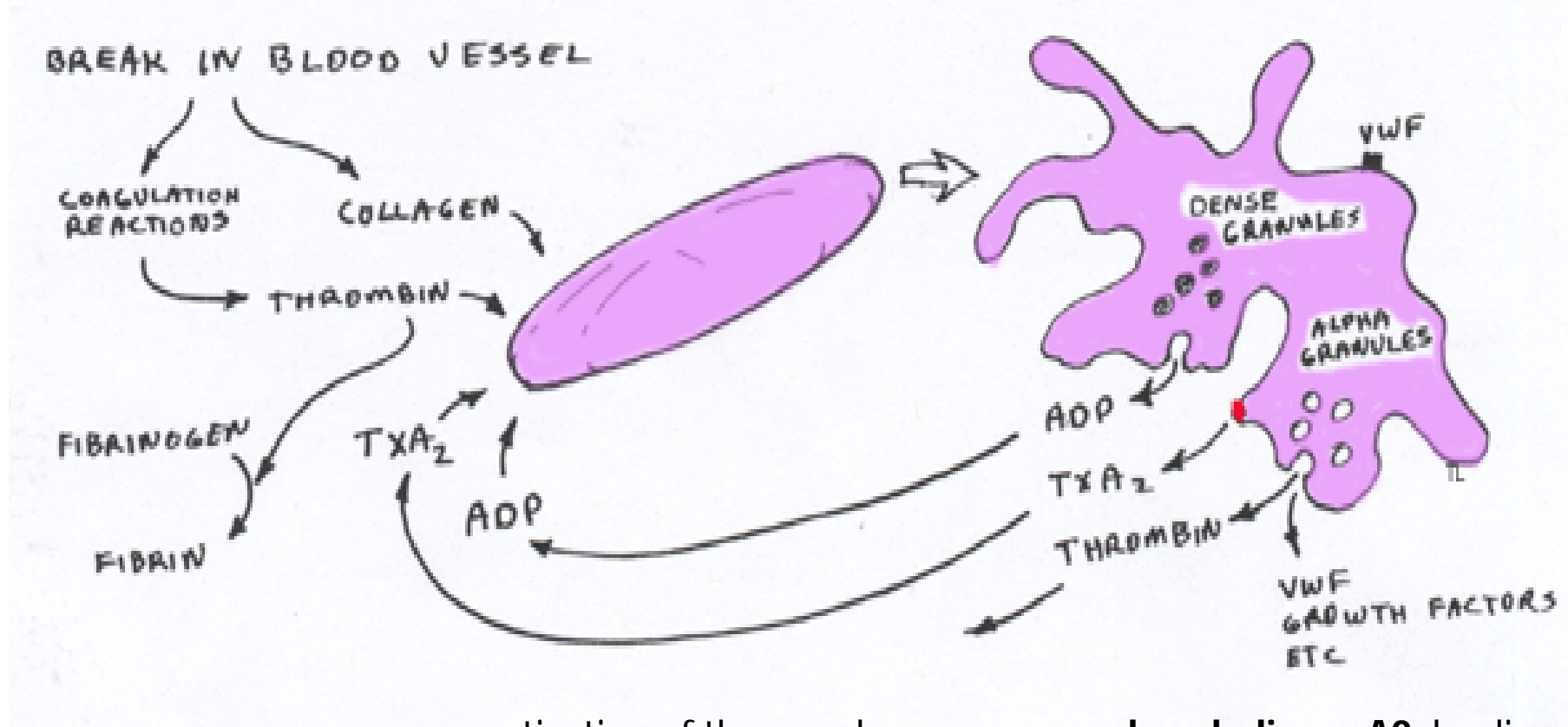


② **PLATELET MORPHOLOGY**

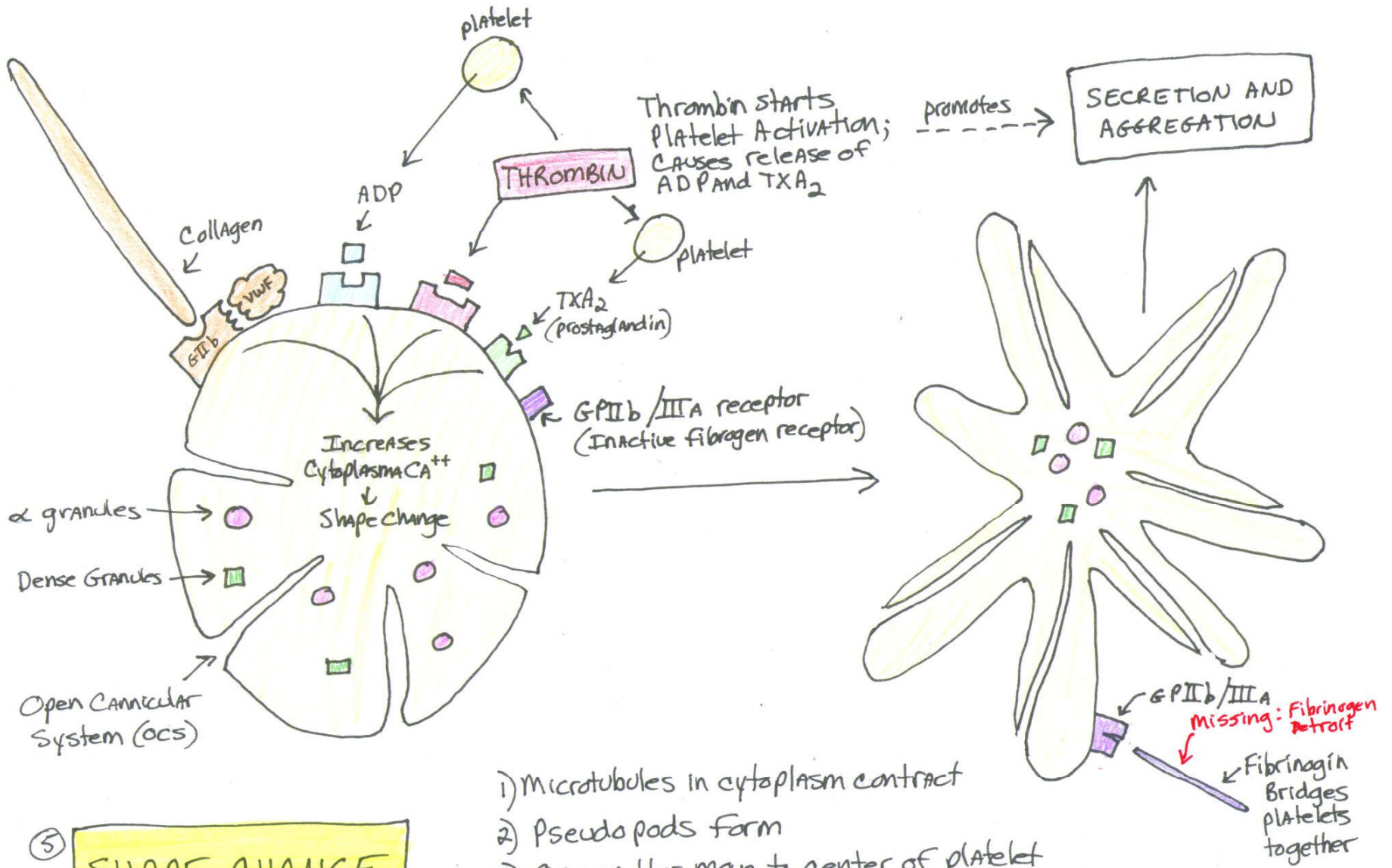
**Organelle Zone (metabolic activities)**  
 \* No Nucleus  
 Dense Granules: ADP, ATP, Ca<sup>++</sup>, Serotonin, Phosph

# Platelet Activation

When a platelet encounters a break in the endothelium, it encounters molecules that trigger its activation. One such molecule is **collagen**, which is characteristically found almost everywhere except inside a blood vessel. In addition, **thromboxane A<sub>2</sub>**, **ADP** and **thrombin** are other factors that trigger the same activation.



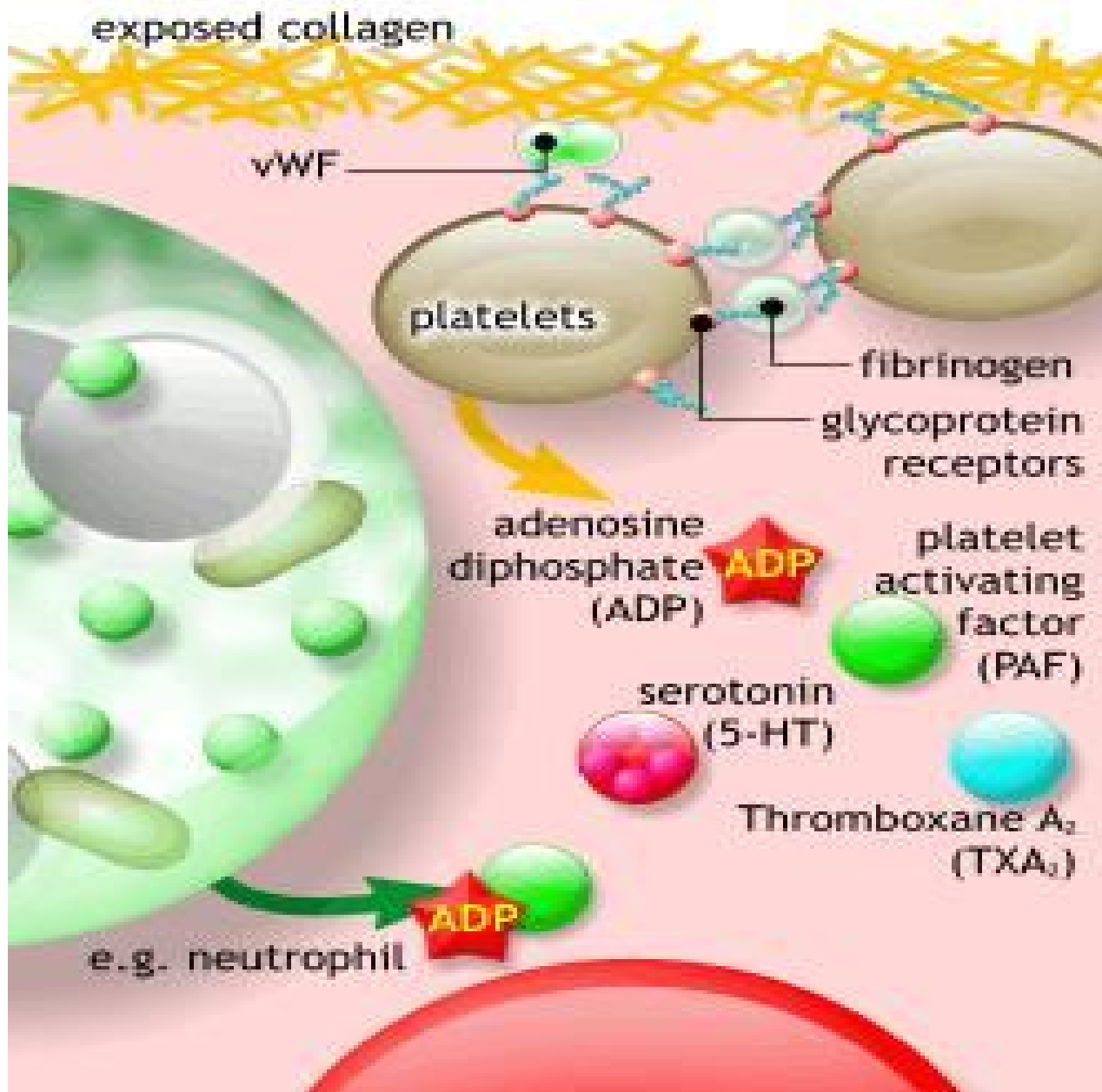
activation of the membrane enzyme **phospholipase A<sub>2</sub>**, leading to the formation of **thromboxane A<sub>2</sub> (TXA<sub>2</sub>)**



⑤ **SHAPE CHANGE**  
(Increases surface area)

- 1) Microtubules in cytoplasm contract
- 2) Pseudo pods form
- 3) Organelles move to center of platelet
- 4) Fibrinogen receptor changes shape and can now bind to fibrinogen





⑦ **AGGREGATION**

10-20 seconds after injury

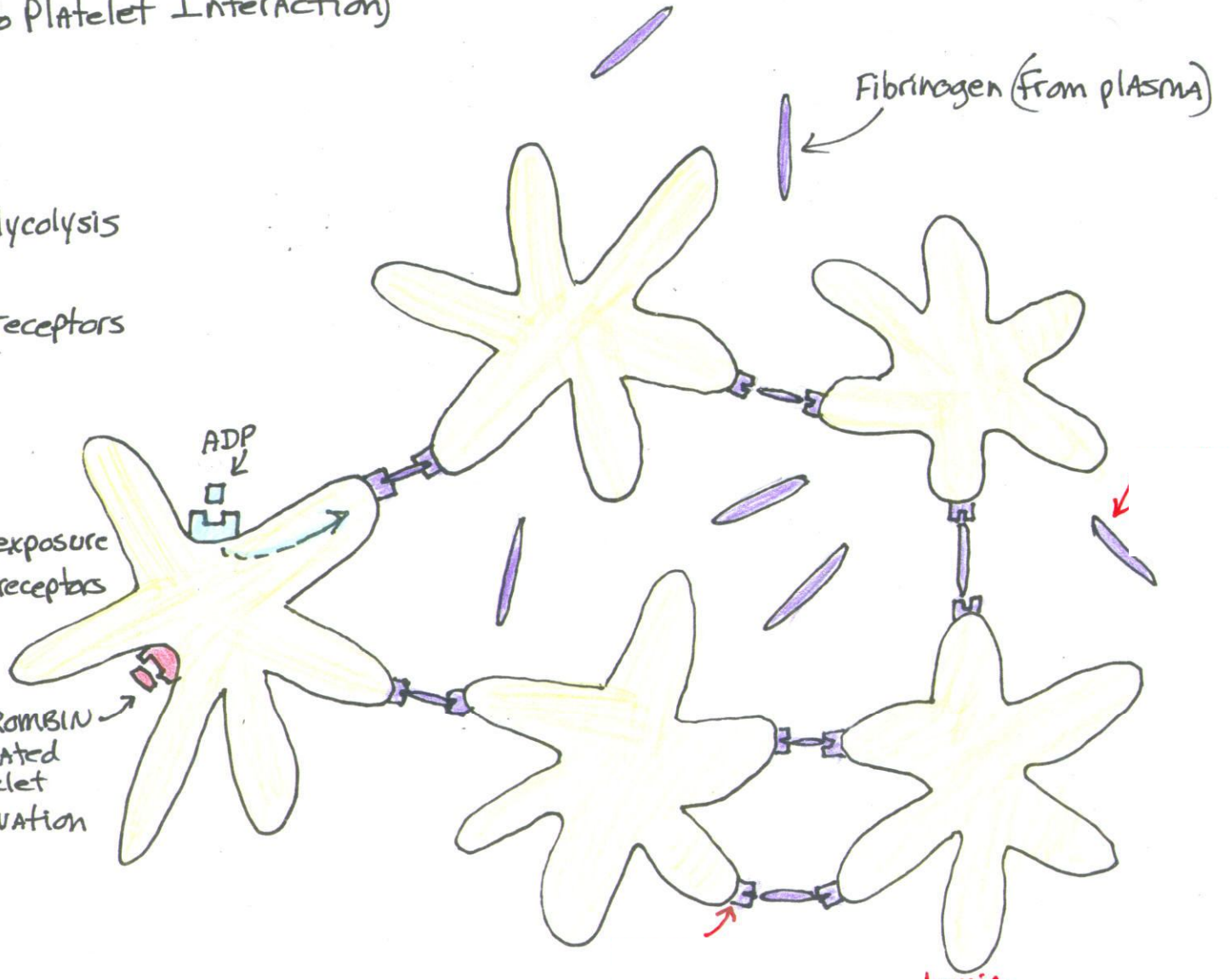
(Platelet to Platelet Interaction)

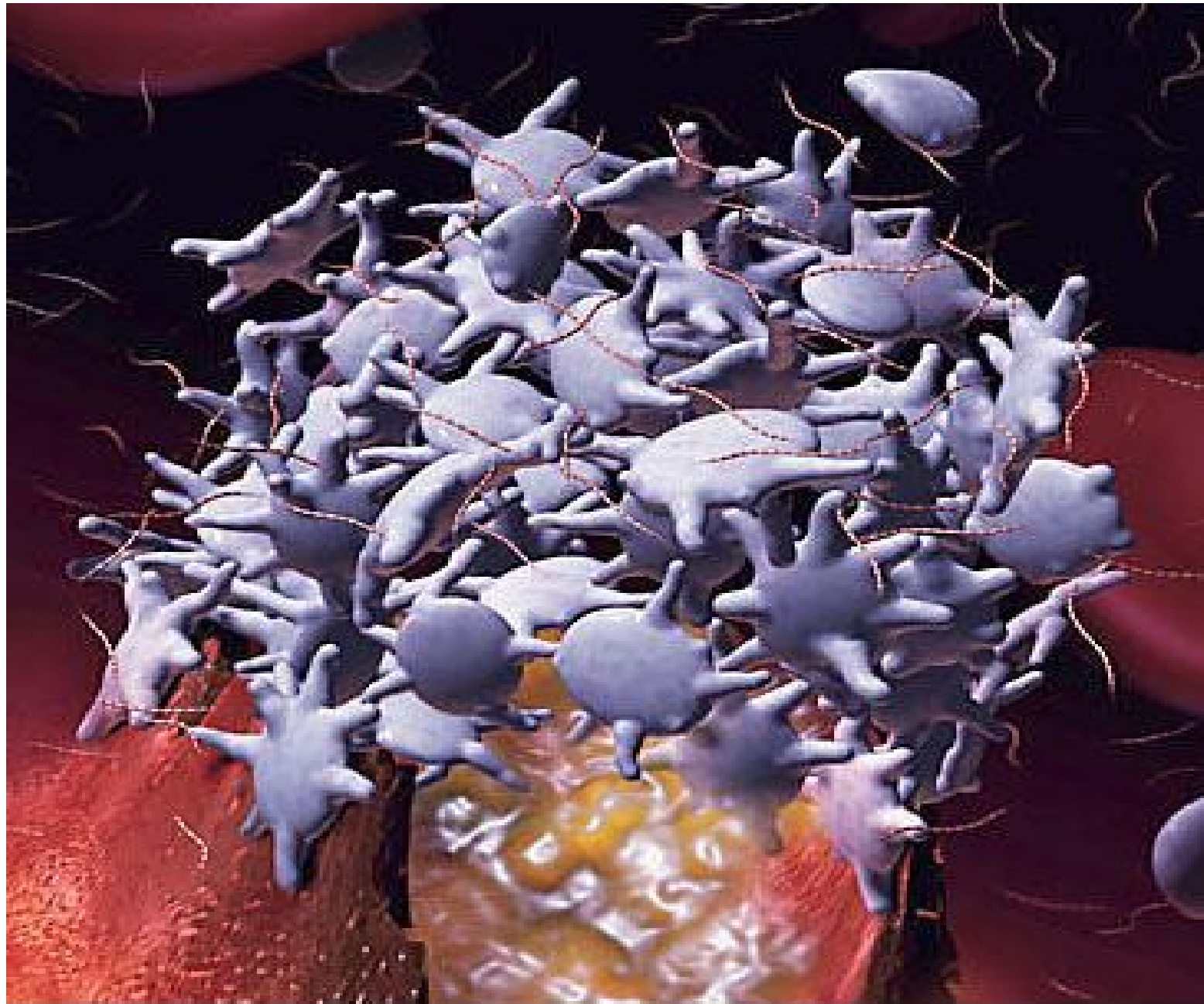
Requires

- 1) ATP from glycolysis
- 2)  $Ca^{++}$
- 3) Fibrinogen receptors
- 4) Fibrinogen

ADP induces exposure of fibrinogen receptors

THROMBIN initiated platelet activation



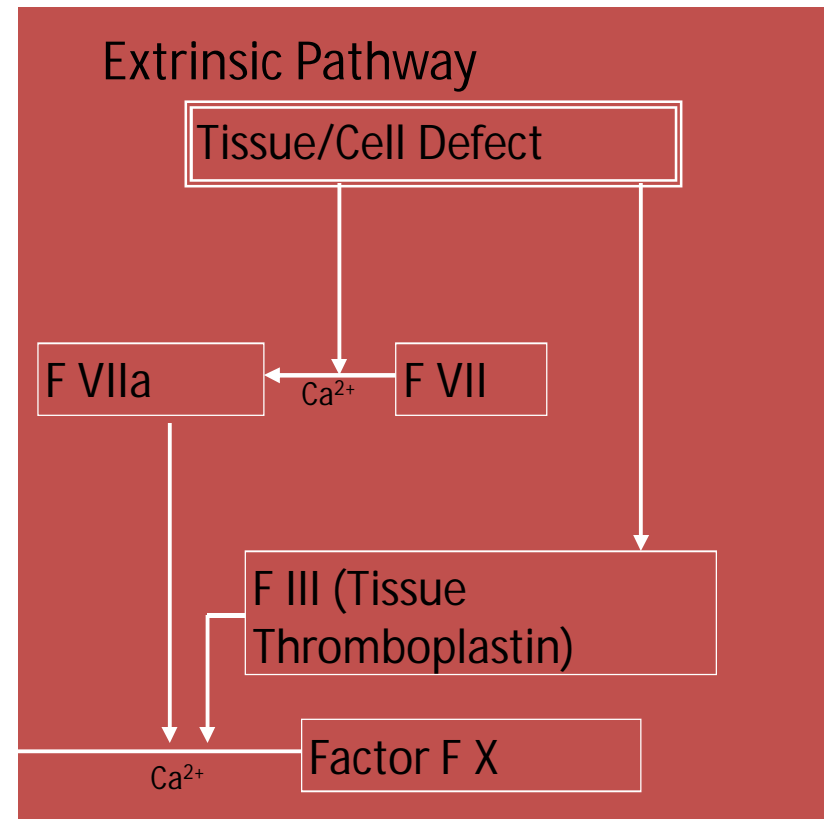
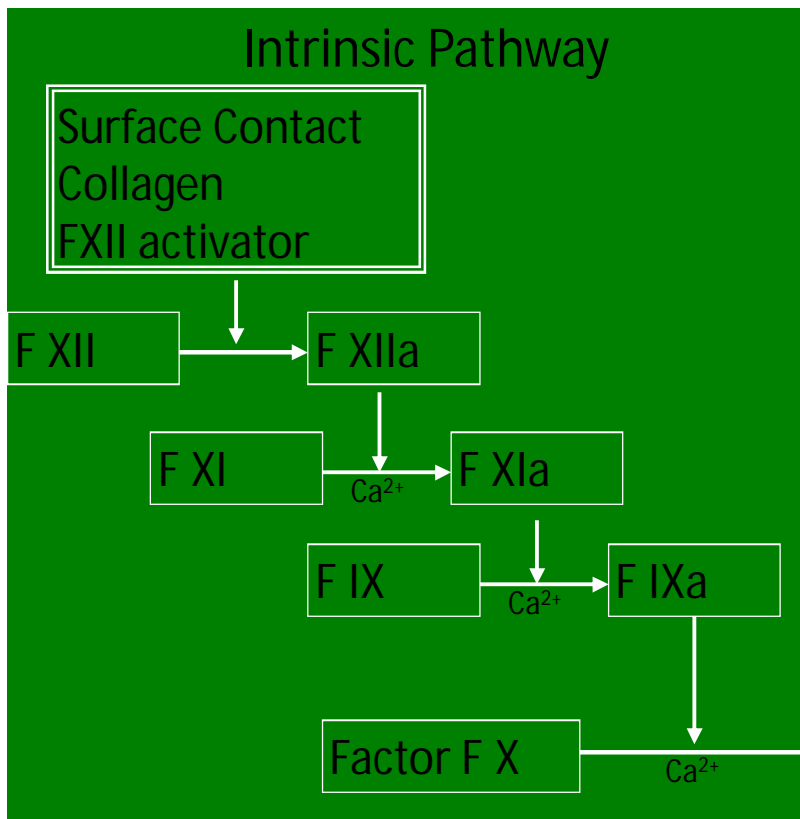


# TWO PATHWAYS TO PROTHROMBIN ACTIVATOR

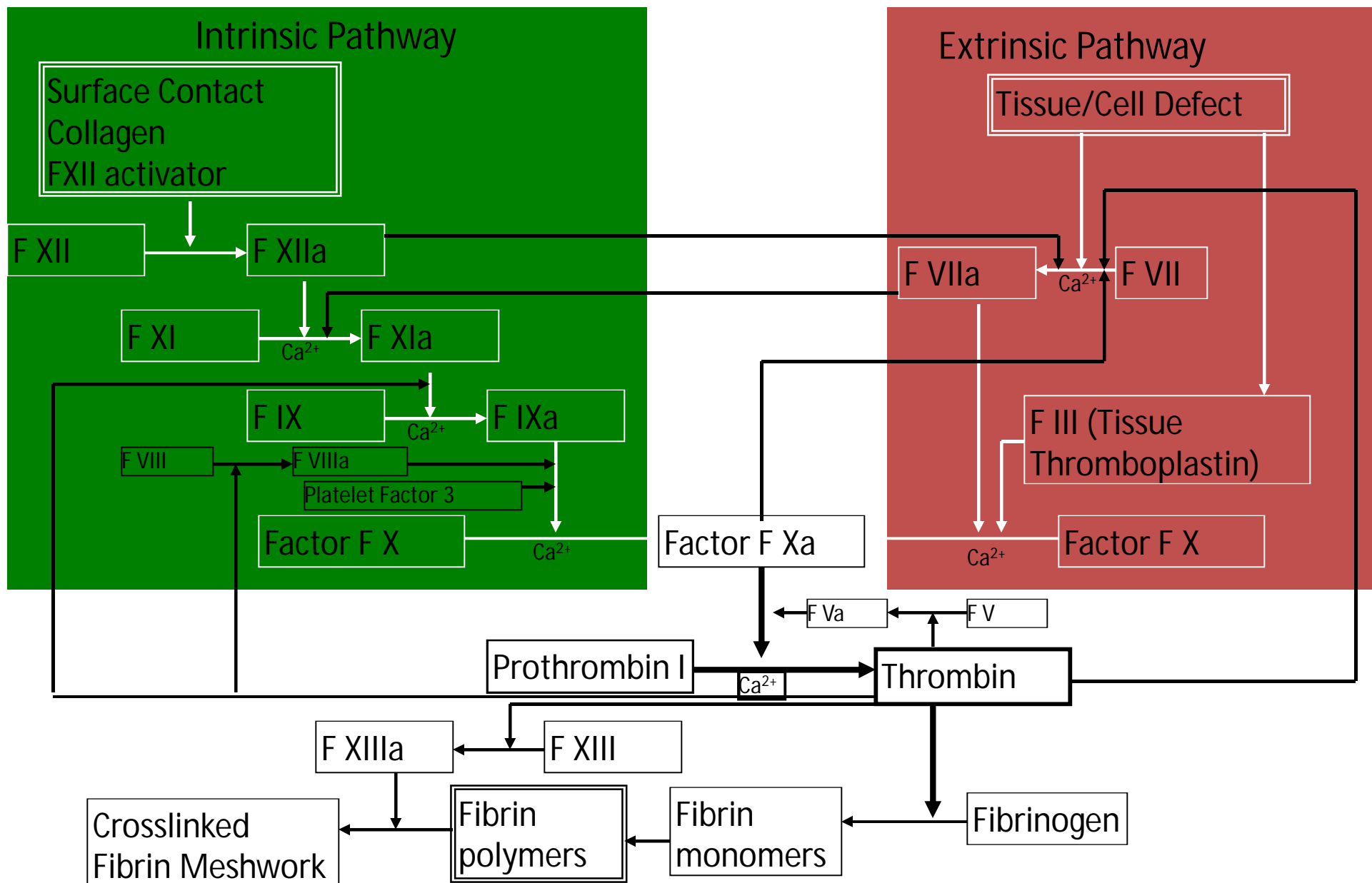
PIVOTAL COMPONENT IN BOTH PATHWAYS IS NEGATIVELY CHARGED MEMBRANES  
ESPECIALY THOSE ON THE PLATELETS CONTAINING PLATELET FACTOR PF3

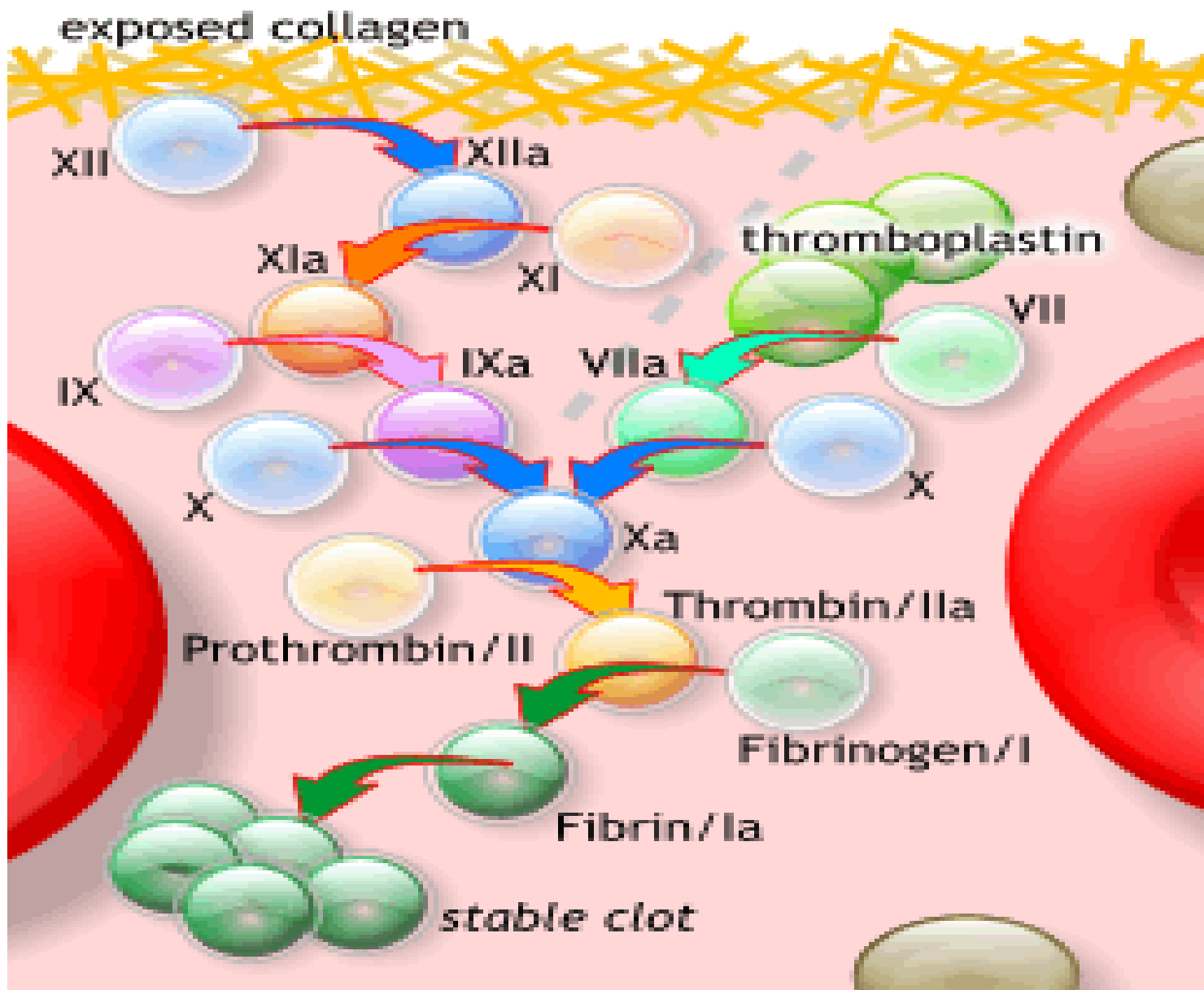
SLOWER PATHWAY ALL FACTORS  
ARE PRESENT IN THE BLOOD

FASTER PATHWAY WHEN  
EXPOSED TO TISSUE FACTOR

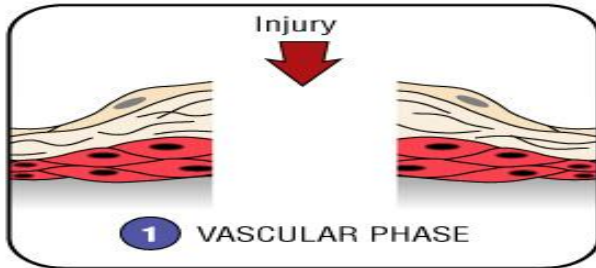


# The Clotting Cascade

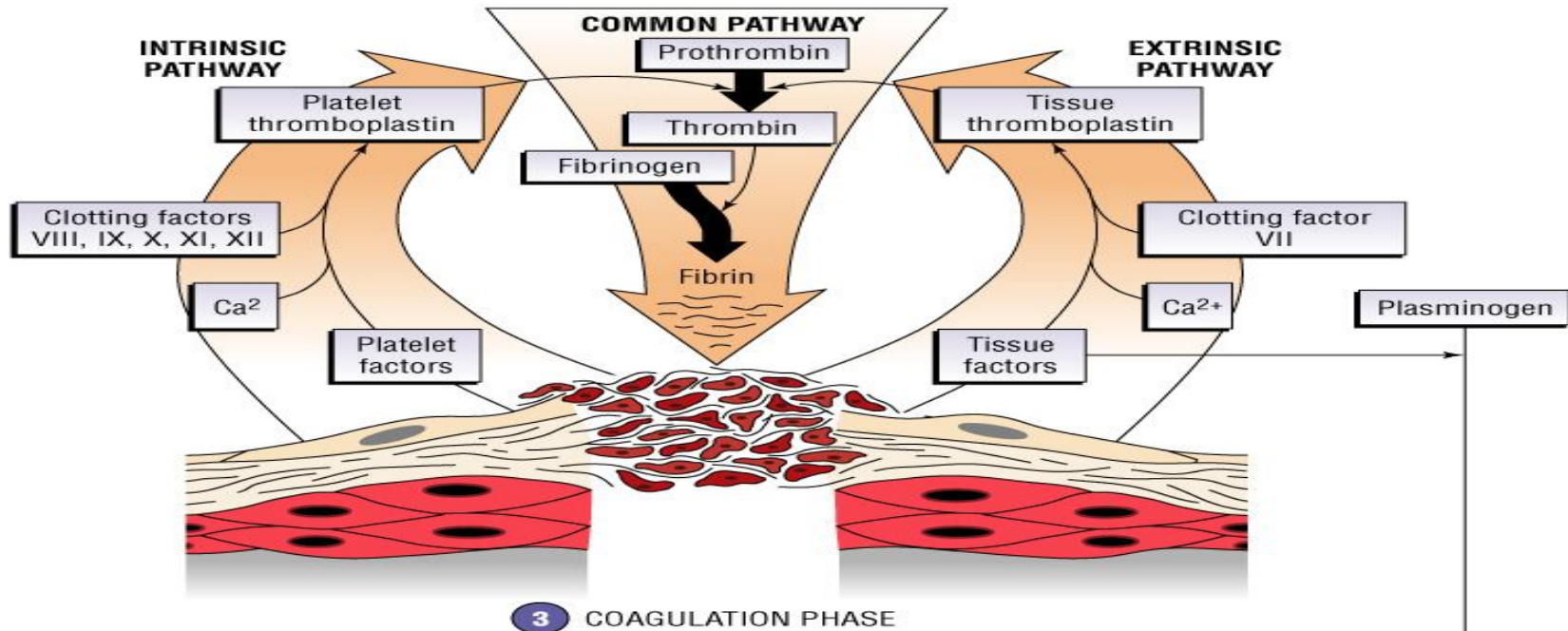
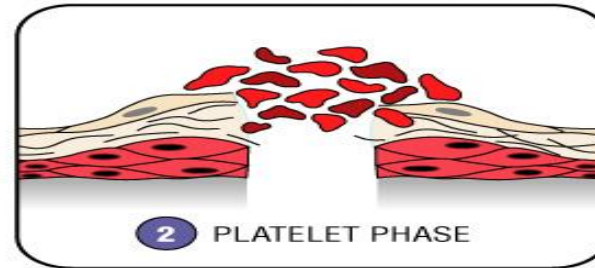




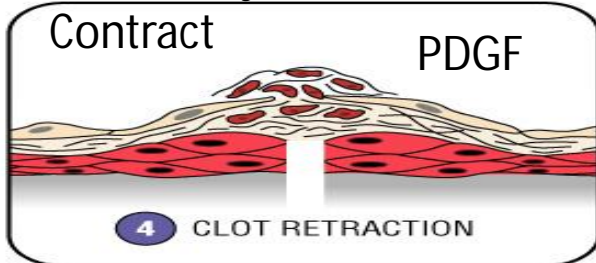
Spasm in damaged smooth muscle



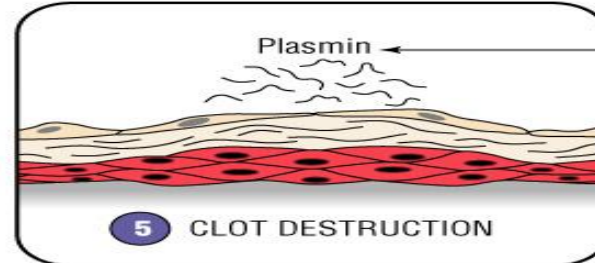
Platelet aggregation and adhesion



Actin & myosin Activation of clotting system and clot formation



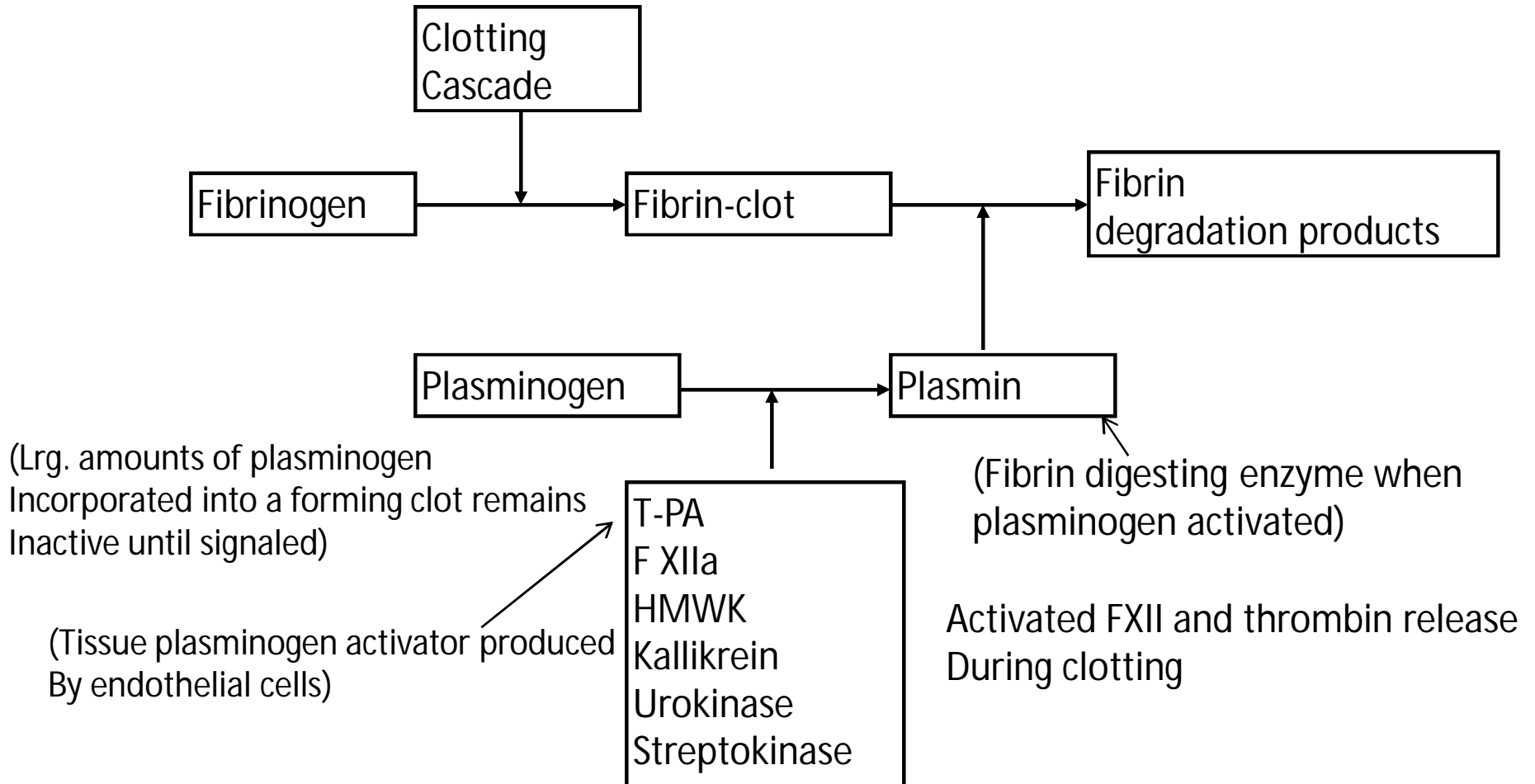
Contraction of blood clot



Enzymatic destruction of clot

# The Fibrinolytic System

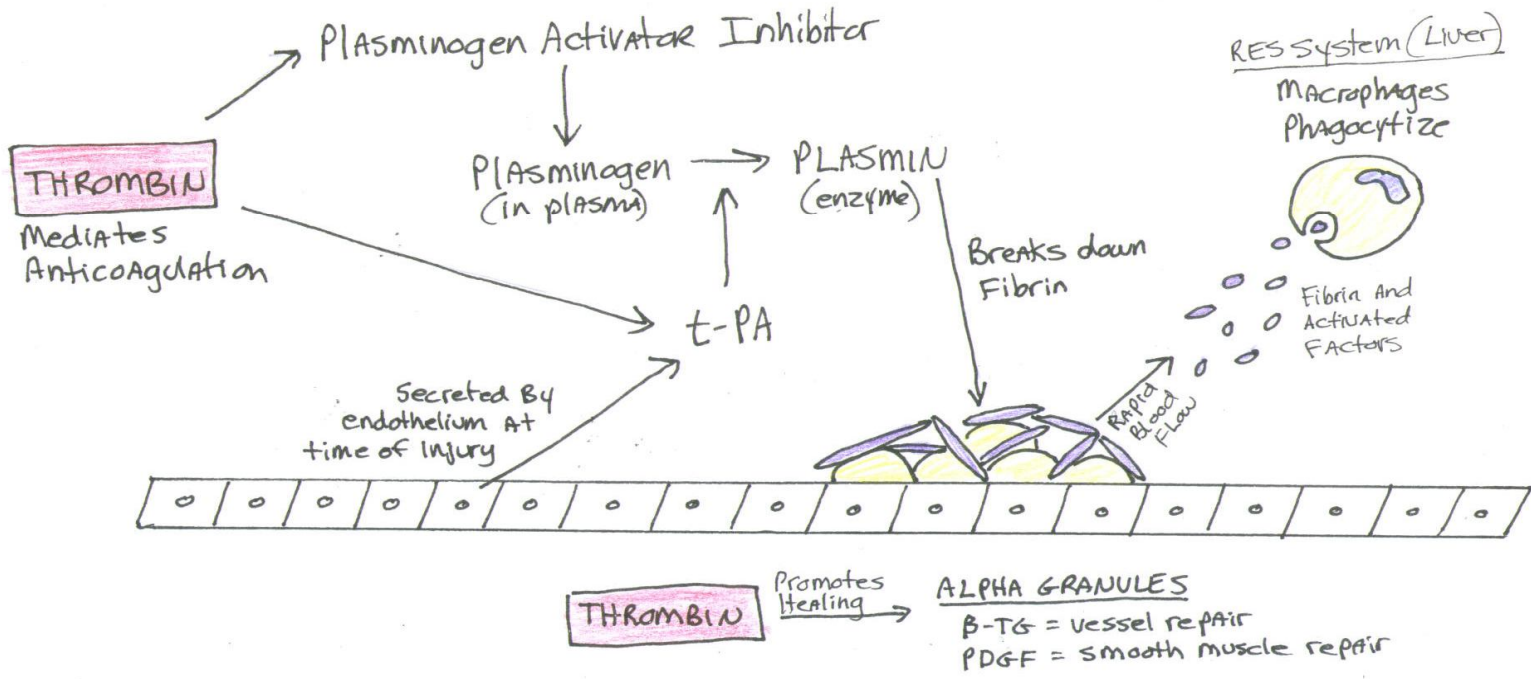
Begins within two days cont. slowly over several days





9

# FIBRINOLYSIS



# FACTORS LIMITING CLOT FORMATION

## HEOMEOSTATIC MECHANISMS THAT PREVENT CLOTS FROM BECOMING TOO LARGE

- SWIFT REMOVAL OF CLOTTING FACTORS BY RAPIDLY MOVING BLOOD
- AS A CLOT FORMS ALL THROMBIN IS BOUND BY FIBRIN
- INACTIVATING THROMBIN BY ANTITHROMBIN III & PROTIEN C
- HEPARIN NATURAL ANTICOAGULANT IN BSOPHILS AND MAST CELL GRANULE
- HEPARIN IS ALSO PRODUCED BY ENDOTHELIAL CELL



# Coagulation proteins

## Prothrombin Group

Vit. K dependant produced in the liver  
All are Serine proteases

- Prothrombin FII
- Proconvertin FVII
- Christmas Factor FIX
- Stuart-Prower Factor FX

## Fibrinogen Group

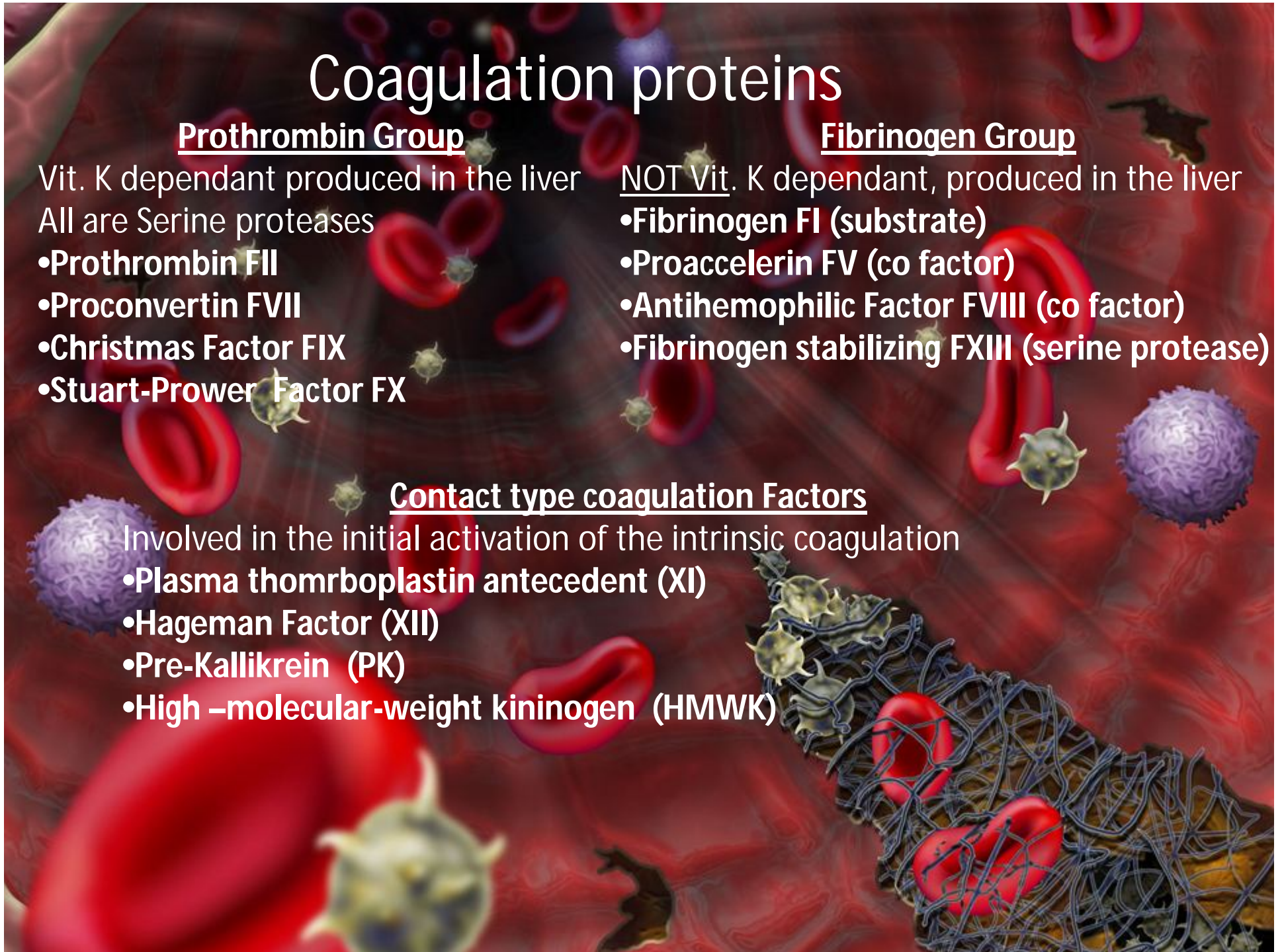
NOT Vit. K dependant, produced in the liver

- Fibrinogen FI (substrate)
- Proaccelerin FV (co factor)
- Antihemophilic Factor FVIII (co factor)
- Fibrinogen stabilizing FXIII (serine protease)

## Contact type coagulation Factors

Involved in the initial activation of the intrinsic coagulation

- Plasma thromboplastin antecedent (XI)
- Hageman Factor (XII)
- Pre-Kallikrein (PK)
- High –molecular-weight kininogen (HMWK)



23 **LIST FOURTEEN COAGULATION FACTORS, COMMON NAMES, ABBREVIATIONS AND/OR SYNONYMS.**

*factor common name (with known synonyms)*

I Fibrinogen

II Prothrombin

III Tissue Thromboplastin; Tissue Factor

IV Ionized Calcium ( $\text{Ca}^{++}$ )

V Proaccelerin, Labile Factor, Prothrombin Accelerator, Accelerator Globulin (AcG), Thrombogen

VI This designation is now unassigned. It was formerly listed as a clotting factor, it is now known that it was an impure derivative of Factor V. It is now a discarded term and textbooks do not list this factor nor indicate it as being unassigned.

VII Stable Factor, Serum Prothrombin Conversion Accelerator (SPCA), Proconvertin

VIII Antihemophilic Factor (AHF), Antihemophilic Factor A, Antihemophilic Globulin (AHG), Platelet Cofactor 1.

IX Christmas Factor,, Antihemophilic Factor B, Prothrombin II, Platelet Cofactor 2, Plasma Thromboplastin Component (PTC).

X Stuart-Prower Factor, Stuart Factor, Autoprothrombin III, thrombokinase.

XI Plasma Thromboplastin Antecedent (PTA),, Antihemophilic Factor C, Prothrombin Antecedent

XII Hageman Factor, Contact Factor, Glass Factor

XIII Fibrin-Stabilizing Factor (FSF), Transglutaminase, Fibrinolygase, Laki-Lorand Factor (LLF), Fibrinase, Plasma Transglutaminase

Fitzgerald High-Molecular-Weight Kininogen (HMWK), Flaujeac Factor, Contact Activation Factor, Williams Factor, Reid Factor, Washington Factor

Fletcher Prekallikrein (PK)

## QUESTIONS AND ANSWERS

1. WHAT DO ENDOTHELIAL CELLS PRODUCE TO KEEP PLATELETS FROM BEING ACTIVATED?

PROSTACYLIN, NITRIC OXIDE,  
**TFPI** (tissue factor pathway inhibitor)

2. WHAT FACTORS WILL ACTIVATE PLATELETS

- **Collagen, tissue factor** and **VWF** in contact the blood due to vessel wall

3. What are the three steps that occur in rapid sequence when there is damage to Vessel wall?

1. vascular spasm,
2. platelet plug formation
3. coagulation of blood

4. What are the two pathways to the common pathway

- Intrinsic with the involvement of collagen, PF3, factors: XII, XI, IX, VII with vWF (calcium)
- Extrinsic with the involvement of TF3, FVII (calcium)
- Both leading to the common pathway has factor PF3, V, X, II, I, XIII (calcium)